

North Coast & Cumbraes Locality Partnership

Tuesday 5 September 2023, 6.00 p.m. via Microsoft Teams

BUSINESS

Item	Subject	Pg No	Ref	Officer	Ask of the Partnership
1.	Welcome, Apologies and Declarations of Interest.	-	-	Cllr Hill	
2.	Action Note and Log Review the action note and action log and deal with any outstanding items.	Pg 4	Enclosed	Russell McCutcheon	Is this an accurate record of the meeting. Have all actions been completed?
DECI	SION REQUIRED			T	6.10 – 6.40 pm
3.	Grants – Community Benefit Fund The Locality Partnership are asked to consider grant reports:		Enclosed	Rhonda Leith	LP to consider grant report.
	Elderly Grants	Pg 11			
4.	Street Naming Report The Locality Partnership are asked to consider a Street Naming report from Planning. This is to name one street within the residential development south of Meadowfoot Road.	Pg 13	Enclosed	Rhonda Leith	LP to approve a street name for one street in a new housing development.
	AL MATTERS – TACKLING INEQUALITES				6.40 – 7.50 pm
5.	Summer Programme & Recent Community Day The Locality Partnership will receive an update from Ryan Scott, Euro-Sporting.		Verbal	Ryan Scott	Receive update and consider learning and partnership opportunities.
6.	CIF Update – West Kilbride Sports Club The Locality Partnership will receive update from Kay Hall on scoping works carried out for the Sports Club.	-	Verbal	Kay Hall	Receive update and consider partnership opportunities.
7.	Locality Chit Chat Update The Locality Partnership will receive an update from Deirdre Oakley, Project Officer, Community Learning and Development.	Pg 17	Enclosed	Deidre Oakley	Receive update and consider learning and partnership opportunities.

8.	Helter Skelter Funding Consultation			D : 1 O 11		
	The Locality Partnership will receive an update from Deirdre Oakley, Project Officer, Community Learning and Development.		Verbal	Deidre Oakley	Receive update and consider learning and partnership opportunities.	
9.	Youth and Education Overview The Locality Partnership will receive updates linking in with the Locality Priorities from Head Teachers.	-	Verbal	Head Teachers	Receive update and consider learning and partnership opportunities.	
10.	Police Scotland - Wellbeing and Partnerships Receive update from Locality Inspector on the key impact of wellbeing and partnership work being carried out by Police Scotland in North Coast & Cumbraes Locality Partnership to consider opportunities to support this.		Verbal	Stuart Dougan	Receive update and consider learning and partnership opportunities.	
11.	Scottish Fire and Rescue Service - Wellbeing and Partnership Receive update on the key impact of wellbeing and partnership work being carried out by Police Scotland in North Coast & Cumbraes Locality Partnership to consider opportunities to support this.	-	Verbal	Paul Timmons	Receive update and consider learning and partnership opportunities.	
12.	Locality Priorities Officer Update The Locality Partnership will receive an update from Deirdre Oakley, Project Officer, Community Learning and Development.	Pg 20	Enclosed	Deidre Oakley	Receive update and consider learning and partnership opportunities.	
AOCI		ı	I	l	7.50 – 8.00 pm	
13.	AOCB					
	ORTS FOR INFORMATION	D 66	le : :	OIL LUII	1 17 5	
14.	 North Ayrshire Youth Work Update 	Pg 23	Enclosed	Cllr Hill	Locality Partnership are asked to note the report and share as appropriate.	
Date	Date of next Meeting: Tuesday 5 December 2023 at 6pm in Clark Memorial Hall, Bath Street, Largs, KA30 8BL					

Distribution List

Elected Members

Councillor Alan Hill (Chair)
Councillor Eleanor Collier
Councillor Todd Ferguson
Councillor Tom Marshall
Councillor Ian Murdoch

CPP/Council Representatives

Russell McCutcheon, Senior Lead Officer Rhonda Leith, Lead Officer Louise Riddex, Locality Officer Louise McDaid, North Coast LPF Chair

Community Representatives

John Lamb (Vice Chair), West Kilbride Community Council Helen Boyle, Skelmorlie Community Council Alex Harvie, Cumbrae Community Council Rita Holmes, Fairlie Community Council Frank Alexander, Community Rep (Co-opted) Lizzy Barbour, Community Rep (Co-opted) Carol Campbell, Community Rep (Co-opted) Nick Hobson, Community Rep (Co-opted)

North Coast & Cumbraes Locality Partnership Priorities

Improving access to financial services	Increasing social inclusion	Improving mental wellbeing	Supporting skills and work opportunities
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<	REDUCING INE	QUALITIES	$\overline{}$

Mee	ting:	North Coast Locality Partnership				
Date/	/Venue: 6 June 2023 – Clark Memorial Church, Largs					
Preso In Att	ent/ tendance:	hair) d) hool ards) ards)				
Also		Shona McAllister, Programme Manager, Regeneration	, NAC			
Ni St		Councillor Todd Ferguson Nick Hobson, Community Representative (Co-opted) Stuart Dougan, Police Scotland Louise Riddex, Locality Officer, NAC				
		ACTIONS				
No.	Action		Responsible			
1.	Welcome a	nd Apologies				
The Chair welcomed those present. Apologies for absence were then recorded. In terms of Standing Order 11, F Alexander declared an interest in item grant application from age concern.						
2.	Action Note)				
The Action Note for approved as a corre		Note from the meeting held on 7 March 2023 was a correct record.				
The Senior Lead Officer provided a brief update and highlighted the following:-						

Item 3 (Community Investment Fund) - the application has been to Cabinet and has been approved.

Item 6 (Memorials and Plaques) - options will be taken to

Cabinet in September.

- Item 9 (Police Scotland Wellbeing and Partnerships) Safer Shores is in action.
- Item 10 (Islands Plan) Update report issued with LP agenda Senior Officer happy to answer any questions.
- Item 11 (Cost of Living) Working Group to be taken forward by L Riddex and J McGee.

Noted.

4. Communities and Place Fund

The Partnership received a presentation from Shona McAllister on the Communities and Place Fund which launches in June 2023.

The Fund is a central pillar of the UK Government's Levelling Up agenda and provides funding for local investment by March 2025.

The Fund aims to improve pride in place and increase life chances across the UK investing in communities and place, supporting local business, and people and skills.

There are four themes within the Fund:

- People & Skills
- Local Business
- Multiply
- Communities & Place

The Communities & Place Grant has been created to help communities deliver projects that support local priorities and help communities thrive and grow.

Additional information was given in answer to questions raised:-

- The figures provided for both years are for the whole of North Ayrshire.
- There will be a dedicated website and information will also be shared via partners.
- The evaluation team is still to be decided. Outside expertise may be brought in for this purpose.
- There are national guidelines regarding how the fund should be utilised.
- The short timescale (19 June − 21 July) is to enable monies to be distributed as soon as possible.
- There are budgets for other themes of the fund, and these can be made available.
- S McAllister will look at the supporting evidence required when making an application such as estimates for work to be carried out as the short timescale may make this difficult to obtain.

