



North Ayrshire
Community Planning Partnership

Irvine Locality Partnership

Monday 26 September 2022, 6.00 p.m. at Townhouse, Irvine.

BUSINESS

| Item | Subject | Pg No | Ref | Officer | Timings |
|------------------------------|---|-------|----------|-----------------|-------------|
| 1. | Welcome, Apologies and Declarations of Interest. | - | - | Cllr Macaulay | 6.00 – 6.05 |
| 2. | Action Note Review the action note and deal with any outstanding items. | Pg 3 | Enclosed | Lesley Forsyth | 6.05 – 6.10 |
| 3. | Irvine Youth Forum Update Receive update from Justin Jones. | - | Verbal | Justin Jones | 6.10 – 6.20 |
| 4. | Active Schools Overview Receive presentation. | - | Verbal | Lauren Fletcher | 6.20 – 6.30 |
| DECISION REQUIRED | | | | | |
| 5. | Community Investment Fund: <ul style="list-style-type: none"> Children 1st – Full Application | Pg 8 | Enclosed | Elaine Baxter | 6.30 – 6.45 |
| 6. | Grants Receive report from Lesley Forsyth. | Pg 23 | Enclosed | Lesley Forsyth | 6.45 – 6.55 |
| STANDING AGENDA ITEMS | | | | | |
| 7. | Learning Overview Receive update. | - | Verbal | Head Teachers | 6.55 – 7.10 |
| 8. | HSCP Overview Receive update from Louise Gibson. | - | Verbal | Louise Gibson | 7.10 – 7.20 |
| 9. | Irvine Community Council Overview Receive update. | - | Verbal | David Dunlop | 7.20 – 7.30 |
| 10. | Chit Chat Update Receive update from Chloe Smith | - | Verbal | Chloe Smith | 7.30 – 7.40 |
| 11. | Locality Officer Report Receive report from Elaine Baxter | Pg 26 | Enclosed | Elaine Baxter | 7.40 – 7.50 |

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| 12. | AOCB <ul style="list-style-type: none"> Vice Chair | | | Cllr Macaulay | 7.50 – 8.00 |
| Date of Next Meeting: Monday 5 December 2022 at 6.00 pm | | | | | |

Distribution List:

Elected Members

Councillor Shaun Macaulay **(Chair)**
 Councillor Marie Burns
 Councillor Robert Foster
 Councillor Scott Gallacher
 Councillor Christina Larsen
 Councillor Nairn McDonald
 Councillor Matthew McLean
 Councillor Louise McPhater
 Councillor Chloe Robertson
 Councillor Angela Stephen

Community Representative

Marjory Dickie
 David Dunlop, Irvine Community Council
 Donna Fitzpatrick
 Sally MacIntyre
 Irene McIlwain
 Annie Small
 Abbie Stevenston
 Ian Wallace

CPP/Council Representatives

Lesley Forsyth, Lead Officer
 Craig Bisland, Scottish Fire and Rescue Service
 David Cameron, Police Scotland
 Elaine Baxter, Locality Officer
 Barbara Conner, TSI

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| Meeting: | Irvine Locality Partnership |
| Date/Venue: | 13 June 2022 – Virtual Meeting at 6.00 p.m. |
| Present: | Councillor Shaun Macaulay (Chair) Councillor Marie Burns Councillor Robert Foster Councillor Christina Larsen Councillor Nairn McDonald Councillor Matthew McLean Councillor Louise McPhater Councillor Chloe Robertson Sylvia Mallinson (Vice-Chair), Community Representative Diane Dean , Community Representative Donna Fitzpatrick , Community Representative David Mann , Community Representative Annie Small , Community Representative Ian Wallace , Community Representative Lesley Forsyth , Lead Officer Elaine Baxter , Locality Co-ordinator Barbara Conner , TACT Jacqueline Greenless , Community Planning Vicky McGregor , Headteacher Annick Primary School Christopher McKenna , Irvine Tennis Club Kirsty Aitken , Children 1st Stuart Gemmell , INPUT Hayley Clancy , Committee Services, North Ayrshire Council |
| Apologies: | Councillor Scott Gallacher, David Dunlop, Louise Gibson |

ACTIONS

| No. | Action | Responsible |
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| 1. | Welcome/Apologies/Declarations of Interest The Chair welcomed those present to the Irvine Locality Partnership meeting and apologies for absence were noted. | |
| 2. | Action Note The action note from the meeting held on 21 February 2022 was approved as a correct record and the implementation of decisions confirmed. | |
| 2.1 | Matters Arising The following point was discussed as a matter arising from the action note of the last meeting. <ul style="list-style-type: none"> Dates to be confirmed for the walk-about in relation to the Great Harbour Project but are in hand as part of the overall engagement work. Noted. | Lesley Forsyth |

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| 3. | <p>Child Poverty Action Plan</p> <p>The Partnership received a verbal update from Lesley Forsyth on the Child Poverty Action Plan including information on: -</p> <ul style="list-style-type: none"> • the actions and steps that North Ayrshire Council will take; and • how the Locality Partnership can contribute and help to try to mitigate some of the circumstances that some children are living in. <p>Lesley Forsyth will send a summary document of the Child Poverty Action Plan to the Locality Partnership.</p> <p>The Partnership agreed to discuss the Child Poverty Action Plan at a future meeting to look at the next 5 years and how the Locality Partnership can fit into achieving some of the aims.</p> <p>Noted.</p> | <p>Lesley Forsyth</p> <p>Lesley Forsyth</p> |
| 4. | <p>Local Outcomes Improvement Plan (LOIP) 2022-2030</p> <p>The Partnership received an update from Jacqueline Greenlees on the Local Outcomes Improvement Plan (LOIP) 2022-2030 including information on:-</p> <ul style="list-style-type: none"> • the 3 areas where North Ayrshire residents considered the biggest impact could be made being (1) supporting children to grow up loved, safe and respected so that they can reach their full potential, (2) creating a local economy where people can access good jobs with fair pay and conditions, and (3) reducing poverty; • the Community Planning Partnership (CPP) priorities where additional focus will be given in terms of wellbeing, work and world; • key CPP plans and strategies; and • the impact of working together through locality planning. <p>Noted.</p> | |
| 5. | <p>Irvine Youth Hub Update/Irvine Youth Forum Update</p> <p>The Partnership received an update from Elaine Baxter which highlighted the following:-</p> <ul style="list-style-type: none"> • The Youth Forum have moved into their new premises and are in the process of getting the disabled toilet installed, due to this they are only partially open for groups that do not need access to the disabled toilet facilities; and • The kitchen has also now been installed. <p>Elaine Baxter will arrange for a walk around the new Youth Forum facility to show the Locality Partnership how the CIF funding award to the Youth Forum has been spent.</p> <p>Noted.</p> | <p>Elaine Baxter</p> |

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| <p>6.</p> | <p>Community Investment Fund</p> <p>The Partnership were provided with details of Community Investment Fund applications as follows:-</p> <ul style="list-style-type: none"> • INPUT (full application) <p>Input SCIO applied for funding support in the sum of £60,000 towards 2 part-time contracted staff with background information detailed in the report submitted to the Partnership.</p> <p>Stuart Gemmell from INPUT was in attendance and gave the Locality Partnership an overview of the project.</p> <p>The Partnership agreed that the proposal proceed to the North Ayrshire Council Cabinet for approval.</p> <ul style="list-style-type: none"> • Irvine Tennis Club (full application) <p>Irvine Tennis Club applied for funding support in the sum of £100,000 towards upgrading works to the current Tennis Courts which are in a state of disrepair with background information detailed in the report submitted to the Partnership.</p> <p>Christopher McKenna from Irvine Tennis Club was in attendance and gave the Locality Partnership an overview of the project.</p> <p>The Partnership agreed that the proposal proceed to the North Ayrshire Council Cabinet for approval.</p> <ul style="list-style-type: none"> • Children 1st (Expression of Interest) <p>Children 1st applied for funding support in the sum of £100,000 towards 2 community and family engagement workers with background information detailed in the report submitted to the Partnership.</p> <p>Kirsty Aikten from Children's 1st was in attendance and gave the Locality Partnership an overview of the project.</p> <p>The Partnership agreed that Children's 1st should proceed to a full application.</p> <p>Noted.</p> | <p>Lesley Forsyth</p> <p>Lesley Forsyth</p> <p>Elaine Baxter</p> |
| <p>7.</p> | <p>Grants: Irvine Common Good Fund</p> <p>The Locality Partnership agreed to award the following:</p> <p>Irvine Joint Wards Old Folks Committee £9,000</p> <p>Lesley Forsyth advised the Locality Partnership that an application from the Marymass festival was still to submitted.</p> | <p>Lesley Forsyth</p> |

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| | <p>The Locality Partnership agreed to consider the application from Poetic Justice at the same time as the Marymass Festival application. The applications will be circulated by Lesley Forsyth to the Locality Partnership via email for consideration.</p> <p>Noted.</p> | Lesley Forsyth |
| 8. | <p>Learning Update</p> <p>Vicky McGregor, Annick Primary School, provided an update to the Partnership including information on the following:-</p> <ul style="list-style-type: none"> • Children's 1st being a great support to the school; • The schools are currently looking at the improvement plans and work that has been done for this school year and thinking forward supporting transitions events; • P7 pupils attended the Cost of the School Day Conference where they were able to contribute ideas; • P7 pupils also wear black uniforms instead of the school colours so they same uniforms can be used when the pupils move to the secondary school; and • In line with the Council Plan the school has focussed on outdoor learning and supporting the young people's mental health and wellbeing through being outside; <p>Noted.</p> | |
| 9. | <p>HSCP Update</p> <p>The Locality Partnership were advised that no HSCP update would be provided at the meeting.</p> <p>Noted.</p> | |
| 10. | <p>Locality Officer Update</p> <p>Elaine Baxter made reference to her update which had been circulated detailing work which had been undertaken in the locality highlighted the following: -</p> <ul style="list-style-type: none"> • The Chit chat magazine is currently at the printers and will be out at the end of June; • Ongoing training opportunities continuing to be offered through the Leadership Collective Training Programme; and • The next Locality Network Meeting will take place on 14 June. <p>Noted.</p> | |
| 10. | <p>AOCB</p> <p>Reports on the Roads Maintenance Programme 2022/23 and Community Rep Timeline were submitted for information.</p> | |

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| | <p>It was noted that this would be the last meeting for the current Community Representatives and the Locality Partnership offered thanks for their time and input into the Locality Partnership.</p> <p>Lesley Forsyth will send an email with the application process for any new Community Representatives who are interested in joining the Locality Partnership.</p> <p>Noted.</p> | <i>Lesley Forsyth</i> |
| 11. | <p>Date of Next Meeting</p> <p>The date of the next meeting will be Monday 26 September 2022 at 6.00 p.m.</p> | |

Meeting ended at 8:35pm



Community Investment Fund Application Form: Irvine Locality

The CIF will support proposals and projects that:

- Connect with:
 - The North Ayrshire Fair for All Inequalities Strategy;
 - the Community Planning Partnership and Locality priorities; and
 - North Ayrshire Council's values, priorities and business objectives.
- Fulfil a compelling need and do not duplicate existing services or facilities;
- Provide long-term, sustainable, positive results for the greatest number of people possible;
- Exhibit project and/or organisational innovation in their approaches to their work in their way of addressing community challenges and in their request to Locality Partnerships and the Council;
- Come from (an) organisation(s) that is financially viable (can provide financial statements upon request) and efficiently and effectively managed. This can include an organisation to be created to deliver the project;
- Include options or potential for NAC and CPP employee engagement and volunteering where possible; and
- Include measurable outcomes and can report to NAC on outcomes on a regular basis.

When to apply and how?

- LPs should continue to engage with their communities, and stimulate interest in the CIF. The Locality Partnership will then strategically assess the applications, make links and look at the funding 'in the round'.
 - If the partnership supports a bid then the group will be encouraged to submit a full application form, which they will decide upon before making a proposal to Cabinet for final approval.
 - The finalised proposal will go to the next suitable Cabinet for final approval.
-
- Forms should be returned to your Locality Co-ordinator, by email if possible:

Elaine Baxter

Irvine Locality Coordinator

Economy and Communities
Community Development Team
Redburn Community Centre
Dickson Drive
Irvine
KA12 9EW

Email: ebaxter@north-ayrshire.gov.uk

Tel: 01294 313593

Mob: 07814418453

Support and information will be available for groups who are not successful. For more information see the guidance form here: <http://www.northayrshire.community/wp-content/uploads/sites/60/2018/06/community-investment-fund-guidance-notes-17-12-17.pdf>

APPLICATION FOR FINANCIAL ASSISTANCE
Community Investment Fund

Details of your organisation

Name of Organisation: Children 1st North Ayrshire Family Wellbeing Hub

Postal Address for Correspondence: 5/6 Lower Vennel Bourtreehill.....
Irvine
KA11 1PQ

Name of Contact Person: Kirsty Aitken

Position in Organisation: Service Manager.....

Contact Telephone Number : 01294214884.....

E mail address kirsty.aitken@children1st.org.uk

Brief description of your organisation

Please include -

[a] Legal status, e.g. voluntary organisation, public/private limited by shares or guarantee;

[b] How long has organisation been in existence?

[c] Aims & objectives;

[d] General activities or services provided;

Children 1st is a registered charity (SC015092) and we have been supporting vulnerable children and families across Scotland since 1884.

Our priorities focus on four key components of prevention, protection, recovery and resilience. Our current core activities focus on:

1. Preventing abuse, neglect and trauma by offering support, information and advice to families and communities to strengthen relationships and build resilience.
2. Ensuring children's rights are protected in legislation, policy and practice through direct participation and engagement.
3. Developing accessible trauma recovery and resilience hubs, ensuring support is child centred, rights based, and recovery focussed.
4. Modernising and maximising our resources and partnerships in order to be more agile, responsive and resilient, to enable us to reach more children and families.

All our services focus on the protection and prevention of harm and abuse. We know the impact adverse childhood experiences, such as physical, sexual, and emotional and the resulting trauma this can have on children and young people if left unresolved. Our staff are skilled in recognising early signs of concern to prevent escalation of need to crisis. Our services are configured to address family difficulties and challenges at an earlier stage thus providing better outcomes for families. We work at a pace that is right for them to support meaningful and sustainable recovery.

