



North Ayrshire  
Community Planning Partnership

**North Coast and Cumbraes Locality Partnership**  
**Tuesday 1 December 2020, 6.00 p.m. via Microsoft Teams**

**Business**

Item	Subject	Pg No	Ref	Officer	Timings
1.	<b>Welcome and Apologies</b>			Cllr Gallagher	6.00 – 6.05
2.	<b>Action Note</b> Review the action note and deal with any outstanding items	Pg 3	Enclosed	Russell McCutcheon	6.05 – 6.15
3.	<b>Covid-19 Update</b> Receive update from Thomas Reaney, Head of Recovery & Renewal.	-	Verbal	Thomas Reaney	6.15 – 6.25
4.	<b>Community Support</b> Receive update from Rhona Arthur.	-	Presentation	Rhona Arthur	6.25 – 6.45
5.	<b>Child Poverty/Cost of the School Day</b> Receive update from Rhona Arthur.	-	Verbal	Rhona Arthur	6.45 – 7.05
6.	<b>CIF Update – Sing Your Song Group</b> Receive update from Louise Riddex.	Pg 8	Enclosed	Louise Riddex	7.05 – 7.20
7.	<b>Millport Town Hall</b> Receive update from Lesley Stringer.	-	Verbal	Lesley Stringer	7.20 – 7.25
<b>STANDING AGENDA ITEMS</b>					
8.	<b>Locality Officer Update</b> Receive report from Louise Riddex.	Pg 17	Enclosed	Louise Riddex	7.25– 7.30
9.	<b>HSCP Update</b> Receive update	-	Verbal	Gavin Paterson	7.30 – 7.40
10.	<b>Grants/PB Update</b> Receive update from Rhona Arthur.	-	Verbal	Rhona Arthur	7.40 – 7.50
11.	<b>AOCB</b>	-		Cllr Gallagher	7.50 – 8.00

## **Distribution List**

### **Elected Members**

Councillor Alex Gallagher **(Chair)**  
Councillor Alan Hill  
Councillor Tom Marshall  
Councillor Ian Murdoch  
Councillor Joy Brahim  
Councillor Todd Ferguson  
Councillor Robert Barr

### **Community Representatives**

John Lamb **(Vice Chair)**  
Helen Boyle  
Rita Holmes  
Lesley Stringer  
Lizzy Barbour  
Graham Wallace  
Valerie Lundie

### **CPP/Council Representatives**

Russell McCutcheon, Senior Lead Officer  
Rhona Arthur, Lead Officer  
Louise Riddex, Locality Officer  
Louise McDaid, HSCP  
Alan Brown, SFRS  
Alison Wilson, Police Scotland

<b>Meeting:</b>	<b>North Coast Locality Partnership</b>
<b>Date/Venue:</b>	1 September 2020 – Virtual Meeting via Microsoft Teams
<b>Present:</b>	<b>Councillor Alex Gallagher (Chair)</b> <b>John Lamb</b> , West Kilbride Community Council (Vice Chair); <b>Councillor Robert Barr</b> ; <b>Councillor Joy Brahim</b> ; <b>Councillor Alan Hill</b> ; <b>Councillor Tom Marshall</b> ; <b>Councillor Ian Murdoch</b> ; <b>Russell McCutcheon</b> , Senior Lead Officer, NAC; <b>Rhona Arthur</b> , Lead Officer, NAC; <b>Louise Riddex</b> , Locality Co-ordinator (Kilwinning & North Coast), NAC; <b>Valerie Lundie</b> , Largs Community Council; <b>Rita Holmes</b> , Fairlie Community Council; <b>Lizzie Barbour</b> , Community Representative; <b>Lesley Stringer</b> , Community Representative; <b>Gavin Paterson</b> , HSCP; <b>Anne-Marie Hunter</b> , Engagement and Participation Officer, NAC; <b>Mhari Lindsay</b> , Senior Customer Officer, People and ICT, NAC; and <b>Melanie Anderson</b> , Senior Manager (Committee and Member Services), NAC
<b>Apologies:</b>	Cllr Todd Ferguson Louise McDaid