	S McAllister encouraged the Partnership to share information with their networks when it goes live.	
	Rhonda Leith and Sarah Baird joined the meeting at this point.	
	Shona McAllister left the meeting following her presentation.	
3.	Grants – Community Benefit Fund	
	The Partnership received reports on Elderly Grants and Largs Common Good Fund application from the Viking Festival.	
	The Partnership agreed that the Elderly Grants are approved.	Rosemary Ramsay
	F Alexander asked when the grants would be paid to organisations. R Leith will find out and pass on the information.	R Leith
	In respect of the Largs Common Good Fund application from the Viking Festival the Partnership discussed:-	
	The amount requested is 90% of the full fund available for the year.	
	 The Viking Festival have lost £30,000 funding from Event Scotland. 	
	 J Lamb raised that if the payment is made in full it limits applications for the remainder of the year. 	
	It was suggested that £6,000 is approved and the group are directed to apply to the Communities and Place Fund for further funding.	
	The Partnership agreed that the Viking Festival be allocated £6,000 and given information on the Communities and Place Fund to allow them to make an application for further funding.	Rosemary Ramsay
5.	Locality Priorities Officer Update	
	The Partnership received a report from Deirdre Oakley.	
	Additional information was provided:-	
	 Supporting the development of youth facilities and community larder. The Garrison may take the larder forward. Tennis group would like an all weather court and have been given information to contact Tennis Scotland. There will be a Community Information/Consultation day regarding Craufurd/Simson Avenue Swing Park to help inform decision. West Kilbride Yuletide is in the planning stages. The next Chit Chat in Largs will be supported by the Men's 	
	 Shed. Supporting all local groups regarding priorities. 	

- Cycling Without Age there is a Trishaw in storage at Vikingar that we are looking for people to be trained to use. The marketing material has just arrived and will be distributed. There is a volunteer recruitment event in West Kilbride village hall tomorrow. B Conner suggested that information could be put on the TACT national database. F Alexander enquired about the proposed cycle route. This will be along the prom at the moment. F Alexander suggested tying in with the Saturday morning park run in Largs which takes place every week at 9.30am. L Barbour added that there are a lot of volunteers who do the tail walk at the back of the walk who may want to use the Trishaw. It was suggested to get the local paper involved to get the message out. D Oakley added that they need someone to co-ordinate the bookings and admin. L Cathcart suggested that perhaps it could be a volunteer opportunity for those undertaking the Duke of Edinburgh award as they are always looking for these. F Alexander added that there is an upcoming Boys Brigade expedition for the Duke of Edinburgh Bronze Award who may take up the opportunity to use the Trishaw.
- An open day will be held in the library on 19 July regarding the Cost of Living.

6. Youth and Education Overview

The Partnership received a verbal update from the Education representative L Cathcart, Head Teacher, Skelmorlie Primary School.

Schools are all doing well and very busy making plans for next session and looking at budgets.

Questions were asked: -

- R Holmes enquired about funding for school trips. L Cathcart responded that it is difficult trying to be creative and they are using the budget for buses. Skelmorlie Primary had a recent trip for the whole school to the Science Centre with help from the Parent Council. This is different for other schools.
- L Barbour asked if schools could join together for joint trips. L Cathcart replied that this happens for residential trips.
- L Cathcart advised that transition days to Largs Academy will be full days rather than a half day as it is more cost effective.
- The Chair asked if there are any school specific issues? Also do they have a football team? There is currently no football team however the school have outside activities every day.
- The school recently held an event where the pupils raised issues and North Ayrshire Council representatives came and listened to them. The pupils really enjoyed this.
- The school held a Day of Action where litter was picked and weighed, posters were put up and this will link into all schools.
- The pupils are also undertaking their own independent litter picks outwith school.
 - F Alexander suggested inputs from emergency services such as Police, SFRS, RNLI, Coastguard which could contribute to

education. L Cathcart replied that this is already in place and that the pupils write a letter requesting the visit. They have had visits from SFRS and Police. D Oakley suggested that the Coastguard would be good regarding Safer Shores.

The Partnership also received a report from Ewan Grant on the work of the North Coast Youth Forum.

Additional information provided on a number of matters, including: -

- The team is currently in transition as senior members have left and they have four new members and four members undertaking Duke of Edinburgh Awards.
- Website is being developed to update the work of the team and also highlight mental health work.
- Members of both the Youth Forum and LGBT Forum will be attending a residential which will include BeeYou ambassador training.
- The LBGT forum visited Arran Pride at the weekend.
- F Alexander noted that the Take Time on Road excludes Millport and Skelmorlie. E Grant responded that there will be an event on Cumbrae but not one in Skelmorlie.
- F Alexander noted that there is an event planned on 3 August at the Largs Pencil from 1-4pm and asked if it could be moved to Broomfields as it is more accessible on the bus route. E Grant replied that they have had events here before which were well attended.
- C Campbell noted that the recent Chit Chat held at the Field Study Centre on Cumbrae was not well attended as it isn't very accessible. D Oakley explained that venues were very hard to source. The Garrison and DA Hall had bookings for the suggested dates so was unavailable and the Town Hall has not yet reopened. Suggestions of the Hideaway, perhaps the café may stay open for future events. Using the school was suggested however there is no keyholder on the island so that could be an issue.

Noted.

7. Police Scotland – Wellbeing and Partnerships

The Partnership received a report from Police Scotland on the key impact of wellbeing and partnership work being carried out by Police Scotland in the North Coast and Cumbraes.

The update provided information on a number of matters, including:-

- Continued work on wellbeing. The team is well established and signposts people to the appropriate supports.
- Information about scams is being distributed.

- Locality teams are linking in with trading standards regarding the sale of vapes to young people. The seizure and removal of vapes will continue. Also linking in with schools to get the message across.
- Safer Shores is fully activated and is having an impact. It is getting the message across that this is a lovely area to visit and encouraging people to enjoy but leave as they find it.
- Quad bikes will be delivered next week and will be deployed in specific areas.
- Hoping to arrange access to football pitches over the summer.

Noted.

8. Scottish Fire and Rescue Service – Wellbeing and Partnership

There was no one in attendance from Scottish Fire and Rescue Service therefore no update was received.

9. Pupil Travel to Largs Academy

The Partnership received a verbal update from J Lamb regarding pupils travelling to Largs Academy.

J Lamb highlighted that has been reported that pupils travelling from West Kilbride to Largs Academy have not been paying their train fare. There are over 150 pupils. If the Transport Police stop them and they have no ticket, they could be charged. J Lamb highlighted that pupils from West Kilbride are in the Largs cluster so why is North Ayrshire not supporting transport to Largs Academy?