We know families in North Ayrshire are working hard to raise and provide for their children. However, unfortunately, families are still living in increasingly isolated and disconnected communities with high levels of unemployment and poor health, both physical and mental. Due to this, families are under huge pressure, with not enough money to meet basic needs, and consequently daily life has become about survival.

Children 1st Family Wellbeing is based in Bourtreehill, Irvine, North Ayrshire and has been established since 2018. The Family Wellbeing Service is based in the heart of the community, is staffed by skilled people who know the local area and offers a 'one-stop shop' of support to children and families living in the Community.

In the Hub, local families can discuss what concerns them, seek solutions, access specialist support, such as money advice and intensive family support for whole families.

3. Title and summary of proposal

Tell us a bit about your idea. Please describe in as much detail as possible, what the funding will be used for. Please include where it will be held / delivered, who is your target audience, who will benefit from it and how and indicate any partners that are involved.

Please include -

[a] *What outcomes your organisation wishes to achieve; -*

[b] *Is this a new service / project?*

[c] *Does a new organisation need to be set up?*

(a)

We have taken the time to engage and connect with local children, young people and their families in order to capture their thoughts and views on what they felt they needed from Children 1st

We learned that early support is needed for whole families and that families are given the time to engage and connect with support that is based on trust and confidence – “this means no timescales”

Children and families took time to share their fear of connection with statutory services and because of this, advised that they were less likely to engage, should support be statutory. However, families did recognise the benefits of having the options to engage with non-statutory services but with clear pathways to specialist and key statutory services, inclusive of the support on how to connect and sustain these key relationships.

We know that children and families need accessible support, that is local and or community based so to promote access to “early help” and to prevent complex risk for children, young people, and their families.

Families need access to support that takes into consideration their individual needs as a **whole** family, with a focus on them re-connecting, or to strengthen their relationships.

We know, from this feedback, that the following outcomes are a priority for the community, and we are committed to ensuring that they build the bedrock of any support that we offer.

- Families are more resilient
- Improved community connectedness
- Improved health and wellbeing
- Increased understanding of trauma
- Families are more financially resilient
- New skills and training opportunities
- Improved attainment

These outcomes align with the 4 priorities included in the Community Planning Partnership plans for Irvine: particularly 2,3 and 4.

1. Working North Ayrshire
2. **Healthier North Ayrshire**
3. **Safer North Ayrshire**
4. **Thriving North Ayrshire Children and Young People**

There is an emphasis in the North Ayrshire Community Planning Partnership for services to be preventative. A belief that Children 1st share. Providing early help for families will avoid more serious challenges and more harm being caused later in life.

At Children 1st, we hold early intervention and prevention as core values to our approach and support alongside children and families. Unfortunately, we find that access to services lead by statutory partners can often, for families, feel complicated, and available much too late. Funding will therefore allow us to work together and alongside families to provide key activities that are flexible to their specific needs as a family, with the aim of helping them to create long lasting, meaningful and sustainable outcomes.

In the last 21 months our Family Wellbeing Hub has received referrals at a higher rate than ever before, with more local self-referrals being made by families themselves, at this time we are providing intensive whole family support to 46 families in the Irvine area including Bourtreehill and Broomlands. In addition to this type of support our Money Advice Worker is supporting 5 of these 46 families where financial hardship is impacting family wellbeing. Our Money Advice worker is currently supporting an additional 4 families with Money advice alone within the same geographical area. However, we continue to work with a waiting list whereby an additional 36 families need support, all of who are living in Bourtreehill and Broomlands.

We are therefore seeking funds to allow us to secure employment for a community-based Family Wellbeing Worker and Community and Family Engagement worker who will together connect with and support the community of Bourtreehill and Broomlands by offering;

- Practical and emotional trauma informed and recovery focused support to children and families who have experienced trauma and or adversity in their lives
- Co -design with the community, a covid recovery plan that will offer a range of community lead activities that focus on wellbeing, relationships, and hope. These may include key activities that have proved successful previously such as indoor and outdoor creative art activities for whole families, meal preparation, supported cooking and smart shopping initiatives. Conversation cafes or walk and talk groups and a real focus on movement and outdoor opportunities for young people and their families. We will draw on our existing partnerships with local services such as Active Schools, North Ayrshire Rangers and Ayrshire Wildlife Trust, to maximise opportunities for families to connect with outdoor, recreational experiences and seek to develop new partnerships with other groups, organisations and agencies in the area.
- Blended Money Advice support to help whole families establish the root cause of money worries, maximise their income, help budget and avoid and manage debt, again with a real trauma sensitive and relationship-based approach.
- Continuous consultation and engagement opportunities within the community, in order to hear voices, capture feedback on the impact of support offered by Children 1st and responding to their needs in an agile and creative way

We have heard, in the Bourtreehill and Broomlands Virtual working group and chat chats, that the local community has withdrawn somewhat due to Covid 19 and also that the service landscape looks different in the two years since covid pandemic. We are, therefore, keen to regain momentum and bring life back to the community. Families tell us that there is a feeling of loneliness and isolation like never mainly due to the impact of the pandemic. The Family Wellbeing Service aims to safely provide opportunities for connection and recovery, that will feature the key recovery activities below.

| Key Recovery Activities; | Who will be involved? | Target Audience | Where and how will it be held? |
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| Trauma informed and recovery focused whole family support. Inclusive of one-to-one sessions if required for children, young people or parents/ carers | Children 1 st Community based Family Wellbeing Worker | Bourtreehill and Broomlands families | At home where its safe to do so, Children 1 st family wellbeing family room, outdoors in a private space. |
| Relational and recovery focused blended family support and money advice. | Children 1 st Money Advice Worker Community based Family Wellbeing Worker | Bourtreehill and Broomlands families | At home, school, Children 1 st Family Wellbeing hub family room. |
| Social Media engagement and support - We will continue growing our closed groups for Kinship and Pre School families We will continue to consult and engage with the local community of Bourtreehill | Children 1 st Community and Family Engagement Worker Community based Family Wellbeing Worker | Bourtreehill and Broomlands parents/ carers and young people Bourtreehill and Broomlands community members and groups operating in the area. | Via social media pages and doorstep deliveries of provisions. Access to hub safely. |

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| and Broomlands via our Community Children 1 st page | | | |
| Outdoor whole family pop up play and outdoor learning sessions | Children 1 st Community and Family Engagement Worker Community based Family Wellbeing Worker | Bourtreehill and Broomlands families | At hub, in village or in Bourtreehill Park |
| Family music sessions: using music and the support of local musicians in Ayrshire we will offer indoor and outdoor music for young people and their families | Children 1 st Community based Wellbeing Support Worker Local musicians | Bourtreehill and Broomlands families | Within Children 1 st hub safely/ village/ local halls or public outdoor spaces |
| Creative arts sessions: using the support and expertise of local artists in Ayrshire we will offer indoor and outdoor arts sessions for young people and their families | Children 1 st Community based Family Wellbeing Worker Local artists | Bourtreehill and Broomlands families | Within Children 1 st hub safely/ village/ local halls or public outdoor spaces. |
| Walking groups for kinship carers, new parents/ carers babies and preschool children. | Children 1 st Community and Family Engagement Worker Community based Family Wellbeing Worker | Bourtreehill and Broomlands families | Local area. |
| Wellbeing group for new or expectant parents/ parents of preschool children | Children 1 st Community and Family Engagement Worker Community based Family Wellbeing Worker | Bourtreehill and Broomlands families | Children 1 st hub safely, local halls or outdoor spaces. |

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| Youth groups and Peer Conversation Café's | Children 1 st Community and Family Engagement Worker Community based Family Wellbeing Worker | Bourtreehill and Broomlands families | Children 1 st hub safely, local halls, outdoor spaces or local schools. |
| Community Collaborations We will seek to explore and connect with key partners in statutory services, as well as others with the view to creating sustainable and collaborative pathways of support for the community | Children 1 st Community based Family Wellbeing Worker and hub team. | Bourtreehill and Broomlands families | Children 1 st hub and wider community. |
| Cost of the School Day We will offer community based, whole family support to break down the financial barriers during the academic year for children and young people to fully participate in their education. We will also develop relationships and referral pathways with our local Primary and Secondary Schools meanwhile exploring such barriers in each. | Children 1 st Community and Family Engagement Worker Community based Family Wellbeing Worker | North Ayrshire | At home, outreach in schools, Children 1 st Family Wellbeing hub, local community and online. |
| Imagination Library Free enrolment for babies and children up to the age of 5 to book gifting programme. Aiming to inspire a love for reading and learning in families as well as strengthening family relationships. Providing books to families regardless of their income aligns with the Scottish Attainment Challenge around equity. Promotion of the programme online and at events to raise awareness with children, families, and partners. | Children 1 st Community based Family Wellbeing Worker and hub team. | North Ayrshire | At home, nursery, Children 1 st Family Wellbeing hub, online and through outreach/ events. |

(b) No

(C) No

4. What difference will this project make within the locality and to local services and programmes?

Please include -

[a] How you will approach reducing inequality

[b] How this proposal fits with Irvine's priorities of:

1. **Employment and Economy –**
2. **Mental Health**
3. *Traffic and Parking*
4. **Influence and Sense of Control**

Families tell us they're not able to access help when they need it because their family don't fit certain criterion, or their challenges aren't "severe enough" to meet "thresholds". We believe that by being patient and curious within the relationship building journey we can encourage families to build trust and confidence in us and feel safe enough to be honest about what they need. We believe that this approach "doing with families and not to" encourages active engagement, is more effective, promotes impactful support and ultimately better outcomes for families, as well as reducing the need for statutory services and crisis intervention.

Our Family Wellbeing Worker and Community and Family Engagement Worker will aim to provide trauma responsive, and recovery focused early help for families who have experienced trauma, and or adversity living in Bourtreehill and Broomlands. Provision made available to families will be non-stigmatising and easily accessible for them. Our priority will be to maintain an approach that promotes the reduction of inequality across the community, therefore support will seek to include access to our existing money advice service, for the families that we connect with.

We will promote and use the power of conversation, connection, and engagement across the community to support the reduction of isolation that is felt and will be consistently mindful of the key emerging themes that feature within the community. Our approach when working alongside children and families will be paced, relational and always without judgement. By committing and seeking to understand the individual journeys of children and families at their pace, we hope to build strong, transparent relationships. We have learned that creating strong partnerships and applying a joined-up approach to supporting families can produce better more sustainable outcomes for children and families – we will therefore practice using a hub and spoke approach to support offered, that will empower children and families to create their own bespoke networks of support that promote recovery for their **whole** family.

We have been lucky to have had the opportunities to build strong partnerships with NA HSCP, Police Scotland, Connected Communities, Education, and other key external partners that together will offer an effective landscape of support for children and families living in the community. The physical location of the Family Wellbeing Hub is key to our approach, in that it is local to children and families, accessible to them, and sits right in the heart of their community.

(b)

| Children 1st Key Activity | Associated Priority | Irvine | Expected outcomes | How we would measure this |
|---|---------------------------------|--------|--|--|
| Trauma informed and recovery focused whole family support. Inclusive of one-to-one sessions if required for children, young people or parents/ carers | Mental Health | | <ul style="list-style-type: none"> Reduction in distress in children Improvement in how families express themselves Stronger family relationships | <ul style="list-style-type: none"> Internal outcomes monitoring Feedback from families Observations Family stories |
| Relational and recovery focused blended family support and money advice. | Employment & Economy | | <ul style="list-style-type: none"> Income maximisation for families Appropriate benefits claimed Reduction in money worries | <ul style="list-style-type: none"> Internal financial gain monitoring Feedback from families Observations Family stories |

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| <p>Social Media engagement and support - We will continue growing our closed groups for Kinship and Pre School families</p> <p>Continue to consult and engage local community of via our Community Children 1st page</p> | Influence & Sense of control | <ul style="list-style-type: none"> Families feel more included Communities feel more connected Families feel more active in their communities | <ul style="list-style-type: none"> Internal outcomes monitoring Feedback from families Observations Stories Social media polls |
| <p>Outdoor whole family pop up play and outdoor learning sessions</p> | Mental Health | <ul style="list-style-type: none"> Stronger family relationships Families spend more quality time together Families feel more active | <ul style="list-style-type: none"> Internal outcomes monitoring Feedback from families Observations Family stories |
| <p>Family music sessions: using music and the support of local musicians in Ayrshire we will offer indoor and outdoor music for young people and their families</p> | Mental Health | <ul style="list-style-type: none"> Improvement in families expressing themselves Family wellbeing improved | <ul style="list-style-type: none"> Internal outcomes monitoring Feedback from families Observations |
| <p>Creative arts sessions: using the support and expertise of local artists in Ayrshire we will offer indoor and outdoor arts sessions for young people and their families</p> | Mental Health | <ul style="list-style-type: none"> Reduction in feelings of anxiety Improvement in families expressing themselves Improved wellbeing | <ul style="list-style-type: none"> Internal outcome monitoring Feedback from families Observations |
| <p>Wellbeing group for new or expectant parents/ parents of preschool children</p> | Influence & Sense of control | <ul style="list-style-type: none"> Families feel more connected to communities and each other Strengthening relationships Improvement in families expressing themselves | <ul style="list-style-type: none"> Family stories. Observations Social media polls |
| <p>Youth groups and Peer Conversation Café's</p> | Employment & Economy | <ul style="list-style-type: none"> Reduction in feelings of isolation Families feel more included Parents/ carers and children able to express themselves | <ul style="list-style-type: none"> Internal outcomes monitoring Feedback from families Stories Observations |

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| Community Collaborations We will seek to explore and connect with key partners in statutory services, as well as others with the view to creating sustainable pathways of support for the community | Mental Health | <ul style="list-style-type: none"> • Improved emotional wellbeing • Children better able to express themselves • Better able to accept help | <ul style="list-style-type: none"> • Internal monitoring • Observations • Feedback • Stories | outcomes |
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5. Please give an overview of the engagement that has taken place in relation to the project

In response to the pandemic we continued to remain connected to children, young people and their families as well as the local community in as many creative ways as possible. Our learning from supporting families throughout the Pandemic was that we were still able to build relationships, listen and provide help to families when they needed it being flexible, positive, and truly trauma informed, and recovery focused. Our support continued for families we were already connected with by telephone, MS teams calls and sessions with the family or with children, writing letters, sending packages, doorstep deliveries and visits as well as garden visits and sessions. We analysed this impact through asking families to which we received photos, quotes, impact canvases, voice recordings and cards with lovely comments of thanks.