## ACTIONS

No.	Action	Responsible
1.	<b>Welcome and Apologies</b>  The Chair welcomed those present and apologies for absence were recorded. It was noted that Valerie Lundie was in attendance as the Largs Community Council representative following the resignation of Anne Carson as Chair.	
2.	<b>Action Note</b>  The Action Note from the meeting held on 3 March 2020 was approved as a correct record.  The Senior Lead Officer provided a brief update on the work of the Council during the ongoing Covid-19 pandemic and indicated that some matters from the last Action Note may not have been actioned as a result of the need to prioritise essential services. Thereafter, he highlighted the following: <ul style="list-style-type: none"> <li>Item 4 (Kindness) – a workshop event would be arranged to promote the Kindness ‘toolkit’, although this had not yet been actioned in light of Covid-19;</li> <li>Item 6 (Community Charter) – this work had been delayed in light of Covid-19 but would be progressed post-Covid; and</li> </ul>	<b>Michele McColm</b>



3.	<p><b>Community Support</b></p> <p>The Partnership received a short presentation by the Locality Partnership Lead Officer which highlighted the following:</p> <ul style="list-style-type: none"> <li>• some background information on the Partnership's priorities and the outcome of the recent Best Value Audit;</li> <li>• the significant work undertaken by community groups, volunteers and local businesses in the North Coast and Cumbraes during the Covid-19 lockdown; and</li> <li>• the potential for harnessing community empowerment to take advantage of opportunities such as credit unions and community food systems</li> </ul> <p>The Partnership discussed:</p> <ul style="list-style-type: none"> <li>• the local lockdown which had just been announced in respect of Glasgow, East Renfrewshire and West Dunbartonshire and the potential for further local lockdowns in future;</li> <li>• the availability of funding from Dalry Parish Boundary Trust and the donations already made by the Trust to purchase electronic temperature readers for Care at Home operatives and to support the North Ayrshire Food Bank;</li> <li>• the excellent work of the Community Hubs and local organisations during lockdown;</li> <li>• the success of working with local groups during lockdown to identify local solutions (such as the food voucher scheme on Cumbrae) and the value of empowering staff and volunteers to act;</li> <li>• the positive sense of community which had emerged during lockdown;</li> <li>• the commitment shown by local businesses and partners to work together;</li> <li>• the importance of employability as an issue moving forward, particularly following the conclusion of the furlough scheme;</li> <li>• the challenge of sustaining community involvement in future, given that members of the community may have less time to volunteer;</li> <li>• ongoing work being done by groups such as Largs Resilience and Millport Support Group to continue to assist vulnerable members of the community who may have lost confidence while shielding;</li> <li>• the active involvement of the community on Cumbrae in the island's local resilience plan;</li> <li>• the continued relevance of the Partnership's priorities;</li> <li>• difficulties which had been experienced by some older members of the community with regard to methods of paying bills during lockdown;</li> <li>• the potential for a second wave of Covid and measures to respond to this, including the provision of online events to provide support;</li> <li>• the need for a 'blended' approach to the provision of support and the importance of responding to different local needs; and</li> <li>• issues around stress/mental health and digital skills/access to technology experienced by young people while learning from home.</li> </ul>	
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	<p>The Partnership was also advised of reports being submitted to the Council's Cabinet on (a) the subject of Recovery and Renewal and (b) the proposed appointment of an Islands Officer for Arran and Cumbrae. It was noted that the role of the proposed Islands Officer would be the subject of consultation with local island groups.</p> <p>Councillor Barr undertook to provide the Chair with details of a Trust administered by solicitors J&amp;J McCosh, in order that information on available funding could be shared with local groups on Cumbrae.</p> <p>The Partnership undertook to give further consideration to its existing priorities, to ensure that they continued to meet the needs of the locality in the context of the Covid-19 pandemic.</p> <p>Noted.</p> <p>Councillor Hill joined the meeting during consideration of this item.</p>	
<b>4.</b>	<p><b>HSCP Update</b></p> <p>The Partnership received a verbal update from Gavin Paterson (HSCP) on the work of the Health and Social Care (HSCP) Locality Forum, including information on:</p> <ul style="list-style-type: none"> <li>• the production of the HSCP's next Strategic Plan, which would be prepared on the basis of a 1-year transition plan to be developed by March 2021, followed by a 10-year plan; and</li> <li>• plans for engagement with service users, staff and others on two questions, namely what mattered to them with regard to health and social care and how they kept themselves well; and</li> <li>• a questionnaire issued to members of the health and social care forums pending arrangements for the next meeting of the forums in mid-November.</li> </ul> <p>Noted.</p>	
<b>5.</b>	<p><b>LP Officer update.</b></p> <p>Submitted an update report by the Locality Co-ordinator.</p> <p>The Locality Co-ordinator also provided a verbal update including information on the following:</p> <ul style="list-style-type: none"> <li>• contact made with the CIF-funded Sing Your Song project with regard to year 1 monitoring of this 2-year project;</li> <li>• renovation work undertaken to Douglas Park, Largs, by local volunteers and plans for a funding application to assist the group in gaining charitable status;</li> <li>• a woodland project which would be the subject on a CIF funding expression of interest; and</li> <li>• work being undertaken on the subject of financial literacy</li> </ul>	