The following responses were provided:

- L Cathcart informed that West Kilbride is not part of the Largs Cluster it is Ardrossan, however a request can be submitted to attend Largs Academy. The new campus in Ardrossan will be built to accommodate West Kilbride children. Largs Campus was never built to incorporate children from West Kilbride.
- The Chair added that if West Kilbride was in the cluster for Largs transport would be provided as part of the North Coast Locality.
- Young people can also access free bus travel to travel to any school.
- Councillor Murdoch agreed that the recent change in timetable does not help as the pupils arrive too early or late.
- L Cathcart advised that the school has an agreement for the pupils from West Kilbride to arrive 10 minutes late. The issue has been raised with Scotrail by both the school and parents.

	 The Chair advised that historically a private bus was paid for by parents. From the council perspective if they provide this service for one area, they would have to provide it for all. 	
	Noted.	
10.	AOCB	
	F Alexander advised that there is movement to clear the area at Sutton/Barrfields Football Ground and a funding application may be received. Largs Thistle Community Club have been involved. Restorative Justice have cleared out the brambles. There is the possibility that the toilet block could be made into a store. R Holmes added they have made two applications to windfarms regarding planters and youth work.	
	F Alexander requested that the spreadsheets regarding carriageway resurfacing be shown in town order. R McCutcheon agreed that this can be done.	R McCutcheon
	C Campbell raised that there are no crossings on Cumbrae. There is one particular corner (Kames Bay/Kelburn Street) that is very dangerous as the kerb has been lowered so you could walk right into the road. Raised bumps were requested but they have been told they are not allowed due to not being able to put them on the other side of the road as well. R McCutcheon agreed to investigate.	R McCutcheon
	A consultation will be held to decide how to use the Helter Skelter funds.	D Oakley
	A Cost of Living Fund Meeting will be arranged.	L Riddex and J McGee
	The Chair advised that the next meeting of the Island Plan Delivery Group was to be arranged and a date would be advised in due course.	S Baird
13.	Future Meetings	
	The Partnership noted that the next meeting would take place on 5 September 2023 at 6.00 p.m. in the Clark Memorial Church, Largs	Jennifer McGee
		

Meeting ended at 7.40 p.m.



Locality Partnership: North Coast Locality

Date: 5th September 2023

Subject: To advise the meeting of applications received in respect of the 2023/24

Elderly Grants Fund.

Purpose: To consider the applications as outlined in Appendix 1 to this report.

Background: Applications have been received in respect of the 2023/24 Elderly Grants Fund.

Key Points for Locality Partnership

• The 2023/24 Elderly Grants Fund has a balance of £13,766

Action Required by Locality Partnership

 To consider the applications for grant funding as outlined in Appendix 1 to this report.

For more information please contact: Angela Morrell, Senior Manager, Connected Communities, 2nd Floor Cunninghame House, Irvine. Email - amorrell@north-ayrshire.gov.uk

Completed by: Rosemary Ramsay, Funding Officer, Connected Communities (rosemaryramsay@north-ayrshire.gov.uk)

Date: 23/8/23

ELDERLY GRANTS FUND APPLICATIONS FOR FINANCIAL ASSISTANCE 2023/24

Grant Allocation for North Coast LPP Area

£ 13,766

Group	Purpose of Grant	Grant Allocated to Group	Amount Requested
The Cumbrae Forum	Grant will support bus trips and a Halloween party allowing elderly locals to socialise and enjoy time together.	£ 949	£ 949
Age Concern Largs	Supporting the relief of social isolation amongst the elderly population of Largs through: Mon-Friday tea bar/cafe open; Day trips and outings; Activities including knit and natter, keep fit, bingo, live entertainment, film nights with fish supper, designated lunches for St Andrews/Burns/Christmas/Valentines.	£ 7,339	£ 7,339
Fairlie Old Folks Welfare Committee/Semple Centre	Grant will assist with the running costs of the Semple Centre to provide a safe comfortable space for the elderly to meet and pursue various activities.	£ 1,366	£ 1,366
Skelmorlie Senior Citizens	Provision of a Christmas party including 3 course meal and refreshments, entertainment and a sing along.	£ 1,488	£ 1,488
Community Roots (Working in partnership with Age Well West Kilbride)	Grant will support production of a local resource guide to be made available online and distributed at key sites for older people. Also delivery of activity events.	£ 2,623	£ 2,623



Locality Partnership: North Coast Locality Partnership

Date: September 2023

Subject: Residential Development South of Meadowfoot Road, West Kilbride

Purpose: Decide Street Name for the new development.

Background

The developer of the above site has contacted this department requesting new street names for the development.

The Council has a statutory obligation under the Civic Government (Scotland) Act 1982 to give a name to each new street built within the Council area, and this name, along with street numbers, becomes the postal addresses.

An outline plan of the development is available as an appendix.

At this stage, the development requires 1 new street name.

Key Points for Locality Partnership

Proposed examples of numbering layout plans are available as appendices along with a list of proposed name suggestions.

Action Required by Locality Partnership

Choose 1 new street name for the development.

For more information please contact: Lisa Dempster or Kirsty Gee, Planning Technicians, 01294 324319, snn@north-ayrshire.gov.uk

Completed by: Lisa Dempster and Kirsty Gee

Date: 23rd August 2023

Street Name Suggestions	Background
Braidlaw Rise (Developers Suggestion) Braid was also a suggestion made from the public	West Kilbride's textile industry boomed in the 17th century with the introduction of the handloom. The name "The Weavers" is a luxurious and aspirational nod to the village's rich history and tradition. It's the ideal name for a development of luxury homes. We did not go with the Weavers suggestion but looked into the textiles side and came up with Braid and added law for the hill, hence the suggested name of Braidlaw Rise. Planning Comment:- This street name would be suitable for the site
Please see bank list of names on appendix 2. This list contains name suggestions that have been received from various bodies and members of the public	Planning comment on attached Bank List The suggested names would be suitable for use on the site

STREET NAMES FOR SEAMILL

STREET NAME	MAP / REASON	ADDITIONAL INFO	IN USE ALREADY?
Aldwood	1745 Herman Moll map		No ALKEADT!
Bastion Craig	1910 O.S. map	Rock on shoreline	No
Bell Stane	1910 O.S. map	Off shoreline	110
Braid	1856 O.S. map	OH SHOTEINIC	No
Brither Rocks	1910 O.S. map	Off shoreline	1.10
Craig View	1896 O.S. map	Off Portencross map	No
Crosshill	1910 O.S. map	Crosshill House	No
Fairliehead	1827 William Johnson map		No
Holland House	1910 O.S. map	Off Portencross Road	No
Osmund	1910 O.S. map	Off Portencross Road	No
Redholme	1910 O.S. map		No
Skaru Kraig	1654 Joan Blaeu map		No
Warmelyn	1745 Herman Moll map		No
Weather Heugh	1910 O.S. map		No
	NOTABLE PEOPLE from Seam	nill & West Kilbride	
Charles Wilson	Awarded OBE	Lived Seamill. Died 1993.	
		Rector of Auchenharvie	
		Academy & Stevenston	
		High School	
John Boyd Orr, 1st	Nobel Peace Laureate	Born Kilmaurs. Raised in	
Baron Boyd-Orr		West Kilbride. Died 1971	
Alexander Munroe	Awarded MBE for services to	Lived in West Kilbride.	No
Fleming	Boys Brigade in Scotland	Died 1986	



