



North Ayrshire
Community Planning Partnership

ARRAN COMMUNITY BOOK



Community Support Hub

Our contact centre number is 01294 310000 (Monday to Friday during office hours). They can offer you advice and make referrals to other services. If you want to get in touch with your local Community Support Hub please use the number below. This might be for help with accessing food, prescription delivery or for local community groups. Arran Hub operates from 8am to 4pm. The answer machine will be on out with these times and all messages will be picked up the following day.

Arran Community Hub Contact Details:
01770 600532 - 07526869884 - 07909002310



Business support

"I run a business and need advice and support in relation to Coronavirus."

You can contact our Business Development Team by telephone on 01294449944.



Care/Disability Support

"I need care/ disability support."

Please get in touch with our Service Access team on 01770 600742



Coronavirus

"I want information and advice about Coronavirus."

Please visit the NHS Inform site at <https://www.nhsinform.scot>

There is also a free helpline on 0800 028 2816, which is open from 8am to 10pm each day.



Benefits

"I have concerns about my benefits."

If you are having issues or concerns regarding benefits please email moneymatters@north-ayrshire.gov.uk, or call 01294 310456.



Mental Health and Wellbeing

"I need support with my mental health."

Breathing Space offers free, confidential support for people experiencing low mood, depression or anxiety. Call 0800838587.

The Samaritans charity offers support to people who are suicidal or despairing. Call 116 123 (lines open 24 hours).

Your GP can also help you access services.



North Ayrshire Community Planning Partnership



Utilities

"I am worried about paying my utility bills."

You should contact your energy supplier in the first instance. However, should you require assistance or advocacy then Citrus Energy may be able to help. You can contact them by calling freephone 0800 221 8089.



Adult/child protection.

"I am concerned about someone's welfare."

If someone is in immediate danger, contact the police by telephoning 101.

In an emergency call 999.

Alternatively contact our Social Work team by calling 01770 600742.



Housing

"I need help with my housing situation."

Council tenants looking for welfare and debt advice should contact 0300 999 4606. Cunninghame Housing Association tenants can call 01294 468360.

For advice and support about homelessness, or if you are in rented accommodation and have a housing problem call North Ayrshire Housing advice services on 01294 314600 or email housing-info-advice@north-ayrshire.gov.uk. On evenings, weekends and bank holidays you can call the out of hours number on 0800 0196500.



Other sources of local information

Arran Virtual Community Centre

<https://www.facebook.com/groups/ArranCommunity>

Arran Locality Facebook Page

<https://www.facebook.com/ArranLocalityPartnership>

Community Planning Website

<https://www.north-ayrshire.community>

ARRAN COMMUNITY BOOK





North Ayrshire
Community Planning Partnership



Community Groups

Arran

Foodbank - Brodick Church, it is open 24/7, is unmanned and available to anyone.

Arran Foodshare - redistributing surplus food. Available at the Coop in Brodick, every day from 8:15pm.

Arran Listening Ear - Telephone support service 01770 6495050

Beith Community Trust - Lend an Ear - Telephone befriending service.

Tel: 01505 595063

Email: help@beithtrust.org

CLASPS - Telephone befriending and digital support service for older people in North Ayrshire

Tel: 07464206592

Email: liz@clasps.org.uk

The Living Room, Largs - Trained volunteers are available to signpost and support people with many issues including finances and wellbeing

Tel: 01475 789580

Email: info@livingroomlargs.co.uk

<https://www.facebook.com/livingroomlargs>

ARRAN COMMUNITY BOOK