	<p>The Lead Officer advised of delays/amendments to some CIF-funded projects as a result of Covid-19 and advised that a report on this matter would be submitted to the Council's Cabinet, including a proposal to extend the deadline to achieve matched funding for Millport Town Hall.</p> <p>The Chair, on behalf of the Partnership, expressed his appreciation of the work undertaken by officers during the Covid-19 lockdown. Lesley Stringer also recorded her thanks for the recent assistance provided by officers to the Millport Town Hall project. Councillor Barr added his thanks for the hard work of officers from a range of Council Services.</p> <p>Noted.</p>	
6.	<p><b>Date of Next Meeting</b></p> <p>The next meeting will take place at 6.00 p.m. on 1 December 2020.</p> <p>Noted</p>	<b><i>Jennifer McGee</i></b>

**Meeting ended at 7.35 p.m.**

Form to be completed within 12 months of securing funding. If funded for more than 1 year, a monitoring form will be requested every 12 months.

Monitoring for: Year 1 ☒ Year 2 ☐ Year 3 ☐ (*Please tick*)

## 1. Organisation Information

Please tick locality: ☐ Arran ☐ Garnock Valley ☐ Irvine  
☐ Kilwinning ☒ North Coast ☐ Three Towns

Name of Organisation: **WEST KILBRIDE COMMUNITY INTIATIVE LIMITED**

Address:

Contact Person: **Kay Hall**

Position in Organisation: **Coopted Director (Projects)**

Contact Telephone Number:

E-mail Address:

Grant Ref No: ..... Date Awarded: .....

<b>Purpose of Grant:</b> (Brief description)	<p>To offer singing experiences in a choir which provides many health benefits.</p> <p>The <b>adult choir</b> teaches breathing techniques which may be used by anyone with breathing problems and have proven benefits. There is also a social side to the choir as the songs and games are great fun and all of them have particular value.</p> <p>The <b>children's choirs</b> use games and songs to learn breathing control, rythmn, pitch etc The songs taught are taken from Fischy Music a scottish company whose songs support the emotional, social and well being of young people.</p>
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## 2. How was the funding spent?

2.1 Has the funding been fully spent (please provide a breakdown and copies of receipts and invoices)? YES/NO

Expenditure Item	Original Budget	Actual Expenditure
Choir leader's payments	£5300	£4160
Room rental	£1843.20	£1612.80
Marketing	£200	£177
Cocert fees and rent	£483.20	Nil



	£7446.20	£5949.80
<b>TOTAL</b>		

2.2 If no, or your expenditure differs from your original budget, please explain why this is the case and when you expect the funding to be fully spent?

£1496.40 remains as the project had to be cancelled at the beginning of the pandemic. We have now organised further advertising, children's Facebook songs with WK Sings and adult Zoom lessons. The funding should be spent by the middle of January when the final children's work has been completed. I have attached an overview.

2.3 If the funding, or part of the funding, has been used to fund the employment of staff, please provide details/evidence that staff appointed have been recruited through open advertising (whether the post is advertised internally or externally)?

Rachel Hynes had been identified as our experienced singing for health practitioner before this project was presented to the Partnership. Her credibility was supported by her extensive CV which includes - Rachel runs a Singing For Lung Health group through Voluntary Action South Ayrshire called Ayrways and trained as a Singing Leader with the British Lung Foundation. She also worked on Dementia Projects with Scottish Opera/Alzheimer's Scotland and sang with Giant Productions on Songbird, an interactive theatre piece specifically written for children and those with special needs.