North Coast Locality Chit Chat

Action Plan 2023/24

Worker: Deirdre Oakley	Team: North Coast		
Officer: Louise Riddex	Year: 2023/24		
Irvine Locality Priorities:			
 Improving Access to Financial Services Increasing Social Inclusion Improving Mental Wellbeing Supporting Skills and Work Opportunities 			

Green		Amber		Red	(
In progress and on target		In progress and behind		Off target	
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Area of work	Traffic Light Score	LPP Priority	Lead Partner	Progress
Skelmorlie Help with fuel poverty difficulties Citizens Advice for financial/legal/housing Access to Financial Services Money Matters		Improving Access to Financial Services Improving Mental Wellbeing	Deirdre Oakley/Heather McVie Branley - CLD	Contact made with Citrus Energy/Citizens Advice/Money Matters re holding fortnightly/monthly surgeries in the Community Centre
More employability/vocational training for school leavers/adults Employability Hub		Improving Access to Financial Services Improving Mental Wellbeing	Ricky Caig and Sarah Crookston - CLD	Ricky and Sarah looking at potential accredited activities for school leavers/adults Contact to be made with CEIS and TACT

More clubs for young people to have fun and be active, but also provision for non-athletic young people	Social Inclusion	Ricky Caig - CLD	Range of activities for all young people available
Skelmorlie Tennis Club require assistance with funding for new surface for tennis courts etc	Social Inclusion Improving Mental Wellbeing	Deirdre Oakley - CLD	Contact been made with Saltcoats Tennis Club re visit to see how they went about funding. Person who made funding applications has moved out of the area, but it was suggested that we contact Scottish Tennis Association. No reply received. Next step – contact Cllr Jim Montgomerie as his family were heavily involved in Tennis Club.
Cumbrae Food Larder Activities for young people	Improving Mental Wellbeing Social Inclusion Social Isolation Improving Mental Wellbeing	Deirdre Oakley - CLD Ewan Grant - CLD	Meeting held with Cumbrae Forum re housing Food Larder in their premises – they were not in a position to do this. Contact made with Jan Wilkie in the Garrison re the use of a container in the grounds of the Garrison. Further information requested re logistics of the larder. Information sent to Jan to be distributed to the Board for consideration. Meeting held with Elaine Wright, Fair For All Worker re going forward. Needs analysis requires to be done. Questionnaire developed and will be distributed as widely as possible to community organisations and community members. Youth Group still in the process of being set up on Cumbrae. Regular meetings will be held in the new session.
Largs Walk in Clinic for advice, information, and financial help Credit Union	Improving Mental Wellbeing Improving Access to Financial Services	Deirdre Oakley, Ricky Caig - CLD	Contact to be made with Citrus Energy/Citizens Advice/Money Matters re the possibility of holding regular Information Sessions Contact other Credit Unions to find out how they started and the logistics of running a Credit Union, then possibly approach Community Council re taking it further. Ongoing problem of where to hold these activities.

More involvement with the Largs Campus Schools Promoting the Mens Shed to younger ex school pupils in order to re-skill	Supporting Schools and Work Opportunities Improving Mental Health Social Inclusion	Ricky Caig - CLD	Ricky will facilitate a meeting between the school and the Mens Shed when the school returns after Summer break and the Mens Shed re-opens.
Create list of local organisations to ensure as many groups are involved as possible	Social Inclusion	Deirdre Oakley - CLD	Database updated



North Coast & Cumbrae Locality Project Officer Progress Report

Reporting Period – June - August 2023



Improving Access to Financial Services

• Community Open Day – Largs Library



North Coast & Cumbrae Locality Priorities Officer Progress Report

Reporting Period – June - August 2023



Increasing Social Inclusion

Improving Mental Wellbeing

- Support local groups on Cumbrae in taking action on outcomes of mini-enquiry and Chit Chat.
- Support local groups in Skelmorlie in taking action on outcomes of Chit Chat
- Support Craufurd/Simson Avenue Swing Park Project
- Support West Kilbride Yuletide
- Support local groups in Largs in taking action on outcomes from PLACE Framework workshop and Chit Chat
- Holiday Meals Programme
- Fun Day Cumbrae
- CWAS (Cycling Without Age Scotland)

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- Support local groups in Largs in taking action on outcomes from PLACE Framework workshop and Chit Chat
- Holiday Meals Programme
- Take Time on the Road
- CWAS (Cycling Without Age Scotland)



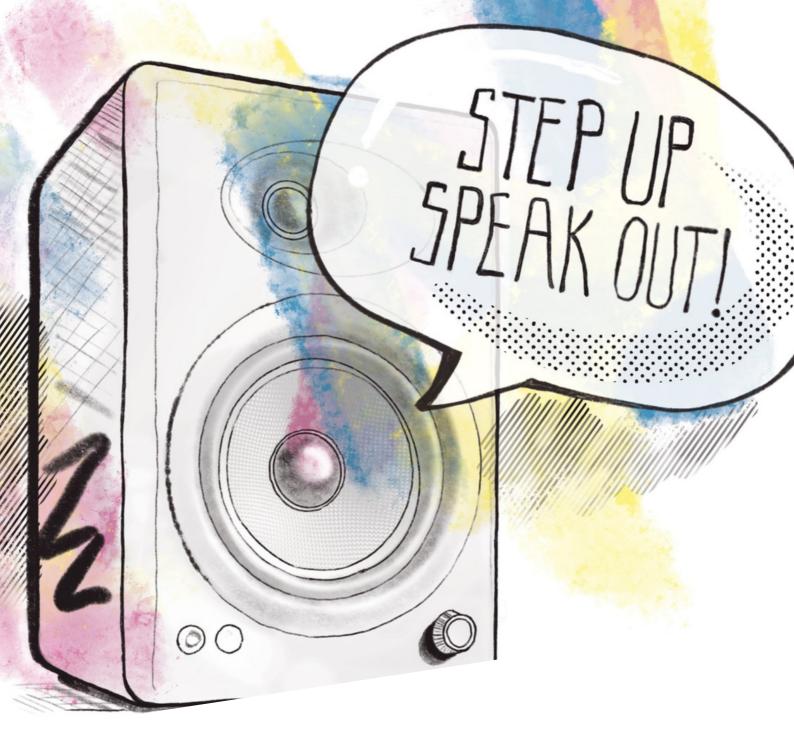
North Coast & Cumbrae Locality Priorities Officer Progress Report

Reporting Period – June - August 2023

Supporting Skills and Work Opportunities

- Support local groups on Cumbrae in taking action on outcomes of mini-enquiry and Chit Chat.
- Support local groups in Skelmorlie in taking action on outcomes of Chit Chat
- Support local groups in Largs in taking action on outcomes from PLACE Framework workshop and Chit Chat

For further information contact: Deirdre Oakley, NC & Cumbrae Locality Project Officer, deirdreoakley@northayrshire.gov.uk



NORTH AYRSHIRE CONNECTED COMMUNTIES NORTH AYRSHIRE WIDE YOUTH WORK

QUARTERLY UPDATE

COMMUNITY LEARNING AND DEVELOPMENT STRATEGIC PRIORITIES



THIS QUARTERLY REPORT FOCUSSES ON THE YOUTH WORK PRIORITIES OUTLINED IN OUR STRATEGIC PLAN THAT TIES INTO NORTH AYRSHIRE LOCALITY PRIORITIES.

