

## DO YOU NEED A BIT OF EXTRA HELP WITH ACCESS TO FOOD OR YOUR WELLBEING? CONTACT YOUR NORTH AYRSHIRE COMMUNITY SUPPORT HUB

Community Support Hubs have been running since March 2020 to helpt with community needs arising from the pandemic. They can assist with crisis issues such as access to food and people's wellbeing.

The hubs are based in each of our localities (Arran, Garnock Valley, Irvine, Kilwinning, North Coast and Three Towns) and are run by North Ayrshire Council staff, working closely with Health and Social Care colleagues with strong relationships to local volunteers and groups.

## Call North Ayrshire Council on 01294 310000 or email contactus@north-ayrshire.gov.uk.

You will be given advice and information. If there is a need for action from your Community Support Hub then this is picked up at the appropriate hub. Please note, if the query relates to Arran then contact the Hub directly on: 01770 600532 - 07526 869884 or 07909 002310 8.30 am - 4.30 pm Monday - Friday.

You can find details of more community organisations and other local resources at: http://northayrshire.community/covid-19-updates-for-communities