### 3. Project Outcomes

3.1 Please explain how you have achieved, or are progressing towards achieving your project outcomes?

<b>Project Outcome</b> (What changes have been achieved)	<b>Activities</b> (What you did to achieve the changes)	<b>Indicators</b> (Evidence/Measure of Change)
At the beginning -although there was an awareness of the benefits of singing there was little enthusiasm! PUPILS attitudinal change re singing EG practising during the playtimes  children have asked to use contemporary material- some needs re writing as words and expressions are sometimes very inappropriate!  Learning supportive emotional and social songs for self help – Fischy Music  Enthusiasm and enjoyment.	Delivered 22 x 30 minute sessions to Primary 5 pupils in West Kilbride over 60 children.	School closed before we were able to collect pupils comments STAFF COMMENTS -so enjoyed – this isn't included in our school week - the children love it - first thing they ask when they come in – is it on today? - like the way it is away from traditional skills learning
SCHOOL DURING LOCK DOWN	Rachel continued to post songs on You Tube and worked with the local Covid group teaching songs to children on Facebook She also negotiated with Fischy music who gave open access to their website so children access the songs at home	

<p><b>ADULT CHOIR</b> Focus on breathing to improve techniques and understanding for the approach. Increased confidence and skill may be observed. Extensive skills taught incidentally eg pitch, rhythm, listening, joining in etc</p> <p>It is apparent how the members rely on each other for support – chairs often moved so folk may see clearly what others are doing.</p>	<p>12 extended sessions with the adult choir. Included a chat and refreshments at the beginning. Numbers varied for many reasons – a number of those attending are sometimes not well. A core group of 6 was established with numbers as high as 10 on occasions. We would have liked to achieve 16-18 over the next 12 months.</p> <p>People attended from the Largs Surgery but other GP Services were disappointing - one of our members was 'singing' our praises to her Doctor who had never heard of us despite there being an advert in their surgery</p>	<p><b>FEEDBACK</b> "I practice the breathing everywhere – even waiting for the lights to change!" "Fabulous class -lots of fun and Rachel is so inspiring". "My entire respiratory system felt it had a wake-up call. Lot of fun too."</p>
<p><b>ADULT CHOIR DURING LOCKDOWN</b></p>	<p>Rachel shared her Facebook posts created for DAYR to Sing – her South Ayrshire Group. She emailed all attendees to keep them informed</p>	

- 3.2 What difference has the project made within the locality and to local services and programmes?  
(Please include how you have approached reducing inequality and how the project has addressed \*\*\*\*\*  
Locality's priorities of:  
\*\*\* **List of locality priorities**

### **North Coast priorities**

Social Isolation – Older People – not only does Sing your Song offer health benefits it also offers social contact. Rachel has excellent interpersonal skills and creates a warm welcoming environment. Relaxed familiarity was beginning to grow.

Stress and Anxiety – Younger People – the benefits of singing for young people is well documented. We also valued the introduction of Fischy Songs which are taught as part of Seasons for Growth a programme designed for children who have experienced loss. The songs offer ideas for self help such as finding things to do when you feeling down.

### **Fair for All**

The programmes also support these North Ayrshire priorities -Health & Children – physical and mental health, mindfulness, emotional literacy, mental health interventions.

Working in the school with classes meant we were able to involve children who may have not chosen to engage in an after-school club or at weekends. We hoped to build relationships and an interest in order to attract an attendance during the holidays. This is currently on hold.

- 3.3 Were there any unintended or unexpected outcomes or changes as a result of your project? If so, what were they?

Partnership with a creative singing group for children in West Kilbride.

3.4 Has this funding allowed you to secure any addition funding/leverage extra funding? (Please detail)

Local charity awarded us funds to purchase 1 year licence for Fischy songs £190

3.5 Has the project contributed to volunteering and employment opportunities in the Locality?  
(Please provide numbers of volunteering opportunities and jobs created as a result of the project)

Project coordinator and finance officer both work on a voluntary basis. Marketing material sourced from a local company.

Please tick the boxes to indicate that the organisation has the following documentation in place:

☒

Constitution/Articles of Association

☒

PVG Policy

☒

Annual Accounts

☒

Recruitment Policy/Plan

☒

Bank Account

☒

Equal Opportunities Policy

#### 4. Declaration

I confirm that the information contained in this grant monitoring report is correct and that I am authorised by the organisation to complete this form on its behalf.

Name: Kay Hall

Position: Project Director WKCIL

Signature .....

Date: .....