Youth Work is an educational practice contributing to young people's learning and development. Youth work engages with young people within their communities; it acknowledges the wider networks of peers, community and culture; it supports the young person to realise their potential and to address life's challenges critically and creatively and it takes account of all strands of diversity.

North Ayrshire key priorities:

- Positive Destinations for 16-19 year olds
- Attainment and Wider Achievement
- Health and Wellbeing
- Young Peoples' Voice and Rights
- Climate Change
- Poverty and Inequality
- Digital Connectivity

North Coast LP Pg 24

Joint cabinet

From the most recent Joint Cabinet that took place in May with 110 young people discussing 6 key topics the data has been collated and action plan has been created.

Some of the key data that came back from young people were as follows:



Climate Change and Sustainability

Young people engaged in conversations around Climate change with decision makers around 3 key points, this included creating a Climate Change Time Capsule, how the councils Climate Change Steering Group can guide young people to choose low-carbon travel in the future and how we can help to remove barriers to include and implement initiatives or projects for young people in relation to Climate Change.

Some key comments included:

- We want to see more bee-keepers in localities
- Less plastic packaging and paper alternatives (water bottles, mail packaging etc)
- To have more recycling resources in schools to get people to do it more as they only can recycle paper and having different types of bins in school around the play ground for different litter
- I want there to be more cycle paths in the future so people can cycle instead, including more cycle paths. With more schools having more bike maintenance areas and classes within schools
- More education around waste and more facilities
- Have how to grow your own food projects
- More frequent bus services so people are not using cars and taxi's as often
- Have bike pick up stations like Glasgow so people can rent bikes

UNCRC

Engaging with pupils on UNCRC we focussed on young peoples rights as protected by UNCRC, and how we as gatekeepers to these rights can help protect and uphold them on their behalf when they are not able to do this for themselves.

Young people fed back:

- Some young people feel there is stigma surrounding expressing concerns for their rights
- More education on what UNCRC rights are for adults to learn if young person approaches to express concerns including social media campaigns and presentations
- Action group for young people which the council consult and creating childrens rights ambassadors.
- More events to share the views of young people such as Joint Cabinet.

Opportunities and activities for young people

We asked young people what they wanted to see in North Ayrshire and their local communities to make North Ayrshire the best place to grow up in, wither this is things to do socially, groups to be involved in, how they can get involved in volunteering and what we need to do to help and support young people here in North Ayrshire.

Young people responded:

- More info and recruitment on youth forums
- Transport for going to clubs and activities and wider bus service particularly in Arran
- We don't know enough about charities or volunteering opportunities, the council should play a role in accessing volunteering opportunities they could do more to support young people access third sector orgs.
- A website or App for young people locally
- Give incentive to join and volunteer like awards and achievements.
- More tasters for young people to see what they want to do for work

Inequalities

When thinking about various inequalities we asked young people what a community means to them, this could be the area they live, their school community or a community of interest like a local team or interest that they are involved in. Focussing on racism, sectarianism and bullying.

Responses included:

- It should be more in schools and in the curriculum with school staff calling out challenging behaviours
- Talking about people experiences of inequalities to show the impact it can have
- Education the elder generations, to help them understand the racism isn't excepted anymore
- Learn how to report hate comments about racism as a hate crime
- Having access to information and a safe space about where to seek support for bullying that maybe online based and having antibullying ambassadors within schools
- Having access to anonymous online chat with teachers

Health and Wellbeing

Health in its widest sense including mental health and wellbeing is a big topic for young people, and we created three key questions to put to young people about local support, during the pre consultation the concerns about smoking and vaping came up on a number of occasions and we wanted to get feedback on how we can help and support young people in North Ayrshire.

Young people told us:

- Talk more about the effects of vaping, smoking and alcohol misuse in schools and communities It is seen as the better smoking but there is lot that people don't know and need educated on
- Stop younger people from buying them stricter ID checks and targeting the shops allowing people underage to buy vapes
- People vaping in toilets in school causing worry to others and creating antisocial behaviour
- People vape because of peer pressure



A full report is available on the feedback from young people and a detailed action plan to create changes and provide feedback for the young people involved.

Members of Scottish Youth Parliament -Recryitment

The Scottish Youth Parliament (SYP) is the democratically elected voice of Scotland's young people. Held every two years, the next SYP elections will take place in November 2023

People aged 14-25 can stand for election as a Member of the Scottish Youth Parliament (MSYP) as one of four MSYPs in North Ayrshire for a 2 year term.

The upcoming elections allows young people to vote for their preferred candidate, giving MSYPs their democratic mandate to represent the views of North Ayrshires young people locally and nationally.

MSYPs have a crucial role to play in Scottish public life, from representing young people across the country to running impactful campaigns. Becoming an MSYP is a life changing experience whilst improving the lives of Scotland's young people, learning new skills, and meeting other inspiring young people. They will become leaders, gain confidence, receive excellent training, and much more.

SYP believes young people's voices matter, and we are committed to ensuring candidates can realise their right to be heard.

Currently we have 12 candidates that are wanting to stand so far, but encourage more young people to register their interest until noon on Friday 8 September 2023 to start their candidate journey supported by the youth work team. If young people want to register as a candidate they can do so here: www.syp.org.uk/elections





Participatory Budgeting

'PB' is a way for young people to decide how local funds are spent choosing which projects get a share of the allocated money in each locality. A bi-annual source of community funding given directly from North Ayrshire Council to communities in need of a financial boost to realise their ambitions with a sum of £198,377 overall, this year's fund is split into three different categories, running simultaneously – Youth PB, Locality PB and funding from the UK Shared Prosperity Fund – a UK Government funding stream helping to boost pride and prosperity across all localities.

We are welcoming applications from all eligible North Ayrshire youth and adult community organisations and will deal with each application individually and on its own merits. And, we do of course encourage those who have already benefited in previous rounds to come back again this time round with new ideas. Everyone is welcome, we simply want to ensure that no one is left behind.

This years Youth PB Theme are:

- Health & Wellbeing
- Young People's Voice and Rights
- Cost of living
- Green projects

For more information on PB and once groups are ready to apply, they simply complete their application to one of the relevant funding streams (Youth PB, Locality PB or Shared Prosperity Fund) at: https://northayrshire.communitychoices.scot/ Applications must be submitted with 11th September.



Climate Change Ambassadors



Do you care about the environment?

Do you want to learn new skills?

Do you want to make an positive impact?

Join the Climate Change Ambassadors.