We also opened our hub window daily during lockdown periods to continue to send a message of hope and support to the community creating themes within the window displays and interactive activities for families walking in the village to see and take part in, this included Christmas, Kindness and Relationships, Easter, Health and Well-being, LGBTQI+ and the outdoors.

We optimised the opportunities of being able to continue relationships and conversations with partners across North Ayrshire using MS teams calls by meeting regularly throughout the pandemic to identify need and work together to best support families when they required support more than ever. Children 1st also continued to remain connected to the Community Planning Partnership Forum virtually for working groups and chat chats. We also regularly connected with Elaine Baxter, Angela Morrell, Community Link workers, Service Access teams, Community Hubs, School hubs, Active Schools, CAMHS, Citrus Energy, Christians Against Poverty, Police Scotland and the North Ayrshire Rangers

We created three facebook groups which have grown and also in engagement and activity in the last year. We now have 467 families within our Children 1st community page, 55 families on our Kinship Group and 99 families on our Pre School page. Within these pages and groups, we are able to receive feedback from families around our impact, with them showing photos and sharing comments on the support and resources provided by us.

We often offer polls to families to again gauge from them what they feel would be beneficial as part of our aim to continually co-design support and we have had as many as 63 families voting. This method of support has been described by families as “above and beyond..”, “..you do our community proud..” and “..a breath of fresh air..”

There continues to be a need for early help for families in the local area with a model of engaging families on various platforms that gives them options, autonomy over their own choices, and pace, when it comes to how they explore their trauma. At this time, we have a waiting list of 36 local families who would benefit from this model of support whom at this time we cannot reach. A number that appears to increase weekly, and hence the need for a role that provides a connection through engagement activities (Community and Family Engagement Worker) and another for more in-depth trauma informed and recovery focused support from a family wellbeing worker (Family Wellbeing Worker)

6. Please tell us how the project will be managed

Please include -

[a] *How the finances will be managed*

Children 1st has robust financial management systems in place to manage the whole organisations finances. We have a central finance team who support our local services to accurately monitor and report on the funding we receive to support our work.

The local Service Manager, Kirsty Aitken and Assistant Director, Fiona McBride are responsible for the day-to-day financial management of the project. They are experienced in managing high value, complex budgets and bring a wealth of experience to this area.

[b] Does the proposed project contribute to volunteering or employment opportunities in Irvine?

Please include the number of volunteering opportunities and employment opportunities

At present we have 2 active volunteers who support our current work, alongside children and families. In response to a growing need for local, community-based support, Children 1st have invited a further 5 volunteers to join the HUB, and who will support all key engagement and recovery activities facilitated by the Hub team. Our intention is to connect and match our new volunteers with children and families between August and October 2022.

[c] If there are any staff requirements, please outline your HR plans

This funding will support two posts to deliver the support set out in this application. We have an existing member of staff that has shown an interest in the Community and Family Engagement role, which would allow us to start the project quickly along with support from the wider leadership team in North Ayrshire.

Children 1st will recruit the second post on successful award of the grant. Based on our experience we would anticipate having a fully staffed team in place within 3 months of the award date.

[d] Is there evidence of partnership working in relation to the project within Irvine locality?

The North Ayrshire Family Wellbeing Hub works to support children and families in the most relational sense. We appreciate and understand the importance and value of “working together” not just with the children and families that we are connected to, but our key partners across the locality. This has been outlined in the grid below

| Referral source/ partner | Relationship/ collaborative work | Impact on children and families |
|------------------------------------|--|--|
| Carole Doig DHT/ Greenwood Academy | <ul style="list-style-type: none"> Referral pathway via Team Leader for recovery focused family support Weekly input via Community Engagement Worker for wellbeing groups and drop in for young people Youth Arts programme being offered in school with C1st Community Engagement Worker and local artists | <ul style="list-style-type: none"> Improved attainment for children and young people New skills and training opportunities for young people Improved emotional health and wellbeing for families Improved Community Connections for families Children and young people develop their creative skills Children and young people influence or lead on opportunities and have their voices heard. |
| Gary Moore/ Active Schools | <ul style="list-style-type: none"> Referral pathway via Community Engagement workers C1st staff supporting Active schools' trips to Arran for C1st families | <ul style="list-style-type: none"> Children, young people and families are more active in their communities Children, young people and families have improved resilience |

| | | |
|--------------------------------------|--|---|
| | <ul style="list-style-type: none"> • Access to leisure passes for KA leisure at reduced rate with bespoke support for C1st families – bespoke agreement/ partnership to better support families impacted by trauma and adversity access leisure opportunities • Access to Summer activity schemes including water sports for C1st children and young people – priority booking • Free wellbeing packs offered to C1st families to support walking, health and nutrition. • Ongoing conversations and meetings on MS to learn about our approaches, experiences, share learning around trauma and a trauma informed approach to families who may find it difficult to access leisure opportunities. | <ul style="list-style-type: none"> • Children, young people and families have improved wellbeing • Families spend more time together • Children and young people develop hobbies and interests |
| Ritchie Cummings/ National Galleries | <ul style="list-style-type: none"> • Referral pathway via C1st Community Engagement Worker • Groups facilitated by Ritchie supported by C1st offering families, children and young people to experience art indoor and outdoors. • Ongoing conversations and meetings to share learning and experiences with families, children and young people, information on projects and accessing additional artists connecting with youth Arts at C1st. • Priority booking for C1st families and children and young people for sessions with Ritchie and closed C1st groups. • Life Hacks art packs provided for children, young people and families connected to C1st for doorstep delivery. | <ul style="list-style-type: none"> • New skills and training opportunities for young people • Improved emotional health and wellbeing for families • Improved Community Connections for families • Children and young people develop their creative skills • Children, young people and families influence or lead on opportunities and have their voices heard. • Children, young people and families are more active in their communities • Families spend more time together • Children and young people develop hobbies and interests |
| Scott Morrison/ KA Leisure | <ul style="list-style-type: none"> • Referral pathway through C1st Community Engagement Worker • Access to leisure passes for KA leisure at reduced rate with bespoke support for C1st families – bespoke agreement/ partnership to better support families impacted by trauma and | <ul style="list-style-type: none"> • Children, young people and families are more active in their communities • Families spend more time together • Stronger family relationships • Improved emotional health and wellbeing for families |

| | | |
|---|--|--|
| | <p>adversity access leisure opportunities</p> <ul style="list-style-type: none"> • Ongoing conversations and meetings on MS to learn about our approaches, experiences, share learning around trauma and a trauma informed approach to families who may find it difficult to access leisure opportunities | <ul style="list-style-type: none"> • Children and young people develop hobbies and interests • Children, young people and families have improved resilience |
| Linda Tedford / NA Ranger | <ul style="list-style-type: none"> • Referral pathway via C1st Community Engagement Worker • Access for whole families to sessions outdoors in the Eglinton Community Gardens supported by C1st • Local produce grown in Eglinton Community Graden provided through hampers for families for cooking activities. • Linda facilitates nature walks/ wildlife sessions in our local park and at our hub in school holiday periods supported by Children 1st for families. | <ul style="list-style-type: none"> • Children, young people and families are more active in their communities • Families spend more time together • Stronger family relationships • Improved emotional health and wellbeing for families • Children and young people develop hobbies and interest • Improved Community Connections for families • Families have increased awareness of the benefits of outdoor experiences. |
| Harry Richards / Ayrshire Wildlife Trust | <ul style="list-style-type: none"> • Referral pathway via C1st Community Engagement Worker • Access for whole families to sessions outdoors in Irvine's nature reserves supported by C1st cycling/ pond dipping. • Harry facilitates nature walks/ wildlife sessions in our local park and at our hub in school holiday periods supported by Children 1st for families. | <ul style="list-style-type: none"> • Children, young people and families are more active in their communities • Families spend more time together • Stronger family relationships • Improved emotional health and wellbeing for families • Children and young people develop hobbies and interest • Improved Community Connections for families • Families have increased awareness of the benefits of outdoor experiences. |
| Kirsty Pennycook/ Lead Artist Starcatchers Creative Kin | <ul style="list-style-type: none"> • Established 4 years of working together to bring arts to early years kinship families • Supporting kinship families impact ed by trauma and adversity through our partnership and creative activities • C1st support Creative Kin kinship family sessions in the Harbour Arts Centre weekly • We jointly host monthly whole family events in Eglinton Park, Kelburn Country Park and other | <ul style="list-style-type: none"> • Families spend more time together • Stronger family relationships • Improved emotional health and wellbeing for families • Children and young people develop their creative skills • Children, young people and families influence or lead on opportunities and have their voices heard. • Families have more resilience • Increased understanding of the impact of trauma |

| | | |
|--|---|--|
| | <p>locations as well as door step support to individual families</p> <ul style="list-style-type: none"> • Hub window displays to connect families to the support and to share art more widely the local community. • Weekly reflection conversations | |
| Pauline McCulloch/ St John Ogilvie EY and Primary School | <ul style="list-style-type: none"> • Continue to gather their views and opinions of strengths and challenges for their school, local community and needs of children locally. • Direct work together with children and families • Facilitating groups or events on an outreach basis and also providing opportunities for children and young people/ families to attend groups/ events at the Hub. | <ul style="list-style-type: none"> • Children, young people and families influence or lead on opportunities and have their voices heard. • Improved attainment for children and young people • New skills and training opportunities for young people • Improved emotional health and wellbeing for families • Improved Community Connections for families |
| Jennifer Lang/ Turning Point PEAR | <ul style="list-style-type: none"> • Relationship established and strengthened via C1st research project 2020/21 via Project Worker at C1st • PEAR was part of our steering group to monitor and evaluate the research projects journey, connect C1st to relevant agencies and the recovery community • C1st project worker supported parents in recovery at groups on an outreach basis • C1st project worker supported groups for PEAR volunteers with lived experience of drug and alcohol problems. • PEAR support promotion within the Hub window display to connect with families in local community around their service • C1st project worker and family support team attended fun days and pop up events facilitated by PEAR to connect with families and children in the recovery community. • C1st consulted with families in recovery via PEAR facebook pages and offered practical help with door step deliveries of hampers/ wellbeing packs and gifts for families during the pandemic. | <ul style="list-style-type: none"> • Improved emotional health and wellbeing for families • Improved Community Connections for families • Children, young people and families influence or lead on opportunities and have their voices heard. • Families have more resilience • Increased understanding of the impact of trauma • Families spend more time together • Stronger family relationships • Children, young people and families are more active in their communities |

| | | |
|-------------------------------------|---|--|
| Carol McGinley/ Early Years SW | <ul style="list-style-type: none"> • Partnership in working directly with EY families • Improving wellbeing of families and life long outcomes for babies and children up until school age. • Working together to reduce CP registration for babies and children up until school age • Regular practice sharing and reflection sessions between EY SW team and C1st • C1st and student EY SW facilitating a parent wellbeing group together at the hub. • Quarter impact and evaluation sessions between EY SW team and C1st. | <ul style="list-style-type: none"> • Families are better able to seek and accept support • Reduction in Child Protection registration for babies and children up until school age • Families spend more time together • Stronger family relationships • Improved emotional health and wellbeing for families • Families have more resilience • Increased understanding of the impact of trauma • Children, young people and families influence or lead on opportunities and have their voices heard. |
| Liz Sullivan/ Community Development | <ul style="list-style-type: none"> • Access for families connected to C1st to devices during the pandemic for door step delivery to promote connectedness and to support learning at home • Art packs for young people and families provided to C1st for doorstep delivery • Opportunities for C1st to contribute to virtual community centre online to consult with young people as part of our research project 2020/21 | <ul style="list-style-type: none"> • Families are better able to seek and accept support • Children, young people and families influence or lead on opportunities and have their voices heard. • Children, young people and families are more active in their communities • Improved Community Connections for families |
| Police/ Sergeant Raymond Ferguson | <ul style="list-style-type: none"> • Established relationship and strengthened throughout project within Greenwood Academy where C1st facilitated wellbeing groups as part of Young start Project 2019/20 alongside Raymond. • Raymond supported a local family specifically a young mum alongside her C1st family support worker to help repair her relationship with the police, build a rapport and prepare her for court case. • Raymond remains connected to C1st Family Wellbeing Hub and the local community visiting the hub and encouraging officers to remain connected • Ongoing sharing of learning and experiences | <ul style="list-style-type: none"> • Families are better able to seek and accept support • Children, young people and families are more active in their communities • Improved Community Connections for families • Children, young people and families influence or lead on opportunities and have their voices heard. • Increased understanding of the impact of trauma • Children, young people and families are more active in their communities |

| | | |
|--|--|--|
| | around trauma informed approach to families impacted by trauma and adversities | |
|--|--|--|

7. Amount of funding being requested

Please supply details of the amount of funding being requested and any **other** funding you have had over the past 5 years, both financially and 'in kind'.

| | |
|-------------------------------------|----------------|
| Amount of funding requested: | £97,580 |
|-------------------------------------|----------------|

Please include detail on -

[a] Breakdown of costs if available;

[b] Recent quotations where appropriate

| | |
|------------------------|---------------|
| Salary Costs | 76,944 |
| Other Staff Costs | 4,325 |
| Property Costs | 1,522 |
| Office & Support Costs | 2,919 |
| Service Activity Costs | 3,000 |
| Management Overheads | 8,871 |
| Total | 97,580 |

8. Monitoring and evaluation process

Please include detail on –

[a] What monitoring, and evaluation processes are planned/ in place

Children 1st recognises the importance of learning through monitoring and evaluation. We have built in robust processes for ongoing and dynamic monitoring and evaluation and opportunities to gather direct feedback from children, young people and families. Our systems enable us to track specific outcomes for children, young people and families to provides clear data to demonstrate impact.