***Please return your completed form to: ??***

#### FOR OFFICE USE ONLY

**Date Received:**

**Satisfactory: YES/NO**

**Checked by:**

**Signed:**

## SING YOUR SONG

### Dates for your diary – Wednesdays 2020

#### ZOOM TIMES FOR ADULTS

October			21	28	2
November	4	11	18	25	4
December	4	11			2
January					
February					
March					
April					
May					
June					
					8

#### CHILDREN'S – WK SINGS

October					
November		11	18	25	3
December	4	11	18		3
January	6	13			2
February					
March					
April					
May					
June					
					8

#### COSTS

BALANCE REMAINS		1496.40
Preparation	50	1446.40
8 sessions at £80 each	640	806.40
Preparation	100	706.40
School 8 sessions	640	66.40
Marketing - online poster	50	£16.40

Rachel Hynes

Email: Tel: W: [www.rachelhynes.co.uk](http://www.rachelhynes.co.uk) Barony Centre

W: [www.crafttownscotland.org](http://www.crafttownscotland.org) F: Craft Town Scotland

- [News](#)

25th October

## Singing group is hitting the high notes during lockdown

By [Adam Lyon](#) [@AdamL\\_99](#) Trainee Reporter



Rachel Hynes

A singing group aimed at people with breathing difficulties has been hitting high notes and keeping its members positive during lockdown.

The Sing Your Song group in West Kilbride aims to teach breath control through singing, which can help those affected by respiratory conditions including asthma.

The group is led by professional opera singer Rachel Hynes and is funded by the North Ayrshire Health and Social Care Partnership.

Rachel, who formed the group in October last year, says the fun classes can help residents with conditions complete everyday activities.

She said: “The group aims to teach people how to breath and support the sound as you sing, with research showing that this can help train the lungs that are damaged by respiratory conditions.

“These sessions are especially excellent for people with asthma, COPD, IPF, bronchiectasis and for those who just wish to stay fit and healthy.

“They are really good fun with vocal exercises, singing rounds, songs and enjoyment, and you don’t need to be able to sing to take part.

“This more intense breathing technique can help people in their everyday activities that people find difficult and can also help with speech.”

The group was forced online during lockdown, but Rachel believes this has had added benefits for its members.

She explained: “During times like these, people’s mental health is affected across the board and I think there is a real need for this kind of work.

“Hopefully we will get back face to face eventually, but I’m finding that some people with poor mental health may not have the confidence to come out.

“Just joining in online has been a great way for people to feel included in the group, so we may try and continue the online sessions going forward after the pandemic.

“Particularly with lung conditions, if someone develops an infection then they can’t come to the group so now there will always be that virtual option.”

With covid-19 being a respiratory virus, Rachel believes the work that the group does can have a positive impact on those who have suffered from it and also residents who struggle to wear masks.

She said: “Coronavirus rehab research is still in its early stages, but I would encourage people who are recovering to come along.

“It’s all about getting word of mouth to health centres and GP practices that this sort of work is going on.

“The group can help people with breathing while wearing a mask, which is a stressful but necessary activity.

“We do exercises to help with the anxiety of wearing a mask and learn how to cope with your breathing while wearing one.”

West Kilbride resident Kay Hall is a member of the group, and she is encouraging others to get involved online or in-person when the group returns to physical meetings.

She said: “I didn’t think I could sing but I thought I would go along and see what’s happening, you realise it’s such good fun, with a really positive and upbeat atmosphere.

“You get to meet new people in person and online, and that whole social side to the group was very nice.

“Almost every member of the group says it has improved their breathing dramatically, so it really works.

“It’s got double benefits with the enjoyment factor and the health effects, and you also learn some delightful songs along the way.”

The group currently has around 15 members and is inviting others to join, anyone interested should email Rachel at [\[redacted\]](#) for more details.





North Ayrshire  
Community Planning Partnership

# North Coast & Cumbrae Progress Report

Reporting Period – Sept-Dec 20



## General

Community Worker/Project Officer for the LP priorities post is now advertised. Hoping that interviews will take place before Christmas with the successful candidate taking up post early in the new year.

West Kilbride Community Association now have everything in place for getting solar panels fitted to the roof of the community centre to make it more sustainable/climate friendly.

Douglas Park Group are now a registered SCIO. They are completing the stage 2 paperwork for CAT. They have also been looking at various funding opportunities. Group provided a couple of activities for the community for Halloween (pumpkin Trail) and remembrance day (the walk of remembrance where people painted stones etc in memory of war heroes). The group are continuing to do work around the park (clearing leaves, planting etc) and have involved local groups.

The North Coast & Cumbrae Community Hub is still in operation, with support from the voluntary groups delivering a service to the community. Things haven't been as busy but the hub and all groups are still available in the event of any future lockdowns, and, where needed, to support people who are having to self isolate due to symptoms or contact from Trace and protect.