Meet new people and have fun while you help the local environment, wildlife and your community.

A group of 12 ambassadors continue to work on a range of activities, opportunities, signposting and events around climate change and sustainability.

The group are working to create a Climate Change Time Capsule, along with tree planting. The aim is to include items to look back on in 20 years on to see how much change young people have been able to achieve in relation to green initiatives, climate change and sustainability in North Ayrshire.

The group have consulted with over 200 young people on what should be included in this with feedback telling us their hopes and aspirations for the future including:

- We want to see more electrical cars and have them go down in price so they are accessible and easy to buy
- More education on the changes that they cam make by coming into schools
- Increased recycling opportunities
- Access to green travel options including more cycle paths
- Better access to public transport to reduce car travel

The young peoples feedback is reported to the North Ayrshire Council Climate Change Steering Group which helps to shape policies and work surrounding the North Ayrshire Climate Change agenda.

The group are working on their time capsule project, attending local enquiries and are in the process of recruiting new group members.

Youth Work Modern Apprenticeship Programme



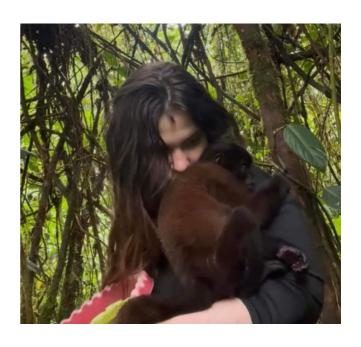
A recent example of this was one of our MA's who has an interest in conservation had sourced a volunteering opportunity in Ecuador. The role was in animal rehabilitation & rainforest conservation with an organisation called Merazonia and would last for four weeks.

This was an excellent chance for the young person to develop both personally and professionally and we would support the candidate where possible. To support the MA we agreed that part of the time away could be considered as research for their youth work role. The candidate agreed that they would gather photos and maintain a diary so they could create and deliver a presentation to young people about the experience, outlining the application process, the requirements and feedback about the experience in general.

The modern apprenticeship programme continues to develop and grow, and we are pleased to announce that we have an additional five youth work apprentices joining the team in August/ September 2023. They will join our existing team of six MA's, where they will build relationships with each other and take up peer education opportunities in relation to their qualification.

Throughout the programme we ensure that MA's are nurtured and encouraged to take on new learning opportunities.

Candidates will often find new training courses or discover personal development needs as their knowledge and skills grow.



This experience will be used to inform and encourage other young people to consider international volunteering opportunities.

Working with our New Scots

This summer Ukrainian and Syrian young people attended Youthbeatz festival in Dumfries. As well as enjoying the festival it was an opportunity to practice photography skills.





Syrian and Ukrainian young women attended a residential with Arran Outdoor Centre in July where they tried kayaking, stand-up paddle boarding, climbing, gorge walking and fire building. Among the staff on the residential was Mariana who had been a member of the swans group. Most of the girls had never been in a river or the sea before but they bravely jumped in.

"I don't want to brag", but the trip was awesome" Liz Mattieo

"We went to Arran trip, we love the trip and the people there are very friendly. We done a lot of amazing activities. The weather was not bad but we wanted to stay more and have more and more fun. I need to tell the people there helping us and doing fun things with us thank you so much" Lana Hajeh

Over the summer young Ukrainians and local scots have been working on a peer-led film making project. The film is still underway and will be shown at the end of the year. The film story and script was written by the Ukrainian young people. Some Syrian young people joined the group and together they have been acting, filming, editing and learning sound technique.

The Swans football team has welcomed new members from the Syrian and Ukrainian community. They practice every week at Kilwinning sports club and have the benefit of 2 female coaches.

The Multiply Project

As part of the UK Shared Prosperity Fund (UKSPF) North Ayrshire Council have secured funding to deliver the Multiply Project.

This project aims to boosts people's ability to use maths in their daily life, at home and work targeting learners who are 19+ that have not previously attained a level 2 SCQF, level 5 or higher maths qualification.

The Multiply team have used summer 2023 to promote and increase visibility for our project. Our summer outreach programme has included attendance at Take Time on The Road in Irvine, Largs, Three Towns, Kilwinning, Garnock Valley and Springside. At these events our staff have interacted with around 1500 residents of North Ayrshire at our information stall.

We have had interest in the service from several potential learners, who have given feedback to Take Time organisers that Multiply would benefit them in some form. We have a further 6 learners signed up through self-referral for numeracy/literacy support.



As the project is still in its early stages these outreach events have been vital with regard to planning and providing intuitive, meaningful supports to families across North Ayrshire. The initial contact we have made with many young parents/carers under the age of 25 – many of whom have indicated they would access numeracy/literacy support - has led us to designing and planning after school homework clubs and Multiply drop in groups that will run in conjunction with schools. Our partners at CHAP have requested our support in delivering their primary 7/parents' sessions which introduces young people to the world of everyday finance and budgeting.

Most importantly our summer outreach has allowed us to interact with young people in the authority, which will assist with the removal of the barriers and stigma that can be attached to numeracy and literacy.

Cost Of Living - The School Day

The Cost of the School Day work has been focussed and two separate groups. Initially to professionals that work with young people across North Ayrshire and secondly to young people from both primary and secondary across North Ayrshire.



The initial concept came from consultation during Year of the Young People in North Ayrshire where our legacy plan highlighted cost of the school day and child poverty as a key priority for our young people focusing on the following key areas:

- Access to food (during the school day and holidays and weekends)
- The cost of school transport to and from schools and for extracurricular activities
- The costs of school trips and visits
- The costs of school uniforms
- The costs of materials needed for going to school.

As one of the key priorities within our rights-based CLD Strategic Plan, it's especially pertinent in North Ayrshire, with the second-highest concentration of multiple deprivation in Scotland, with greater risk of key groups of young people in North Ayrshire living in poverty. Therefore, the work that we carry out around child poverty is essential. Our method of 'by young people, for young people is embedded in our work and our Youth Participation Strategy with young people coming on journeys of change with us.

Young people lead on discussions around Child Poverty, shaping policy and practice for North Ayrshire Council and partners, they are involved in all initiatives that have came from the data in a co design, production and delivery model. This work shows visible changes to lowering the cost of the school day for young people and their families.

The work that we carry out is in partnership with our education colleagues, the creation of this joint piece of work allows us to plan, alongside our young people, in delivering events, activities, creating feedback loops and disseminating information to our young people and their parents.