This is complimented by the stories which children, young people and families tell us, this helps us to understand the impact our service makes and identify areas for improvement.

Monitoring progress towards outcomes is built into all our services and work. We have clear processes and procedures for monitoring outcomes, this includes:

- Staff record progress against outcomes for each family they are working with. Outcomes are reviewed with families on a monthly basis.
- Gathering feedback and stories from families
- Monthly review of service outcomes by Service Manager
- Quarterly internal reports on service performance, completed by regional Assistant Director and reviewed by Director of Children and Family Services
- Quarterly performance report for Children 1st Board
- Annual organisational data review and impact report
- Any barriers to making progression towards outcomes are recorded in service or organisational risk log, and actions are produced and reviewed at subsequent meetings.



Locality Partnership: Irvine Locality

Date: 26th September 2022

Subject: To update the Locality Partnership on the Elderly Grants Fund 2022/23 Budget and advise the meeting of applications received in respect of the 2022/23 Elderly Grants Fund.

Purpose: To approve the Elderly Grants 2022/23 Budget and consider the applications as outlined in Appendix 2 to this report.

Background: The Elderly Grants budget is set according to area elderly population and details are attached at Appendix 1.

The 2022/23 Elderly Grants budget for the Irvine Locality is **£15,049**.

Applications have been received in respect of the 2022/23 Elderly Grants Fund.

Key Points for Locality Partnership

- The Elderly Grants budget is attached at Appendix 1 of this report for information and approval.
- Consideration to be given to the applications at Appendix 2.

Action Required by Locality Partnership

- To approve the 2022/23 Elderly Grants budget
- To consider the applications for grant funding as outlined in Appendix 2 to this report.

For more information please contact: *Angela Morrell, Senior Manager, Connected Communities, 2nd Floor Cunninghame House, Irvine.*
Email - amorrell@north-ayrshire.gov.uk

Completed by: *Rosemary Ramsay, Funding Officer Connected Communities*
(rosemaryramsay@north-ayrshire.gov.uk)

Date: 20.9.22

APPENDIX 1

Elderly Grants Budget 2022-23 £59,530

| | Population Aged 65+ (MYE 2020) | Areas population aged >65 as % of North Ayrshire's Elderly Population (MYE 2019) | Grant Allocation (£) based on pro-rata allocation | Organisation |
|--------------------------------|--------------------------------------|---|---|--|
| Broomlands/Bourtreehill | 1,132 | 3.67 | £2,185 | BABCA |
| Lawthorn/Girdle Toll etc | 1,574 | 5.10 | £3,038 | LBLB & Girdle Toll Age Concern |
| Dreghorn | 886 | 2.87 | £1,710 | Dreghorn Old Peoples Welfare Committee |
| Drybridge | 92 | 0.30 | £178 | Drybridge Hall Management Association |
| Springside | 266 | 0.86 | £513 | Springside Community Association |
| Rest of Irvine | 3,848 | 12.47 | £7,426 | Irvine Joint Wards Old Peoples Welfare Committee |
| IRVINE | 7,798 | 25.28 | £15,049 | |
| Kilwinning Burgh | 1,563 | 5.07 | £3,016 | Kilwinning Burgh Old Peoples Welfare Committee |
| Kilwinning Landward | 1,786 | 5.79 | £3,447 | Kilwinning Landward Old Peoples Welfare Committee |
| KILWINNING | 3,349 | 10.86 | £6,463 | |
| Arran | 1,472 | 4.77 | £2,841 | Arran CVS (distributed to groups on Arran on our behalf) |
| Stevenston | 1,916 | 6.21 | £3,698 | CLASPS Stevenston (HOPE Project) |
| Ardrossan | 2,266 | 7.35 | £4,373 | Three Towns OIR |
| Saltcoats | 2,544 | 8.25 | £4,910 | Saltcoats Old People's Welfare |
| THREE TOWNS & ARRAN | 8,198 | 26.58 | £15,821 | |
| Kilbimie/Glengarnock | 1,536 | 4.98 | £2,964 | Kilbimie & Glengarnock Age Concern |
| Beith | 1,582 | 5.13 | £3,053 | Beith Old People's Welfare Committee |
| Dalry | 1,251 | 4.06 | £2,414 | Dalry Old Folks Treat Committee |
| GARNOCK VALLEY | 4,369 | 14.16 | £8,432 | |
| Cumbræ | 492 | 1.59 | £949 | Age Concern Cumbræ |
| Largs | 3,803 | 12.33 | £7,339 | Age Concern Largs |
| Fairlie | 708 | 2.30 | £1,366 | Fairlie Old Folks Welfare Committee |
| Skelmorlie | 771 | 2.50 | £1,488 | Skelmorlie Senior Citizens Centre |
| West Kilbride | 1,359 | 4.41 | £2,623 | West Kilbride Community Support Group |
| NORTH COAST | 7,133 | 23.12 | £13,766 | |
| NORTH AYRSHIRE | 30,847 | 100.00 | £59,530 | |

**ELDERLY GRANTS FUND
APPLICATIONS FOR FINANCIAL ASSISTANCE 2022/23**

Grant Allocation for Irvine LPP Area

£ 15,049

| Group | Purpose of Grant | Grant Allocated to Group | Amount Requested |
|--|--|--------------------------|------------------|
| BABCA | Funding towards activities for elderly, including 3 course Christmas meal with entertainment, bingo events, weekly luncheon club, dominos, beetle drives and singalongs. | £ 2,185 | £ 2,185 |
| LBLB & Girdle Toll Age Concern | Funding towards activities for elderly, including organised trips and lunches, visiting artists, speakers and games events. | £ 3,038 | £ 3,038 |
| Dreghorn Old Peoples Welfare Committee | Funding towards Christmas lunch and entertainment and summer trip with tea out. | £ 1,710 | £ 1,710 |
| Drybridge Hall Management Association | No application returned to date. | £ 178 | £ - |
| Springside Community Association | No application returned to date. | £ 513 | £ - |
| Irvine Joint Wards Old Peoples Welfare Committee | Funding towards group outings and activities to reduce social isolation in the elderly. | £ 7,426 | £ 7,426 |



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Digital Irvine /
Irvine CLD Team

Irvine Locality Network Meetings

Following on from some of the great collaborative work that happened in the community hubs during the pandemic, locality officers and lead officers would facilitate locality network meetings to be held 4 times a year. This will give different departments and community organisations working within the locality the chance to come together, talk about what work is going on in the locality, and look at where we can have a more joined up approach, ensuring the best a collaborative approach to tackling locality priorities. Our locality network meeting will be held in Redburn Community Centre and the last date for 2022 will be Monday 21st November 2022.

Locality Chit Chat Events

Irvine Locality Chit Chat events are in planning stage and will be rolled out in 6 areas across Irvine in October and November.

Community Associations Update

All Community Associations are being provided with on-going support through the attendance of regular monthly meetings by CDW/LW. Weekly updates are also received from Office Bearers.

BABCA

Working with association on developing Festive/Christmas lunch for Overs 55's which will take place on Thursday 15th December in Towerlands CC. Café Solace have been contacted to maybe assist with the lunch provision. Entertainment and activities will also be provided on the day. The Christmas lunch will also be used to for engagement on proposed lunches that will be held weekly in the new year. An application for the elderly grant has been made to assist with the costings of the lunches. Irvine Seniors Forum have offered a donation towards the lunch.

Association are completing their CAT paperwork for the proposed Swing Park. Community Consultation has been held and will be collated into a report. The committee are still working on their business plan.

Drybridge HMA

Drybridge HMA currently provided with on-going support through the attendance of regular monthly meetings. Weekly updates are also received from Chairperson.

The committee held their AGM on Sunday 3rd July, and the committee were re-elected, with no changes to any of the office bearers positions.

The committee are currently working on a community questionnaire regarding the lack of path between on the shewalton road between the village and the Walkway across from GSK. I've made contact with Kate Cuthbert From Active Travel Hub. Awaiting response.

The committee are continuing to run their knitting and craft group every Thursday evening for anyone that is wanting to learn or just come along for a chat. The committee also held a Trash and treasure event and also a quiz night in July which was well attended.



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The association are hosting a Sally Buxton evening on 21st October, and a Christmas Fair on Friday 18th November. The committee are also looking to host a Bingo night in December.

Dreghorn CA

Ongoing support is being provided to community association to attract new members and for members to take on active roles within the association.

Oldhall Energy Recovery Plant.

Collated a list of key contacts for a proposed community liaison Committee that will engage with the community regarding the proposed Oldhall Energy Recovery Plant. Irvine CLD team and Business Development team are working with their marketing team to carry out a consultation in the local area.

Springside CA

Springside Community Association are hoping to open their community larder on Friday 30th September. CA are in process of recruiting volunteers and will work on a rota to allow them to open up twice per week. Visit from environmental health (14/09). Larder is ready to go with only ambient foods. The carpet is an issue, for the larder to provide fresh foods the flooring needs changed. They plan on opening with ambient food just now and they are looking into changing the flooring.

Castlepark CA

Castlepark CA held their AGM on 24th May with 21 attendees and a full committee elected. The SCIO application and CAT mentioned in the last report has been withdrawn, citing a lack of resources within Castlepark CA to complete all the work required for such a large project. The association continues to work on their strengths in running the centre and providing activities and spaces for the people of Castlepark and Eglinton through their regular groups and funding opportunities. The community café has delayed due to technical difficulties with the REHIS qualification, but we hope to get this moving as soon as possible.

Ongoing training opportunities continuing to be offered to the associations through the Leadership Collective Training Programme.

Community Leadership Collective

The Community Leadership Collective is continuing to offer an array of training opportunities for community organisations which are promoted through the Irvine Virtual Community centre and at community association meetings and community engagement events.

Broomlands, Bourtreehill and Girdle Toll Community Council information session

An info session was held in Towerlands Community Centre on Monday 13th June. The meeting was poorly attended and there was not a lot of community buy in at the meeting with regards to re-establishing a community council in the area.



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Irvine Youth Work

Youth Groups

Redburn P7 Group – 0 (none week 1, week 2 public holiday – pushing again with schools)
Redburn Senior Youth Group – 11
Be U Girls Group – 7
Dreghorn Youth Group – 27
Springside Youth Group – 6
Vineburgh Youth Group – 4
Broomlands, Bourtreehill and Girdle Toll Youth Group – 21
Irvine Youth Forum – 7

Total young people engaged in youth work - 77

Street work

Springside – 3
Vineburgh – 3
Bourtreehill – 10
IYF Friday drop in – not started

Breakfast Club - 39

Irvine Adult Learning Courses

The next run of an **Introduction to Computing** will start on Tuesday 27th September 10.30-12.30pm in Redburn Community Centre. The course will run for 9 sessions and will aim to teach learners the basics of computing (including Email, Internet, Social media, and Microsoft packages). Learners can register for the course through the following link: <https://forms.office.com/r/yW9D7aixKD>

Cooking on A Budget Course will aim to commence in October (date to be confirmed) in Towerlands Community centre, with the intention of delivering a 6 week sessions that will teach learners how to source, cost, prepare and cook healthy food on a minimum budget. The course will also teach food hygiene methods, and health and safety techniques around the kitchen. Once the course has been developed, it was also be running in Springside Commuynnty centre Once they have opened their Food Larder.

An **Introduction Video Production Course** is currently being developed. The 8 session course will teach learners the basics of video production (Pre-production, production and post production). The course will include the following:

- Basic Camera and framing skills
- Basic Lighting
- Sound Recording techniques
- Video Editing and post production Skills
- Using Green Screen
- Creating videos for Social media
- Presentation and Video Interview techniques

The course will start at the end of October. Date and Venue to be confirmed.

Currently planning **Safe Social Media Workshops** for parents which will be held in Castlepark Community Centre in End of October/November.



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Currently liaising with **Trindlemoss Day Opportunities** to look at delivering adult learning opportunities to learners with supported learning needs.



Employability

Literacy/Employability support

Literacy and Numeracy 1-1 Support currently being offered by Literacy Worker at Redburn Community Hub and via online through zoom. As of the end of April, 12 learners have been supported, and are attending weekly sessions. Referrals are ranging from CEIS- Employability Pipeline, Community Link Workers, and self-referral. Any referrals can be made online by learners and partnering agencies through the following link: <https://forms.office.com/r/fn61z6R6cP>

CEIS

Euan and Jennifer Haining (Literacy Tutor) met with CEIS on Monday 9th May to discuss better linkage in terms of the literacy referrals, and to also discuss possible routes for volunteers to assist with the local Food larders and Community Associations.

Ambition Agreement

Ambition agreement – focussing on young people age 16+ - Young persons centred approach to creating their own positive pathway. Staff support young people with training, accreditation/awards, support for soft skills, volunteering and work experience.

Modern Apprentice Youth Work

Our MA programme has continues to support young people completing their SVQ whilst on the job learning. These young people are entering employment and further education with not only the knowledge of CLD and youth work outcomes but the experience of planning, delivery and evaluating effectively amongst a wealth of other



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skills. At the end of the apprenticeship we create exit strategies and support them onto the next step of further learning, employment and volunteering.

Newsletter Toolkit

Following on from the first edition of the Chit-Chat newsletter, Euan is currently working with Literacy Worker to develop Community Newsletter Training Kit, that will be available for all groups and localities. The toolkit has been developed, and aiming to liaise with the Comms team to develop a user friendly layout.



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Mental Health and Wellbeing

Mental Health and Wellbeing

Please see attached mental health and wellbeing locality mapping of provision.