Team have been out doing detached work (streetwork) the last couple of weeks to try to engage with young people who are at risk of offending. Week one they engaged with 16 young people. Restricted just now to what can be done but the hope is after Christmas there will be some activities provided around the area in partnership with KA Leisure and Active Schools.

NC Youth Forum started last week. Only 3 young people attended but seem really interested.

Supporting West Kilbride Civic Society to re-open public toilets with a view to possibly taking them on as a CAT.

Supporting Cumbrae Community Development Company, as they prepare to prioritise the 6 public toilet blocks and develop their CAT plan.

Supported public engagement re Cumbrae Watersports Centre. Awaiting feedback from community members on their thoughts and next steps.



North Ayrshire  
Community Planning Partnership

# North Coast & Cumbrae Progress Report

Reporting Period – Sept-Dec 20

## Update

Work continues on establishing local need with the Community Planning Partnership's statistical team. This has included an in-depth study of data and consideration of a place-based approach with an external partner. The Chair of the sub group continues discussions with partners.

Money matters have worked closely with the community hub during lockdown. This is something that we can explore to see if its feasible to continue.

Kilwinning & NC community workers put on a financial literacies course during lockdown, which seen services such as money matters in to deliver sessions. This wasn't greatly attended, however there were a few people from NC/Cumbrae that attended. The workers will look at doing another course in the future.

Food with Dignity Projects – These are still in the planning stages but should be up and running in the near future. Projects in NC & Cumbrae will include:

West Kilbride – Pantry/Larder will be hosted within West Kilbride Community Centre. Resources have been procured for the pantry (freezer, shelves, insulated bags etc). We are just waiting on The Scottish Pantry Network coming back with some info to see if the group will become a franchise. The group are working in the background sorting out donations, membership of local co-op progs, funding etc.

Cumbrae – Looking at having a project where there will be pre cooked meals and these will be delivered to people who need/want them for a donation. Alan who is leading the project, felt it better to do a donation rather than a set price as it allows people to give what they can afford. I am still trying to tie Alan up with the Millport Support Group to see if/where they can work together.

Largs/surrounding areas – This will be a similar project to the Cumbrae one with pre-cooked meals. This will be a partnership between Largs Resilience team and Largs Church of Nazarene. The church will cook the meals, and the resilience volunteers will deliver them. The hope of the group is to kick off with the delivery of some Christmas meals, particularly for those who are socially isolated and would normally get to Christmas lunches with groups they attend, that wont be able to happen this year.



## Financial Inclusion



North Ayrshire  
Community Planning Partnership

# North Coast & Cumbrae Progress Report

Reporting Period – Sept-Dec 20

I would hope by early next year all projects will be up and running. Locality Officers have discussed the possibility of having a North Ayrshire wide food with dignity support network, which could be tied in with NA food forum.



North Ayrshire  
Community Planning Partnership

# North Coast & Cumbrae Progress Report

Reporting Period – Sept-Dec 20



## Social isolation – older people

### Update

Due to COVID a lot of the work has been put on hold.

Good partnerships built up over the time that the community hub has been running will help inform how we can take this priority forward when its possible to do so. This will include working with service access team, Locality Link Workers etc.

The community choir in West Kilbride, funded through CIF 'Sing Your Song', has been running online (to an extent) during lockdown. They have now completed year 1 of the project, have submitted monitoring report and are looking to get their year 2 funding released.

Virtual Community Centres have provided updates and relevant information that would be of use to the North Coast Community, including learning opportunities, capacity building and befriending, as well as online digital support.

2 of the team targeted people who were digitally excluded by producing bookmarks that went in to all books through the library click and collect system, offering support for wellbeing, literacies etc.



## Stress and anxiety – younger people

### Update

Before COVID Louise had made contact with Parent Council to see if we can look at future funding. Haven't received a reply yet. This will be chased up once things return to some sort of normality.

Mental Health pocket guide have now been given to Largs Academy and majority of cluster schools to be distributed. These are for P7 upwards.

Skelmorlie & West Kilbride Youth groups will continue to have a session on mental health in each of their terms. Group is still running digitally. Numbers attending aren't very high but it's an important group for those who are attending.



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# North Coast & Cumbrae Progress Report

Reporting Period – Sept-Dec 20

**For further information contact:** Louise Riddex, Locality Officer, 01294 475910, 07980964858. [lriddex@north-ayrshire.gov.uk](mailto:lriddex@north-ayrshire.gov.uk)