Young people are empowered to speak truth to power, support and challenge officials and decision-makers as duty bearers and to RATELESELYPHING people voice is respected and acted on in relation to Child Poverty

POVERTY AND INEOUALITY

This work has been ongoing since the start of 2022 and is ongoing as we continue to consult and engage with our young people, which allows us to shape the services and policy changes based on what young people tell us. Young people are involved in any changes to service delivery, new models of engagement and shaping policies for North Ayrshire and its partners. Changes due to the engagement and involvement of young people:

- Non branded uniforms policy has been implemented across all of our schools
- Policy on no gifts for teachers
- Increase in breakfast clubs and swap shops in schools and communities.
- Family learning providing opportunities for extracurricular across schools
- Increase in homework clubs
- Increased uptake and use of the transport for U22 scheme
- Healthy snacks free of charge in all primaries through PEF funding
- Access to digital materials for all pupils
- Holiday meals provisions over 11,000 young people accessed this over the summer period 2023.
- Joint working across CLD and Education has allowed us to engage more young people and children in activities, opportunities and feedback – the commitment to young peoples active participation around voice and rights is increased across schools.
- Youth led PB process and community PB has a key theme of poverty and inequality to support local groups and initiatives in delivering activities and support for young people around child poverty and cost of living.



Going forward we will continue to engage and consult with young people – with a future conference to link in with learners voice which will take place in November 2023 allowing us to check where we are and where we need to go next to continue to tackle child poverty (we are currently writing our learners voice strategy that will compliment the Participation strategy with education). We will link Child Poverty to learner and youth participation with actions taken forward within the context of learners voice.

Child poverty will continue to feature across all of our platforms from Locality priorities, our CLD Plan, youth work key priorities and youth participation work. Whilst the Pupil Equity Fund will focus on child poverty and mitigate the effects of this for our children, young people and families.

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Take Time Families

To establish good understanding of Mental Health and Wellbeing between parent/carers and primary aged children Take Time Families promotes early emotional awareness and resilience.

Linking caregivers and children in a primary aged setting where we work with caregiver and children addressing anxiety, further emotions and resilience, This programme offers parents time for open discussion based activities for themselves before being joined by the child to carry out activities linking into areas that will support healthy mental health and wellbeing for both, the hope is to build positive social, emotional, behaviour, thinking and communication skills within both the caregiver and child to become more resilient in the future with a mutual respect to each other's mental health and wellbeing. Supporting households with tools to develop personalised action plans to gain confidence in managing their family's mental health.

This builds positive social, emotional, behaviour, thinking and communication skills within both the caregiver and child to become more resilient in the future with a mutual respect to each other's mental health and wellbeing. This programme has moved from a school setting to a community setting to increase inclusiveness within targeted localities.



This programme has found success and has a group of core members keen to keep this group consistently running, in the past year we were successful in receiving participatory budget funding and due to this we are able to take the group on a summer trip to a Farm Park and purchase more resources and look at training opportunities for our parents. Before the summer break parents and children have been giving feedback on the journey with the group so far.

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HEALTH AND WELLBEING

We have had some amazing Outcomes in this group. We have a family that attends where the parents are separated, this family come along each week to help themselves communicate better with each other as well as their young person dad travels from Inverness or Glasgow each week to make our group as he has been so happy with the outcomes that he has seen within the family.

Other great outcomes we have had is our families where there is separation anxiety issues from the parents the young people now look forward to the weekly group for the friendships and the activities they might never have tried without our parent/child combined approach to learning and mental health and wellbeing.









"This group takes into account not only my mental health but my daughters, she reacts positively to her surroundings when we are at group." Separated Dad with daughter

"The people Vicki and Sarah bring to group who provide information on First Aid and NAC Multiply were very helpful, useful skills provided to take away from the workshop. Group provides fun art activities/ideas and suggestions to try at home and helps children express their feeling through art. The social aspect of group is great for our kids". Separated Mum with daughter

"My son wasn't happy at school when we first started coming to this group, but now his worry box is empty as he tells me he no longer has any. Coming to this group has given me lots of information and coping strategies to deal with situations. Mum with son and daughter suffering separation anxiety."

Mini Ambassadors Programme - Boynce Back Peer Support Programme

The Mini Ambassador programme surrounding mental health and wellbeing for North Ayrshire Bee You mental health ambassadors to deliver to primary 6/7 school aged young people and becoming mini bee you ambassadors for their primary school.

It ensure clear current reliable information is integrated into hour long workshops that is easily delivered and understood with 'the by young people, for young people' with our secondary Bee You Ambassadors young people to confidently able to deliver the programme.

This programme is 6 1-hour sessions delivered by Bee You Ambassadors who are a group of young people. The programme is delivered to groups of P6/P7 with the idea of these young people becoming Bee You Ambassadors for their primary school, how schools wish to continue this would be up to them, we help support the young people moving forward in their new roles. The topics covered in these sessions include What is Mental Health, Resilience, Social Networks, Friendships, Making Decisions and Self Care.

This programme has been so far successfully delivered to multiple schools across North Ayrshire. The programme allows the ambassadors who are all aged between 16 and 21 the chance to share valuable information with young people aged around 10-12. The programme is designed to support all of the young people involved and their resilience. The Ambassadors all have completed Mental Health First Aid and/or the Mental Health UKs Your Resilience programme so in delivering what they have learned only reaffirms the learning that these young people have already had further increasing their resilience and confidence.



"It made a big change to me, I like knowing that people may come to me for help, I'm not nervous, I'm fine with it now I can help". Age 11

"This programme has opened up conversations within the school about Mental Health and Wellbeing and an exciting opportunity for Castlepark primary to have our own Mental Health Ambassadors. This has been a positive impact on the school and promoting positive wellbeing. The team that delivered the programme were fun, engaging and built fantastic relationships with the Pupils." Miss Burton

LGBTQI+

Young people who attend the group, want to be proactive in their local community, to ensure that all young people are all equal - not only those who are protected by the characteristics but allies of these young people too. Following on from the equality's forum, the young people were invited over to Arran Pride to walk in the parade and hold a stall to support the event.

Working in partnership with Arran Outdoor Education Centre, we were able to give the young people attending respite for the evening and supported some development sessions to help bond the group together. Spending the night in Arran Outdoor Education Centre, we were able to prepare for Arran Pride and work together for some team building activities whilst being supported by staff.





Our teams aim of the day was to make sure we had a welcoming stall that people wanted to spend time at but had the purpose of giving relevant information, support and guidance to those who needed it for themselves or someone important to them and that the young people could fully be themselves and feel supported doing so whilst connect with each other.

Overall the day was a huge success and this was made clear by the numbers on the day, the photos and the feedback. The amount of information and signposting that was made available to the public because of the huge range of partners was incredible and was very well received by all who attended, also the staff had a chance to gather relevant information and learn more about other supports available.

The Equalities Forum brought along 20 young people from across our six localities to have the opportunity to join in the celebrations and spread a message of kindness and acceptance for all LGBTQ+ people across North Ayrshire Coast LP Pq 39

Egyglities

The Equalities Forum was established as an inclusion project for 12 – 18 year olds. Young people who attend the group, want to be proactive in their local community, to ensure that all young people are all equal - not only those who are protected by the characteristics but allies of these young people too. To lift and empower each other and raise the voices of young people who may be a part of this group or represent these characteristics.