North Ayrshire
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Irvine

Locality Progress Report

January – March 2021



Poverty

Summer Holiday Meal Programme – Elevating Poverty and enhancing food system in Irvine

Irvine Locality Team are working in partnership with community associations to deliver holiday meal provision. This will be a targeted approach to pupils who will be identified by the school and flyers will be issued to larders for distribution to families who access the support who have children. NAC catering team will provide hot meals and sandwich platters during the Easter holidays to the following venues:

Areas and total engagements:

- Towerlands Farm Community Centre – 529 total engagements
- Redburn Community Centre – 802 total engagements
- Vineburgh Community Centre – 848 total engagements
- Fullarton Community Centre – 681 total engagements
- Springside Community Centre – 277 total engagements
- Greenwood Academy (Teenage Hub) – 619 total engagements

Working in partnership with a range of partners SSF, Children's 1st, Greenwood Academy youth work staff, active schools, impact arts, NA rangers and KA Leisure.

Activity and food hubs will be operational Monday 4th July till Friday 12th August 11:30-2:30pm. Monday to Friday for full 6 weeks summer holidays.

Choices Community Matters

There are now 453 members who have registered with choices community matters larder which is a partnership between Fullarton CA and Vineburgh CA. Choices is open Monday, Wednesday and Friday 10am – 1pm where members can access low-cost food, readymade meals and have access to essential items like toiletries. Each member has to book an appointment and will receive 1-1 support if they require any help in terms of employability support, volunteering opportunities, cooking on a budget and developing skills in terms of budgeting. Sign posting individual and families onto other services such as money matters, community link workers, employability and skills – a person centred approach to helping clients overcome any issues they might identify. Choices Community Matters were successful with their NAVT bid of £30,000 this has allowed them to employ administrative support for the project.

Farm Basket Food Larder

Euan continuing to provide support to The Farm Basket Food Larder at Towerlands Community Centre, who now have 96 members accessing the service. The Farm Basket is currently open Monday 10am-1pm, Wednesday 4pm-7pm, and Friday 2pm-5pm. BABCA are currently in the process of completing their RFS1 Community Asset Transfer Application for spare ground behind the centre in order to develop a community garden to grow produce for the Farm Basket. The association are in the process of developing their business plan, and community engagement process

Springside Larder

Springside Community Association are hoping to open their community larder on Friday 30th September. CA are in process of recruiting volunteers and will work on a rota to allow them to open up twice per week. Visit from environmental health (14/09). Larder is ready to go with only ambient foods. The carpet is an issue, for the larder to provide fresh foods the flooring needs changed. They plan on opening with ambient food just now and they are looking into changing the flooring.

Breakfast Club



North Ayrshire
Community Planning Partnership

Irvine

Locality Progress Report

January – March 2021

Breakfast Club is still taking place every second Saturday from 10am- 12pm at Redburn Community Centre. There are around 10 volunteers and young people who make and serve the food to the local community. Currently feedback is collated through conversations with people who attend breakfast club. Some of those who attend the group and request help with recovery are now engaging with other services such as rehabilitation and other community-based initiatives. The breakfast club has around 40 regular attendees who come from the Redburn area.



Green Health

Please see attached Bourtreehill Consultation report

For further information contact: Elaine Baxter, Locality Officer – Irvine, Redburn Community Centre, Dickson Drive, Irvine. Email: ebaxter@north-ayrshire.gov.uk Tel: 01294 313593 Mob: 07814418453

Mental Health & Wellbeing Community Mapping

Irvine Locality



North Ayrshire Council
Comhairle Siorrachd Àir a Tuath

Introduction

As Mental Health and Wellbeing Project Delivery Officers within the Connected Communities team, we want to develop an awareness of mental health and wellbeing resources and supports within the local community.

This mapping exercise, for the Irvine Locality shares readily available information and research that has been collected during an ongoing community mapping process.

Ensuring young people between the ages 5-25 have access to quality information and services, and where appropriate advice and counselling signposting opportunities.

If you or somebody else is needing a bit of emotional support, it can be a little scary knowing what to Google, who to turn to and what you can do to manage your emotions in a healthy way. It's important to talk to someone about how you are feeling. This could be a family member or friend, your GP or by calling a helpline.

Remember if you or someone else is in immediate danger call 999.

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1. Mental Health Specific
2. Educational Support
3. Indoor Physical
4. Volunteering
5. Arts and Culture
6. Outdoor and Green Spaces
7. Social Support
8. Wider Support

Mental Health Specific Support

| Name of Group/ Activity | What do they do? | Age Range | Location | Run By Name & contact details |
|---|---|--------------|--|--|
| Project Delivery Officer Mental Health and Wellbeing | MHWB support, spotlighting, delivery of workshops, Mental Health First Aid and peer support. | 5-25 | Irvine Kilwinning North Coast | Vicki Andrew vickiandrew@north-ayrshire.gov.uk |
| B You Girls | Youth group for girls aged 11+ issue based topics and wellbeing sessions covered | 11+ | Redburn Community Centre | irvinelocalityteam@north-ayrshire.gov.uk |
| Youth Activity | Youth group for ages 11+ who participate in various activities. Group work and 1:1 support from youth workers and community workers | 11+ | Redburn Community Centre Springside Community Centre Dreghorn Community Centre Vineburgh Community Centre | irvinelocalityteam@north-ayrshire.gov.uk |
| 1:1 Buddy Walks | Supported walks for those who need additional support or to build confidence | | Various | info@kaleisure.com |
| 1:1 Doorstep Walks | Doorstep walks are for those that may need a higher level of support | | Various | info@kaleisure.com |
| Breaking Ground | Social and Horticulture service, offers training and recovery for individuals experiencing short term MH problems | | Eglinton Park | Linda Tedford lindatedford@north-ayrshire.gov.uk 07966527094 |
| Turning Point Walking Group | Walking group for people experiencing addiction, drug or alcohol issues | | Meet Greggs at Asda Irvine | Leanne Kerr leannekerr@turningpointscotland.com |
| Addictiion/Problematic alcohol drug issues 1:1 and Group Support | Support and advice | | Fullarton Community Hub/Castlepark Community Centre | Turning Point 01294 447407 |

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|---|--|--------------|---|--|
| <p>Grub n Gospel</p> <p>Mental Health and addiction support 1:1</p> <p>Mental Health Recovery Group</p> | <p>Free 2 course meal followed by praise and worship and a guest speaker shares about how life is today after going through some difficulties such as depression, alcohol, drugs or family issues</p> <p>Suport and Advice on managing addiction and Mental Health</p> <p>Recovery Support Group</p> | | <p>Fullarton Connexions/Fullarton Hub</p> | <p>Community Matters Andy 07946663155 Leeanne Bratton 01294 278207</p> |
| <p>Umbrella Project</p> | <p>Non Clinical Mental Health support</p> | <p>18-65</p> | <p>Old Parish Church Hall</p> | <p>Crossreach Stuart Dudgeon stuardudgeon@crossreach.org.uk</p> |
| <p>NA Wellbeing and Recovery College</p> | <p>Open to anyone that lives, works or studies in NA</p> | <p>16+</p> | <p>Michael Lynch Centre for Enterprise, KA22 8DG</p> | <p>RAMH Jeanette Allan jeanetteallan:ramh.org</p> |
| <p>Mind and Be Active</p> | <p>Aims to improve MHWB of individuals by providing support to increase levels of physical activity</p> | | <p>The Portal</p> | <p>KA Leisure</p> |
| <p>A New Hope</p> | <p>A New Hope! Is a peer support mental health group where anyone is able to talk and open up about their own feelings, in a safe and non-judgemental space.</p> | <p>16+</p> | <p>Various: Based in Saltcoats with some Events throughout North Ayrshire</p> | <p>Keith Lavelle Contact@anewhope.co.uk</p> |
| <p>C.A Meeting</p> | <p>Cocaine Anonymous support group</p> | | <p>Springside Community Centre</p> | <p>Claire Stevenson bobbyduk@icloud.com</p> |
| <p>The AA</p> | <p>Alcoholics Anonymous support group</p> | | <p>Dreghorn Community Centre</p> | <p>Ann dreghorncommunitycentre@gmail.com 07590459917</p> |
| <p>Active Kindness</p> | <p>Group with the aims of doing random acts of kindness to help improve mental health and wellbeing in community</p> | <p>All</p> | <p>Irvine</p> | <p>activekindness1@gmail.com</p> |

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|--|---|-----------------------|--|--|
| Corporate Parenting Champions Board | Support for Care Experienced Children | 15-22 | North Ayrshire Wide | rebeccablack@north-ayrshire.gov.uk |
| Wellbeing Workshop ACES+Trauma Mental Health and Well being in Sport | Sport and physical activity to engage with vulnerable and disadvantaged young people and families | Under 25 | Various | Scottish Sports Futures hana@ssf.org.uk chloe.heyburn@ssf.org.uk |
| Helping Hands | Recovery support group | | Vineburgh Centre | Darren Anderson https://www.facebook.com/groups/561497111714605 |
| 1 to 1 Coaching Mind and Body Finding the Real Me Capacitar | Building Resilience, Emotional Awareness and Health awareness | | North Ayrshire Wide | Claire Young claire@claireyoungphysio.co.uk |
| Unpaid Carers drop in events | We support unpaid carers throughout North Ayrshire by providing practical and emotional support such as; Information, Benefit maximization, Carers Assessments, Advocacy, Support, Training, Counseling, Stress Management, Advice, Support Groups, Learning Disabilities Liaison Worker, Signposting, Health Checks, 1:1 Support & Legal Surgeries, Time out, Group Activities. | 16+ | Irvine/North Ayrshire Events | northayrshire.carers@unity-enterprise.com 01294 311333 |
| Family Learning Team Community support events out with and within schools | Focusing on families, passionate about learning, inspiring communities | Children and families | North Ayrshire Wide | Family Learning Team NAC lauralandon@north-ayrshire.gov.uk 01294 552261 |
| Thinking Out Loud | Thinking out loud is not just our name, it's our advice. We are here to listen. Pop along to one of our groups for a chat and a cuppa. | All | Castlepark Community Centre Fullarton Hub | nicoladean7@hotmail.com or Facebook Page |
| Parenting Network Scotland | Scottish Parent Academy is a community response to building skills/confidence and gaining qualifications that are accessible online and at times to suit families. The Wellbeing Toolkit is a free resource to start your learning journey | All Parents | North Ayrshire Wide | https://www.parentnetworkscotland.com/ lizzib@pns.org.uk |

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|---|--|-------|--|---|
| NA Through Care | Throughcare provides support for young people (15-21 years of age) who are moving on from being looked after to live independently | 15-21 | North Ayrshire Wide Based Kilwinning Road | 08000197079 01294 315440 |
| MHWP Alliance Megans Space | Get people talking about all aspects of mental health and illness | | North Ayrshire Wide | Jenny/Rob Copeland Donna Shillinglaw jenny@megansspace.com donna@anewchaptercoaching.com 07751959216 |
| Barnardos: Hear 4U Ayrshire Attainment Shine Womans Mentoring Intandem Ayrshire Stronger Connections Stronger Futures In This Together | Fostering/Adoption Programmes and Support for young people and Families Child Protection Help Voice and Influence Young People | | North Ayrshire Wide | Barnados 01294 557439 https://www.barnardos.org.uk/what-we-do/services/hear-4u-advocacy-service-north-ayrshire/referral |
| Community Link Workers | Community Link Workers are non-clinical social practitioners who provide support for issues that go beyond the scope of medical treatment. | | North Ayrshire Wide | Leeanne Killen leeannekillen@north-ayrshire.gov.uk |

Educational Support

| Name of Group/ Activity | What do they do? | Age Range | Location | Run By Name & contact details |
|---|--|--------------|-----------------------------|--|
| Irvine Youth Forum | Youth forum for ages 12+ which aims to make Irvine area better for young people | 12+ | Redburn Community Centre | Irvinelocalityteam@north-ayrshire.gov.uk |
| Gaelic Language Classes | Learn Gaelic | | Castlepark Community Centre | Irvinelocalityteam@north-ayrshire.gov.uk |
| Equal Support Events in association with Eglinton Community Gardens | The Equal Team supports those with disabilities or long-term health conditions in North Ayrshire into Employment | 16+ | North Ayrshire Wide | Equal Supported Employment in NA supportedemployment@north-ayrshire.gov.uk |
| Ambition Agreement Employability | Positive Destination Support for school Leavers | 16-24 | North Ayrshire Wide | kieranmorrell@north-ayrshire.gov.uk paulmontgomery@north-ayrshire.gov.uk |
| Developing the Young Workforce Ayrshire | Scottish Government initiative to reduce youth unemployment & encourage better connectivity between education & the world of work | 16+ | North Ayrshire Wide | bmctaggart@ayrshire-chamber.org |
| Speech and Language Therapy | The Speech and Language Therapy Department assist individuals to reach their maximum communication potential and/or eating, drinking and swallowing skills. We empower relatives, carers and others to achieve a greater understanding of, and how to self-manage their concerns and needs. We will provide reassurance, advice/education, sign-posting to other services and where appropriate, assessment and intervention | | North Ayrshire Wide | For advice and guidance from an experienced Speech and Language Therapist, please call our helpline on 07833 233942 between 1.00pm and 4.00pm, every Wednesday |
| | | | | |

Indoor Physical Support

| Name of Group/ Activity | What do they do? | Age Range | Location | Run By Name & contact details |
|----------------------------|---|--------------|---------------------------------|---|
| Y Dance | Dance workshop for ages 10-21 | 10-21 | Redburn | IrvineLocalityTeam@north-ayrshire.gov.uk |
| Yoga | Yoga class Wednesdays and Saturdays | | Towerlands Community Centre | IrvineLocalityTeam@north-ayrshire.gov.uk |
| Pilates | Pilates Class | | The Portal | KA Leisure |
| Line Dancing | Line Dancing Class | | Fullarton Connexions | West Coast Stompers Gail Wilson 07723084257 |
| Pilates Tai Chi | Indoor Physical Classes | | Fullarton Connexions | Anita Mackie anitamackiepilates@gmail.com |
| Mind Body Movement | Gentle movement class suitable for all abilities including mobility issues | | Fullarton Connexions/Zoom | Claire Young cliare@claireyoungphysio.co.uk |
| Zumba Chair Zumba | Dance/Chair based fitness | | Fullarton Hub | Pauline Hughes 07807670267 |
| Dru Yoga | Gentle Yoga class focusing on breath and energy | | Irvine Community Sports Club | Donna Johnson damckeown@hotmail.com 07832329052 |

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|---|---|-----------------|-----------------------------|--|
| Dance Group | Dance activity for young people | Under 25 | Springside Community Centre | Claire Stevenson bobbyduk@icloud.com |
| Childrens Yoga Hatha Yoga Taekwondo | physical activities for young people | 5-8 8-12 16+ | Dreghorn Community Centre | Ann dreghorncommunitycentre@gmail.com 07590459917 |
| Chance2Be Active2Grow Shell Twilight Session Ghillie Dhu Program Young Leaders Progam | Sport and physical activity to engage with vulnerable and disadvantaged young people and families | Under 25 | Various | Scottish Sports Futures hana@ssf.org.uk chloe.heyburn@ssf.org.uk |

Volunteering

| Name of Group/ Activity | What do they do? | Age Range | Location | Run By Name & contact details |
|--|--|--------------|---|--|
| Friends of Eglinton Volunteers | Peer supports through outdoor activities helping to maintain Eglinton Park | | Eglinton Park | Joanne Faddes joannejohnstone@north-ayrshire.gov.uk |
| Eglinton Community Gardens- Food Garden Volunteers | Learning opportunities in gardening, growing food and cooking | | Eglinton Community Gardens (entrance road at Eglinton Park) | Linda Tedford lindatedford@north-ayrshire.gov.uk 07966527094 |
| Irvine Clean Up Crew | Co-ordinated Clean up events in local areas | | Various | irvinecleanupcrew@gmail.com |
| Weekday Volunteers | Learn Practical conservation skills and help protect wildlife | | Various reservations | Harry Richards hrichards@scottishwildlifetrust.org.uk |
| Community Cafe | Cafe run by volunteers in recovery. | | Fullarton Connexions | Cafe Solace Deirdre Oakley deirdreoakley@north-ayrshire.gov.uk |
| TACT Volunteering | NA Volunteer Service | | Various | The Ayrshire Community Trust Ann Wilson ann@tact.scot |

Arts and Culture

| Name of Group/ Activity | What do they do? | Age Range | Location | Run By Name & contact details |
|--|--|--------------|--------------------------------|--|
| Craft Group | Social crafting group | | Fullarton Connexions | IrvineLocalityteam@north-ayrshire.gov.uk |
| Art Club Craft Class Sewing Group | Meeting new people whilst doing Arts and Crafts | | Castlepark Community Centre | IrvineLocalityteam@north-ayrshire.gov.uk |
| Craft Class Crochet Group Sew Lovely | Meeting new people whilst doing Arts and Crafts | | Towerlands Community Centre | IrvineLocalityteam@north-ayrshire.gov.uk |
| Impact Arts: Creative Pathways: Be The Best You Enterprise Pathway Make Space Make it your Own | Programmes surrounding art and creativity for young people | 16-26 | Various | Impact Arts angela.wilson@impactarts.co.uk https://www.impactarts.co.uk/content/make-a-referral/ 07384 465573 |
| Harbour Arts Centre Community Events | Community events updated and added to Facebook/Website as occurring | | Irvine | mblackwood@north-ayrshire.gov.uk |
| Triple Act | Art and Creativity Programmes for young people | | North Ayrshire Wide | Info@tripleact |

Outdoor and Green Spaces

| Name of Group/ Activity | What do they do? | Age Range | Location | Run By Name & contact details |
|---|--|--------------|----------------------|--|
| Irvine Wild LifeWatch | Once a month Junior group meets at various locations around Irvine to take part in wildlife activities | 8-11 | Various | irvinewildlifewatch@gmail.com |
| Nordic Walking 5 week Cycle Training Stroll With It Walks | aim to encourage and support people to be more active by: <ul style="list-style-type: none"> walking and cycling at home, school or work walking, cycling or using public transport for everyday journeys and everyday lives | | Various | Trinity Active Travel Jessica Gillespie jessicagillespie@north-ayrshire.gov.uk 01294 204800 |
| Buggy Walks | Support walks for parents | | Various | info@kaleisure.com |
| Photography Walk | walking and cycling at home, school or work | | Eglinton Park | Craig McBirnie cmcbirnie@kaliesure.com 07436561356 |
| Bourtreehill Health Walk Porttal Health Walk The Circuit Health Walk Eglinton Park Health Walk | walking, cycling or using public transport for everyday journeys and everyday lives | | Various | info@kaleisure.com |
| Time out Thursday | Gentle Conservation work to improve fitness, meet new people and connect with nature | | Various Reservations | Harry Richards hrichards@scottishwildlifetrust.org.uk |

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|---|---|------------|--|--|
| Running Club Couch to 5K Walk and Talk Cycling Group | Improving fitness and meeting new people with the outdoors | | Various (Fullarton Connexions, Bourtreehill Parish Church) | Irvine Active Connections rthomson@churchofscotland.org.uk |
| Get Moving: Gentle Health Walk Castlepark Health Walk Castlepark Green Gym Weigh to Go | Walking and conservation groups re-connecting people with greenspaces | | Various (Eglinton Family Practice, Castlepark Community Centre) | The Conservation Volunteers (TCV) Lindsey Twilley lindsey.twilley@tcv.org.uk 07483050742 David Meechan d.meechan@tcv.org.uk |
| Twilight Basketball | Evening Basketball for young people | 12+ 18+ | Greenwood Academy | IrvineLocalityTeam@north-ayrshire.gov.uk |
| Juniour Rangers | 1 Sunday a month meets to learn Ranger skills | 11-18 | Eglinton Park | helenmcdowall@north-ayrshire.gov.uk 01294 551776 |
| Lunch Time/Afterschool sports/dance Programmes | Young Person Active Engagement | 12-25 | Greenwood Academy | LaurenFletcher@north-ayrshire.gov.uk |
| Lunch Time/Afterschool sports/dance Programmes | Young Person Active Engagement | 12-25 | Irvine Royal | stephenfraser@north-ayrshire.gov.uk |
| Pony Partners | Scottish Pony Partners is a Community Group to help people who wouldn't have access to owning a pony to have a part loan on a pony kept on assisted livery. | All Ages | Eglinton Park | meg35@live.co.uk 07525759853 |
| Wild Sea Women | Women Only Wild Swim Group | | 16+ | https://www.facebook.com/groups/305375300715845/members |

Social Support

| Name of Group/ Activity | What do they do? | Age Range | Location | Run By Name & contact details |
|---|--|--------------|---|---|
| Community Bingo | Make new friends at community bingo | | Fullarton Hub | 01294 278207 |
| Crossing Together Tea- and Toast Drop in | Chat with Others in the local Community | | Bourtreehill Parish Church | Alison Muir alison.muir@churchofscotland.org.uk |
| Irvine Newtown Mens Shed | A place for men of all ages to to pursue practical interests at leisure, helping build social connections and friendships | | Lower Vennel Bourtreehill Southh KA11 1PQ | www.facebook.com/irvine.newtown.mens.shed/ |
| Harbourside Mens Shed | A place for men of all ages to to pursue practical interests at leisure, helping build social connections and friendships | | Kyle Road Irvine | harboursidemensshed.irvine@gmail.com |
| North Ayrshire Girl Guiding | Rainbows, Brownies, Guides, Rangers | 3-25 | Various | Registration online to find available closest spaces for girls, small https://www.girlguidingayrshirenorth.org.uk/ |
| Scouts | Beavers, Cub Scouts, Scouts | 6-25 | Various | Registration online to find available closest spaces for young people https://www.naascouts.scot/ |
| ESOL NA | Support and classes for anyone who's first language is not English | | North Ayrshire Wide | Calum Paul calumpaul@north-ayrshire.gov.uk |
| Saturday Breakfast Club | Open to all, Free of Charge Breakfast | All | Redburn Centre, Irvine | IrvineLocalityTeam@north-ayrshire.gov.uk |

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|---|---|-------------|---|--|
| Detached Youth work Team | Positive engagement with young people | 12-25 | Irvine Town Centre | IrvineLocalityTeam@north-ayrshire.gov.uk |
| Mother and Toddlers | Social Group for parents | All Parents | Springside Community Centre Vineburgh Centre | Claire Stevenson bobbyduk@icloud.com IrvineLocalityTeam@north-ayrshire.gov.uk |
| Wellbeing Hub drop in Local Strollers Flask in the park | Connect with our local community and support children and families. | Ages Range | Children up to 18 Parent and Family Support | Children 1st eilidh.mcdonald@children1st.org.uk kirsty.aitken@children1st.org.uk |

Wider Support

| Name of Group/ Activity | What do they do? | Age Range | Location | Contact Information |
|---|--|--------------|----------|--|
| Breathing Space | Breathing Space is a free confidential service for people in Scotland. Open up when you're feeling down | 16+ | | 0800 83 85 87 https://breathingspace.scot/ |
| Samaritans | Whatever you're going through, a Samaritan will face it with you. We're here 24 hours a day, 365 days a year. | | | 116 123 https://www.samaritans.org/?nation=scotland |
| Beat | We are the UK's eating disorder charity. Founded in 1989 as the Eating Disorders Association, our mission is to end the pain and suffering caused by eating disorders | | | 0808 801 0432 https://www.beateatingdisorders.org.uk/ |
| SAMH | Our services are person centred and based on an ethos of recovery | | | https://www.samh.org.uk/ 0141 530 1000 0800 917 3466 |
| Scottish Recovery Network | initiative designed to raise the awareness of recovery from mental health problems | | | https://www.scottishrecovery.net/ 0300 323 9956 |
| Break the Silence Moving On Ayrshire | Break The Silence is a registered charity in Scotland. It provides a range of tailored, holistic support options for Survivors of rape and childhood sexual abuse | 13+ | | https://www.breakthesilence.org.uk/ |
| Crisis Counselling | Crisis Counselling provides support to any adults, children and adolescents affected by domestic violence, addictions, self-harming, family breakup, trauma, bereavement, bullying, exclusion and abuse. | | | https://www.crisiscounselling.co.uk/ |

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|-----------------------------------|---|-----|--|--|
| Living Life | The Living Life service offers support to people in Scotland through guided self-help and cognitive behavioural therapy. | 16+ | | 0800 328 9655 https://www.nhs24.scot/our-services/living-life/ |
| Veterans First Point | Veterans First Point has been developed by Veterans for Veterans and is staffed by Veterans. | | | https://www.veteransfirstpoint.org.uk/ |
| Penumbra | support people on their journey to better mental health, by working with each person to find their own way forward. The power of people's lived experience enables us to provide pioneering services which transform lives. | | | 01294 471934 https://www.penumbra.org.uk/ |
| The Scottish Transgender Alliance | We work to improve gender identity and gender reassignment equality, rights and inclusion in Scotland. | | | 0131 467 6039 https://www.scottishtrans.org/ |
| Health in Mind | At Health in Mind, we've been promoting positive mental health and wellbeing in Scotland since 1982. We do this by providing a wide range of services and courses to support people and enable them to make a positive difference in their lives. | | | 0131 225 8508 https://www.health-in-mind.org.uk/ |
| National Autistic Society | We're here to help the 700,000 autistic people in the UK and their families. Be it running specialist schools, campaigning for improved rights or training companies on being more autism-friendly | | | https://www.autism.org.uk/ |
| See Me Scotland | See Me is Scotland's Programme to tackle mental health stigma and discrimination. We are funded by Scottish Government and managed by SAMH and The Mental Health Foundation. | | | https://www.seemescotland.org/ |

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|--|--|--|----------|--|
| The Mix | The Mix is the UK's leading support service for young people. We are here to help you take on any challenge you're facing - from mental health to money, from homelessness to finding a job, from break-ups to drugs. | | Under 25 | 0808 808 4994 https://www.themix.org.uk/ |
| Bipolar Scotland | Support and information for people living with Bipolar | | | https://www.bipolarscotland.org.uk/ |
| LGBT Youth Scotland | We are Scotland's national charity for LGBTI young people, working with 13-25 year olds across the country. We also deliver the LGBT Charter programme to schools, organisations and businesses | | 13-25 | https://www.lgbtyouth.org.uk/ |
| Young Scot | Young Scot is the national youth information and citizenship charity for young people aged 11-26 in Scotland. We provide you with a range of services and opportunities to help you make the most of life! | | 11-26 | https://young.scot/ https://young.scot/north-ayrshire |
| Papyrus Prevention of Young Suicide | PAPYRUS Prevention of Young Suicide is the UK charity dedicated to the prevention of suicide and the promotion of positive mental health and emotional wellbeing in young people. | | | https://www.papyrus-uk.org/ 0800 0684141 |
| Childline | Childline is here to help anyone under 19 in the UK with any issue they're going through. You can talk about anything. Whether it's something big or small, our trained counsellors are here to support you. Childline is free, confidential and available any time, day or night. | | Under 19 | https://www.childline.org.uk/ 0800 1111 |
| Anxiety UK | Therapy Service, Helpline and Text Service, Courses and Groups, Calm Group, Webinars, Magazines | | | Phone: 03444 775 774 Text Line: 07537416905 https://www.anxietyuk.org.uk/ |
| Calm Harm | Calm Harm is an award-winning app developed for teenage mental health charity stem4 by Dr Nihara Krause, Consultant Clinical Psychologist, using the basic principles of an evidence-based therapy called Dialectical Behavioural Therapy (DBT). | | | https://calmharm.co.uk/ |

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|-------------------|--|--|--|--|
| Cruse Bereavement | We help people through one of the most painful times in life - with bereavement support, information and campaigning. | | | https://www.cruse.org.uk/ 0808 808 1677 |
| NSPCC | We're the UK's leading children's charity. We've been looking out for children for over 130 years | | | https://www.nspcc.org.uk/ 0808 800 5000 |
| Wakelet | Welcome to the mental health and wellbeing Wakelet for practitioners, parents, carers & young people. This Wakelet is a collection of links to materials stored online that can be used to support the mental health and wellbeing of children and young people during Covid-19. | | | https://wakelet.com/ |

IRVINE LOCALITY SUMMER EVALUATION 2022



North Ayrshire Council
Comhairle Siorrachd Àir a Tuath

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During the summer holidays, CLD took the lead role alongside Vineburgh and Fullarton Community Hubs in the co ordination and delivery of a summer meal and activity programme. Children eligible for free school meals along with some families could access the programme every week day during the school holidays.