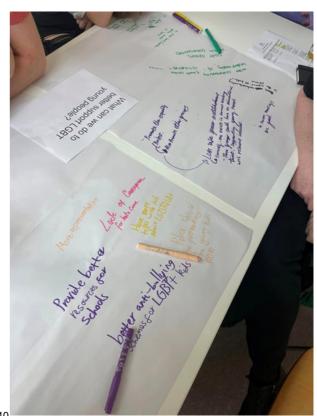
The project is guided by the young people's needs and wants, in a hope to speak truth to power and empower our young people to make positive change within their communities in a safe and nurturing environment. Meeting by monthly the group have been able to prioritise projects they would like to develop moving forward.

It is part of North Ayrshire's Youth Participation Strategy and supports UNCRC, which ensures that all children's rights are respected, heard and actioned. The project group has been established to support key groups of young people/ protected characteristics:

LGBT+ – a group of local LGBTQ+ members aged 12-18 from Irvine and beyond, looking to make friends in the area

ASN – young people living/studying in North Ayrshire with additional support needs **Young Carers** – helping with information, support and advice for carers aged 12 – 18 in partnership with North Ayrshire Carers Centre

"I am really passionate about contributing to 'The Equalities Project' and enjoyed the chance to get involved in the group. By meeting up with other people like me and listening to their experiences via local LGBTQ+ groups, I feel like I have a good knowledge and understanding to speak on their behalf and highlight the types of inequalities we as a community can face. I'm really grateful for North Ayrshire Youth Services who are taking the time to create a safe space where we can hopefully really make a difference not just for the LGBTQ+ Youth and other minority groups, but for all young people. I look forward to seeing what changes we will make together to make North Ayrshire a more inclusive place to grown up in and realise our full potential."



Drama for wellbeing

Creating a summer a programme that used the power of drama therapy to connect young people, allowing them to express themselves whilst addressing issues surrounding Mental Health and Wellbeing.

This group brought young people together to create scripts and express themselves through drama approaching subjects and themes as Connect, Be Active, Take Notice, Learning and Friendships, creating a space for young people to use drama as an outlet to address issues affecting our young people. Supported by youth work staff, a drama tutor and a singing coach, this space was about inclusiveness, trying new things and creating lasting messages with our young people.

2 groups were established, one primary and one secondary, resulting in 30 young people completing this 7 week summer programme. With having secured the Harbour Arts Centre as the hosting venue we were lucky enough to have studio and theatre space to give the young people a truly memorable experience.



Focussing on improv games, mini plays and confidence building with the Secondary aged group working on drama delivery and discussed how to bring their experiences in to personalise their showcase. These scripts were based on different issues that may be experienced in primary schools but with the message of a positive ending. The secondary aged group had been tasked with looking at their personal spaces and had started blocking and staging for their own plays.

The hour long showcase started with the juniors running their scripts followed by the song True Colours, after came the seniors who delivered a very memorable play called 'Brainstorm' which was developed from their own experiences, finishing with the song Unwritten. This was performed for parents, caregivers and invited guests such as service heads and elected members from the community.

This programme was very successfully received from parents and young people alike. The feedback from the hard hitting, real and emotional showcase viewing was fantastic and this programme seemed to have a lasting impression on our young people taking part and those who were fortunate enough to view this unique showcase.

Students:

"I think we were given a lot of freedom to decide what we wanted to do and speak about things that are important to us, I felt more confident and enjoyed helping the younger kids learn new things." Age 10

"I loved the drama games and being brought out my comfort zone as I'm very shy." Age 7
"I loved drawing and playing games, acting out our plays and watching other act out their parts, I loved going every week the teachers were all really nice, I can't wait for mum and dad to see our show." Age 9

"I enjoyed getting to work with new people and push my performance skills, it really made me work hard, getting the chance to learn something off by heart." Age 12

"I enjoyed everything, I liked writing my own script and taking part in acting, being part of this programme has impacted me personally to think about myself more." Age 15

"I Loved being part of a show and making new friends, I feel more confident and out my shell." Age 5





Parents:

"My daughter loved coming to drama every Friday and would wake up very excited, this has brought her confidence out more. Very happy and proud to see her shine.

A happy girl every week, I enjoyed listening to her lines and practicing her song. She has grown in confidence. Thank You!"

Take Time on the Road

The take time campaign was started in 2021 this summer we took it to the road. The roadshow was about taking some time for ourselves whether that be spending time with our animals, having fun with your friends or exercising some mindfulness through activities like yoga. Along with other activities and agencies that support community mental health and wellbeing this roadshow has been all about 'taking time' and highlighting positive mental wellbeing. This had also been made free for families to attend, to break down barriers of inclusion, in the hope that the message and learning from the Take Time Campaign can be infused with our communities, creating a lasting legacy within North Ayrshire.



Take Time on the road was designed as a pop-up open day style, tying in with different partners and inviting along agencies that have a focus on mental health and wellbeing. Targeting families across areas of North Ayrshire, hosting 10 events across all 6 localities. These events were led and co-ordinated by the project delivery officers Dionne Griffiths and Vicki Andrew and supported by Connected Communities Locality Teams.

The take time on the roadshow was well received by the communities of North Ayrshire brining in over 2000 people to engage in various activities that took place during the summer months.

Over 40 partners came along to support these events and the families living in or visiting North Ayrshire! To give local and readily available information on the supports within mental health and wellbeing wither that be for employment, mental health specific, free programmes/ groups to get involved with, oral and general health. Here is what some of these partners had to say about the events.

"My own favourite activity was sketching on the sandy shore, and archery. I congratulate the team on bringing something for everyone each incorporating mindfulness, physical activity, skill development and of course sheer joy - to enhance wellbeing!"

Your Resilience



Your Resilience supports young people's mental health resilience. The education programme is focused on building resilience through life's transitions in 14–20-year-olds, equipping them with the tools and resources to manage their mental health now and in the future.

The programme is delivered in a range of settings, Individually, community groups, schools, or college groups. This programme included pupils from Kilwinning Academy S6 pupils for 3 full days.

Staff delivered 3 workshops a day covering Resilience, Exam Pressure, Friendships/Decision Making, Social Pressures, Managing Studies and Juggling Time. Along with open conversation work through the appropriate workbook for groups age ensuring the group understand the tasks and the tool kits provided to help them manage their own life scenarios and support their Mental Health and Wellbeing.

"I learned about when it comes to Exam time and studying how to deal with stress, it will benefit me when it comes to making decisions in the future and exam time." Female 17
"I learned about what resilience actually is, how to deal with my exam stress and I how I should juggle my time better, the programme was really detailed and helpful." Female 16
"This course made me realise that I shouldn't compare myself to anyone else and not to take social media too seriously, I enjoyed the force field analysis activity I think I will use pro/con lists when making big decisions now." Female 17

"This has impacted me a lot, it has made me realise that everyone feels different things at different times and that people cope with things differently. I find it hard to make decisions so the tools to help with that will help me." Female 16

"It was great to learn more about the group of young people I teach. I have seen them in a different capacity which has strengthened the positive relationship I have with the pupils. As a teacher it would be great to learn more on how to deliver this to pupils in a professional capacity, even if it is just the toolkits." Miss McConnell