The aim of this programme was to reduce any hunger and social isolation for children caused by the schools being off for the holidays

Redburn, Springside and Towerlands were hubs predominantly run by CLD and sessional youth work staff for children up to the age of 12. Fullarton and Vineburgh also provided core members of their own staff. Greenwood was for children aged 12 years and up and concentrated mainly on day trips and outdoor activities within the locality.

There were a number of stakeholders involved in the delivery of the hubs during the summer holidays although the overall programming and provision of activities within the hubs was led exclusively by CLD. Some of the partners who supported the programme included Active Schools, Countryside Rangers, Police, Libraries, Scottish Sports Futures, Irvine Clean Up Crew, Lets Look Outside The Classroom & Woodland Wakeup

The Irvine Locality Hubs

2

Redburn

801

Total number of engagements

102

Number of people impacted by programme

Fullarton

741

Total number of engagements

76

Number of people impacted by programme

Greenwood

619

Total number of engagements

77

Number of people impacted by programme

Springside

274

Total number of engagements

15

Number of people impacted by programme

Towerlands

464

Total number of engagements

83

Number of people impacted by programme

Vineburgh

848

Total number of engagements

92

Number of people impacted by programme

MEETING SHANARRI OUTCOMES

3

Safe

Children had a safe environment to eat a nutritious meal each day. All activities were risk assessed appropriately.

Healthy

Children were provided with a nutritious meal and snacks each day.

Achieving

Children had opportunities to develop new skills. Some hubs offered certificates and the chance for achieving RSPB award.

Nurtured

All children and parents who stayed at hubs were actively encouraged to take part in activities.

Active

Children and parents were encouraged to take part in some physical activities within their capabilities, understanding the benefits.

Respected

Children and parents were consulted with regarding group rules, choice of sandwiches and any matters affecting them.

Responsible

Children were given specific roles allowing them to take more responsibility. Parents were actively encouraged to take responsibility for their children when staying

Included

Children and parents felt more involved in their own local community through attending hubs..

Poverty & Inequality

The Summer Lunch Programme addressed ongoing issues of food poverty. The provision of hot meals insured that all children and families had access to free nutritional food, whilst activities and trips on offer provided opportunities for fun, enjoyment, and activity at no cost.

Local partner agencies also attended who could offer a whole family approach to help families improve their outcomes.

Health & Wellbeing

The programme gave children the opportunity to socialise and mix with their friends and make new ones from their local community instead of returning to potential isolation during the summer weeks. Parents also enjoyed having somewhere to go and 'get out of the house'.

NAC also provided sessions around emotional wellbeing in each hub.

Food Insecurities

The provision of hot soup, sandwiches, fruits and cookies/cakes, ensured that young people had a hot and nutritional meal each day. Any parents in attendance were also welcomed to have lunch.

The 6 week programme was promoted to any families using local food larders and vice versa - the food larder was promoted to attending families.

Community Engagement

The summer programme was used as an opportunity for staff to engage with members of the local community through informal discussions and a formal evaluation. From these it has been established that many of the parents would like to be involved in setting up a new 'Friends of Redburn' group to help benefit all members of the local community.

Community Leadership

Volunteers within the Redburn Hub were identified and supported through a brief induction and ongoing advice and supervision within the community, some of whom did not have families attending. These volunteers developed new skills and knowledge and have suggested forming a Community Association in which they could volunteer further. Verbal feedback was also received each day by the children on what activities they enjoyed.

Enhancing mental health & wellbeing

The programme gave children the opportunity to socialise and mix with their friends and make new ones from their local community instead of returning to potential isolation during the summer weeks.

Readily available nutritious food, social interaction, play, and physical activity are all vital for promoting good mental and physical health. The summer programme addressed this through providing healthy meals and a variety of activities offered for the attending families each day.

The parents that regularly attended also benefited from the informal socialisation with other parents and information sessions provided by partnering agencies.

Alleviating poverty

The Summer Holiday Meal and Activity programme was centred in local community hubs working more closely with our community partners within our Fairer Food System network. All children eligible for free school meals and their families were supported throughout the summer with a nutritious lunch and snack provided each week day along with a variety of different activities and trips for the children and adults who attended. This provided families with a free nutritious and balanced meal each day along with activities and trips they otherwise would not have been able to afford.

Redburn Centre also hosted a regular breakfast club and uniform pop up shop where families could have a nutritious breakfast and access free school uniforms, keeping the cost of the school day down for families.

Support skills & work opportunities

New sessional members of staff and volunteers have been given the opportunity to work at the summer programme, developing skills, knowledge and experience which they can then use for future jobs or college in the future.

The volunteers utilised, sessional staff and modern apprentices were involved in the planning, delivery and evaluation of each session

Parents were also invited to actively take part each in the sessions, along with their children.

Summer Programme Outcomes

Based on 24 parent responses from the evaluations completed the feedback was as follows -

The opportunity to take part in the Summer Lunch Programme has encouraged our family to come together and mix with other families from our local community.

[More Details](#)

 Insights

| | |
|---|----|
|  Strongly Agree | 11 |
|  Agree | 13 |
|  Disagree | 0 |
|  Strongly disagree | 0 |



By taking part in this programme our family has had access to free healthy lunches and snacks each day.

[More Details](#)

 Insights


| | |
|---|----|
|  strongly agree | 13 |
|  Agree | 8 |
|  Disagree | 2 |
|  Strongly disagree | 1 |




Overall the summer programme was a resounding success for families, especially those in areas affected by poverty. The families appreciated having a healthy meal each day and an opportunity for both children and parents to come together and socialise during the school holidays. There are clearly areas we can learn from as a service which with a little more planning could make it even more successful.

SUCCESSES


7




Activities that were planned seemed to work better in most hubs, this depended on numbers and resources available.




The vast range of activities offered over the course of the six weeks was wide and varied and kept things fresh for families who came every day



Input from external partners during activities worked really well and kept parents engaged, it was something different from the everyday 'norm'.




Getting outwith the hubs on walks and doing activities within local community went down well. These included trips to Bourtreehill Park, Eglington Park, the beach and the Maritime Museum.




Activities chosen and led by young people or parents worked well and raised a lot of young people's confidence.

SUCSESSES cont.


8




Utilising parent volunteers and having whole family approach to doing lunches and the clearing up worked well and gave the children a sense of responsibility.




The consistency of staff members within hubs worked well, allowing families to build relationships with them and feel comfortable.




Having a choice of soup, sandwich or snack- (which was not always the case worked well and ensured there was something to cater for everyone.




Having clear boundaries / group rules set by the children and parents worked well and served as a reminder if anyone overstepped any.




Having a focus for parents - either an activity they could get involved in or external agencies in to advise and support them with relevant matters was important to engage parents.




Food provided, although nutritious and balanced was not well received by many families. By week 3 there were many complaints about the lack of hot meals and choice in terms of sandwich fillings, fruit and snacks given. No drinks were provided unless packed lunches were ordered and in this case there was no soup.




Very difficult to gauge numbers when ordering as this varied greatly on occasion which either resulted in not enough lunches being ordered or far too many - which were usually given out in local communities or given to food larders.



Lack of resources given in art boxes to provide activities for 30 sessions in each hub – there were no instructions or guidance however this was provided by CLD at very short notice as a guide for staff.



Families felt consultation should have been done with them prior to the programme to see what children and adults would have liked which would have allowed for sessions to have been organised and planned better in advance.



Inequality hubs in terms of resources given to families – ie: vouchers, trips out, funds for ice creams etc

IMPACT STATEMENTS - PARENTS

10



"Activities worked well when planned"

"We were always welcomed and the boys got a healthy lunch and to play every day"



"The staff were fantastic - very warm and accommodating and played with the kids - even in the hottest of weather"



"It was great to see the community come together - all in all a great programme"



"This gave kids something to do and allowed me to socialise with other adults and meet new families in the community. Well done."

"This gave me a routine and and the chance to mix with other adults. I'd have been stuck in the house otherwise"

"I liked the soup
- especially the
lentil"



"I met new
people and made
new friends"



"I enjoyed getting
out the house to
do fun activities"



"I liked all the
different
activities"



"I liked playing with
my friends from
school"



"The staff were
amazing"



"I have never been to
the heads of Ayr Farm
Park and can't wait to
go"



Bourtreehill Park Consultation - 21/22



Robert Walsh - Greenspace for Health Senior Project Officer - The Conservation Volunteers

Community Consultation - Bourtreehill Park - Questionnaire 1 (February - March 2022)



- ▶ Age demographic
- ▶ How close do they live?
- ▶ Frequency of park use
- ▶ Current barriers
- ▶ What attracts them to the park?
- ▶ What activities could happen?
- ▶ What environmental structures might be needed?
- ▶ Locality Priorities
- ▶ Current thoughts/feelings towards Park
- ▶ One word sum-up (Word Cloud)



Community Consultation - Bourtreehill Park

- Ensuring that there is an online form
- QR code
- Face-to-face drop-in sessions for further discussion
- Environmental structures to be discussed in 2nd half of sessions
- Large Map Extent to plan potential locations within park where need is most required
- Allow us to link in potential areas of the park for activity use
- Discussing questions around the consultation



Bourtreehill Park - Community Consultation on Green Health Activities



Drop In Sessions! Come and chat with us!

TOWERLANDS COMMUNITY CENTRE

| | | |
|---------------------------------------|---|---|
| Friday 25th February 9am - 12 noon | Monday 28th February 1:30pm - 3:30pm | Wednesday 2nd March 2:30pm - 3:45pm |
| Friday 4th March 9am - 12 noon | Monday 7th March 12 noon - 3:30pm | Wednesday 9th March 2:30pm - 3:45pm |
| Friday 11th March 9am - 1pm | Monday 14th March 1pm - 4pm | Wednesday 16th March 2:30pm - 3:45pm |

FARM BASKET

| | |
|----------------------------------|-----------------------------------|
| Wednesday 2nd March 4pm - 7pm | Friday 11th March 2pm - 4:30pm |
|----------------------------------|-----------------------------------|

RELIEF PARISH CHURCH

| | |
|--|--|
| Monday 28th February 9:15am - 10:15am (Tea and Toast) | Wednesday 2nd March 9:30am - 11:30am (Walk and Talk Together) |
|--|--|

CHILDREN'S 1ST
Monday 7th March
10am - 11:30am

For more information, please contact Robert Walsh on
07483050748 or robert.walsh@tcv.org.uk

Main takes from Initial Questionnaire



► Barriers (in descending order of importance):

- Anti-social behaviour (<50 responses)
- Safety (<40 responses)
- Available lighting (>35 responses)
- Seating (>30 responses)
- No activities (<35 responses)
- Other (>20 responses)
- Negative views (<15 responses)
- Accessibility (>10 responses)

Environmental Structures (in descending order of importance):

- Seating (>50 responses)
- Upgraded/Maintenance of Play Equipment/Structures (>20 responses)
- Bins and Dog Bins (>15 responses)
- Accessibility (>10 responses)

Activities requested (in descending order of importance):

- Family Play (>40 responses)
- Walking (>30 responses)
- Outdoor gym/sports (>30 responses)
- Organised activities/GALA Days (<20 responses)
- Wildlife (<20 responses)
- Accessible activities (>10 responses)

- Lighting (<50 responses)
- Cycle Paths/Pathways/Tree Maintenance (>20 responses)
- Designated Zones – e.g. Toilets, BBQ areas, dog-free, etc (<15 responses)
- Security/Patrols (<10 responses)

Next steps?



- ▶ Activities and Opportunities Step (April and May) - Green Health Week 14th - 22nd May 2022
- ▶ Engaging with interested community groups to all work together in partnership
- ▶ Running sessions for the requested activities
- ▶ Gathering further feedback from participants of these sessions
- ▶ Creation of a second set of data that we can evidence further
- ▶ Anecdotal information from informal discussions during activities
- ▶ Changing perspectives of locals
- ▶ Proposed Action Plan (June/July) - Development of a document compiling all current findings to be put forward into a larger consultation to acquire funding

Community Consultation - Opportunities and Activities - Questionnaire 2

Focusing on the activities outlined from previous questionnaire:

- Walking
- Wildlife
- Family Play
- Outdoor Sports
- Organised Activities
- Accessible Activities

Questionnaire focused on the following points:

Age demographic

How close they live to the park

Which activity did they take part in? (Family Session / Nature and Health Walk)

Would they attend again if recurring?

What barriers might prevent them from returning?

Contribute to LOIP? Which ones?

Views on the Park

One-word Sum Up

Bourtreehill Park - Community Consultation on Green Health Activities



Book Onto Your Taster Sessions! Join In, Feel Good!

Health and Nature Walks (Adults)

| | | |
|--|--|---|
| Wednesday 18th May 9:30am - 11am Crossing Together Relief Parish Muir Church Alison Muir 07562634385 | Friday 20th May 11am - 12 noon The Conservation Volunteers Towerlands Community Centre Lindsay Twilley 07483050742 | Tuesday 24th May 10am - 11:30am Active Travel Hub Towerlands Community Centre Kate Cuthbert - 07467689337 |
| Wednesday 25th May 9:30am - 11am Crossing Together Relief Parish Muir Church Alison Muir 07562634385 | Tuesday 31st May 1:30pm - 2:30pm Active Travel Hub Towerlands Community Centre Kate Cuthbert 07467689337 | Wednesday 25th May 2:30pm - 3:30pm DROP IN CHAT Relief Parish Muir Church Lyn Thomson 07864342011 |

Family and Toddler Events

| | | | |
|--|--|--|---|
| Local Strollers (+ Art) Monday 16th May 9:15am - 11am Children 1st Children 1st Family Wellbeing Hub Erin + Eilidh 01294 214884 | Local Strollers Monday 23rd May 9:15am - 11am Children 1st Family Wellbeing Hub Erin + Eilidh 01294 214884 | Bug/Scavenger Hunt Friday 27th May 10am - 2pm North Ayrshire Ranger Service Swingpark near the basketball court Andrew Todd 07741179834 | Bug/Scavenger Hunt Tuesday 31st May 10am - 12 noon North Ayrshire Ranger Service Swingpark near the basketball court Andrew Todd 07741179834 |
|--|--|--|---|

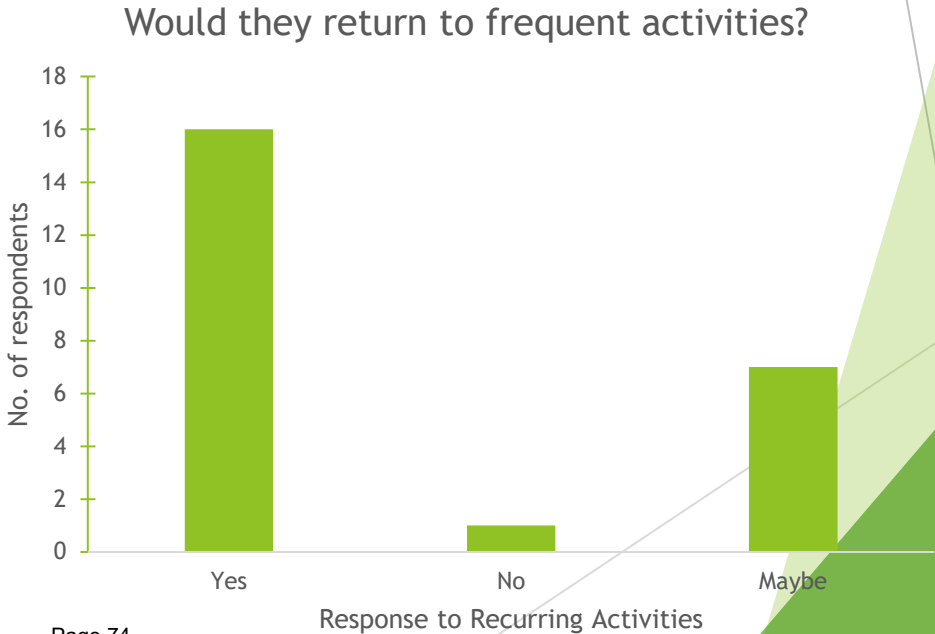
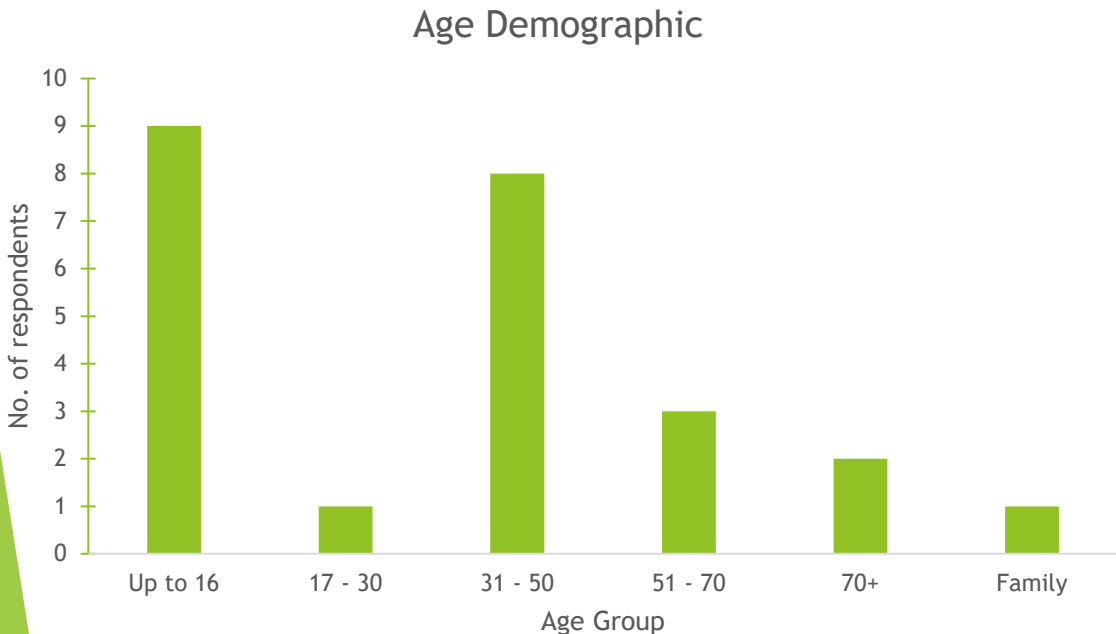


To book a spot for each particular session, contact the organiser on the number given. For further information on the consultation, please contact Robert Walsh on 07483050748 or robert.walsh@tcv.org.uk

Contributors and Responses - 24 responses, 5 contributors

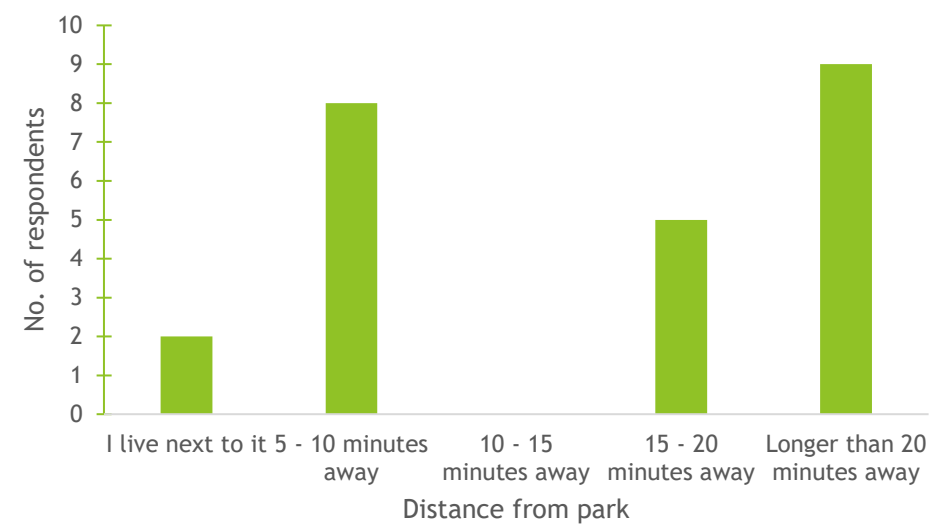


- ▶ Children 1st
- ▶ North Ayrshire Ranger Service
- ▶ Trinity Active Travel Hub
- ▶ TCV
- ▶ Relief Parish Muir Church

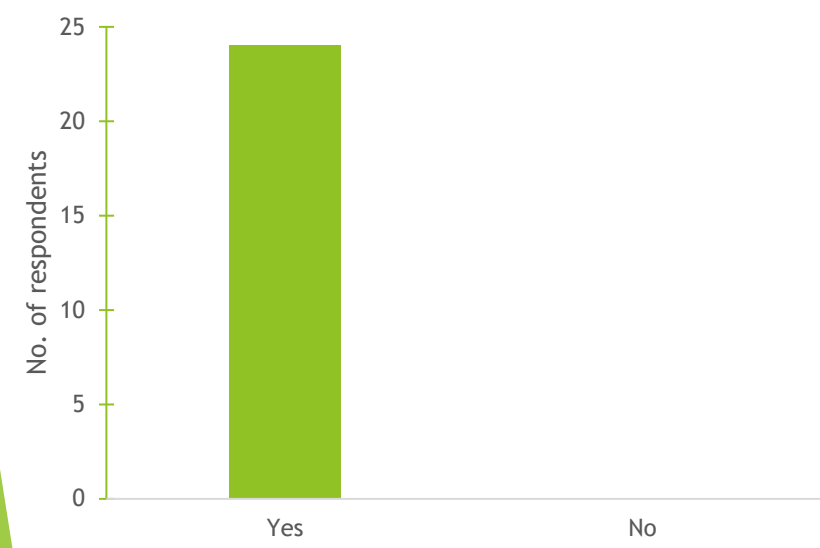


Responses (cont'd)...

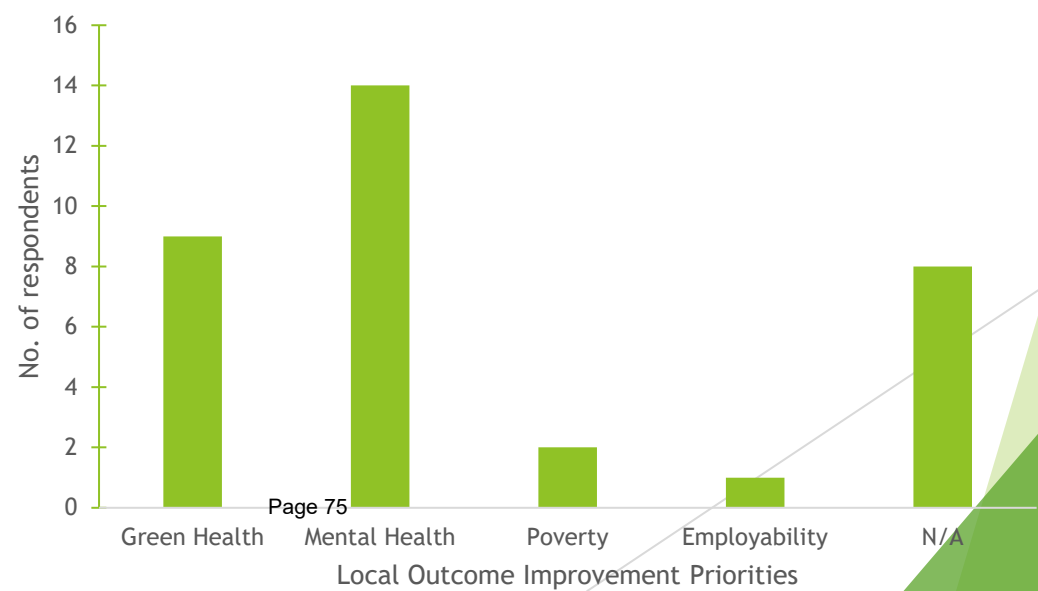
Distance from Park



Would these sessions achieve LOIP?



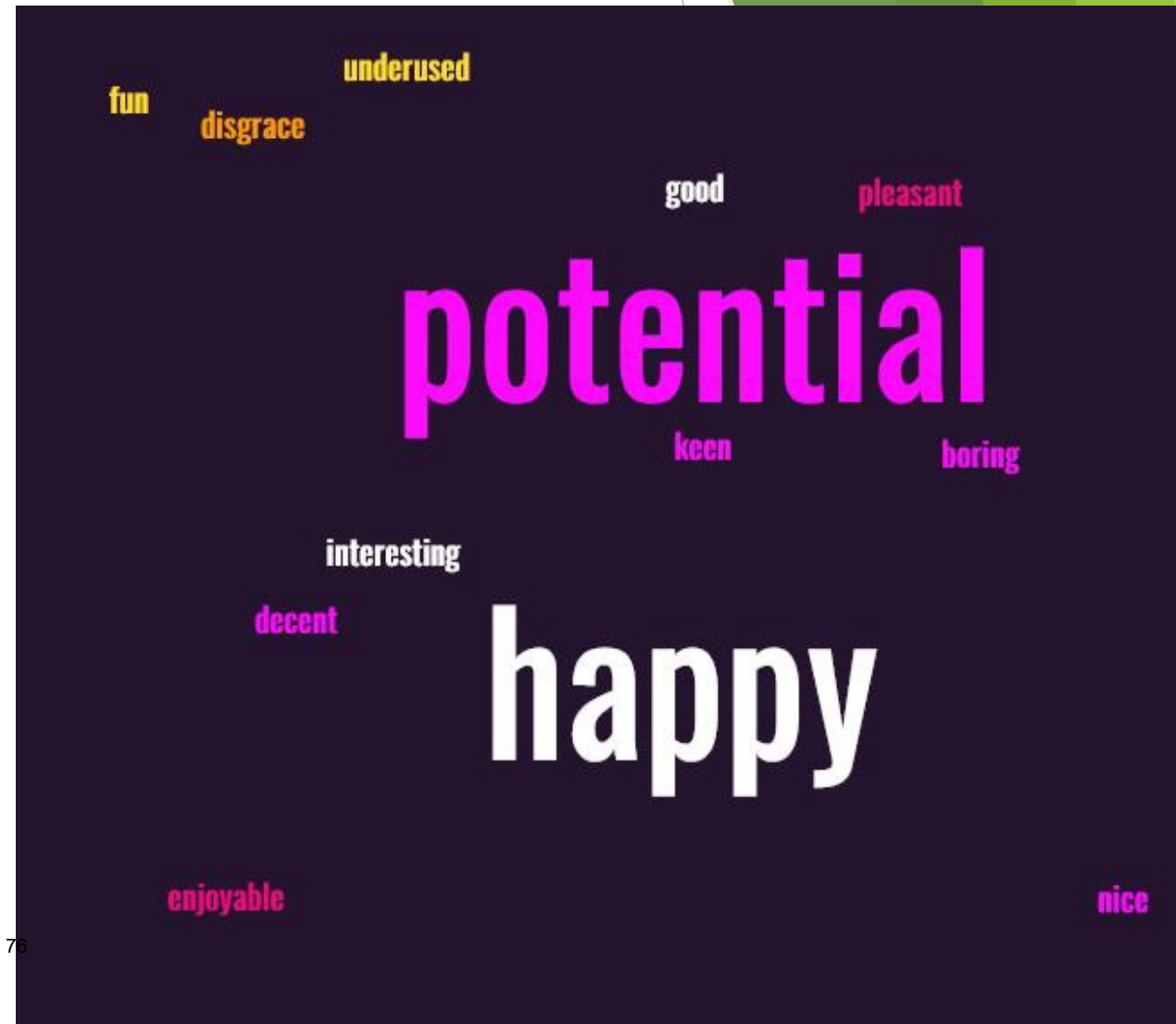
Which LOIP would be contributed to?



One-Word Sum Up Comparison

Initial View of Park Prior to Any Sessions

After Involvement in Taster Sessions



Any Questions?

- ▶ Robert Walsh - Greenspace for Health Senior Project Officer
- ▶ Email: Robert.walsh@tcv.org.uk
- ▶ Mobile: 07483050748

