



North Ayrshire Green Health Partnership Green Health Development Fund 2020/21

Guidance for Completing the Application Form

North Ayrshire Green Health Partnership is one of four area-wide partnerships developed in Scotland. It will contribute towards "Our Natural Health Service" (ONHS), a national programme led by NatureScot formerly known as Scottish Natural Heritage that aims to show how greater use of the outdoors can improve physical activity, mental wellbeing and help to address some of the causes of health inequalities such as access to green space, sustainability and promoting social connections. Use the following link to find out more <http://www.healthscotland.scot/health-inequalities/what-are-health-inequalities>

North Ayrshire Green Health Partnership Development Fund - is a way for the Partnership to build green health activity from the grass roots community level by supporting new and developing projects. Local groups can apply for money that will improve the health and wellbeing of local communities through supporting and encouraging more people to spend time outdoors. This could be through one or more of the three pillars of activity:

Pillar 1 – Everyday Contact with Nature – e.g. recreation, pastimes, volunteering, outdoor learning, active travel.

Pillar 2 – Nature based health promotion initiatives – e.g. health walks, Green Gym, community growing initiatives.

Pillar 3 – Nature based interventions with a defined health or social outcome e.g. therapeutic & exercise programmes as a treatment intervention.

More information is available at www.nagreenhealth.org.uk

Applications will be reviewed based on meeting the criteria which is detailed in document GHDF 1.

We will always receive more applications than we have funding for, therefore, not everyone can be successful. However, there are a range of alternative funding sources that you may be able to access. Please refer to the North Ayrshire Council or The Ayrshire Community Trust websites for more information.

Who can apply?

Applicants must be a not for profit, community group or organisation providing a service, based in and serving the people of North Ayrshire Local Authority Area.

An application for funds up to £1500/£5000/£10,000 can be submitted; however no group will be awarded funding in more than one funding category.

Applicants must have a bank account and be constituted, payment will be by BACS. **NAC Finance Dept will need to see a copy of a Bank Statement prior to payment.**

Exclusions

We will not fund:

- We will not support the promotion of any religious or political activity.
- Ongoing costs e.g. rent or costs incurred retrospectively
- Where there is an identified duplication of services or support.
- Applicants that will use the funding to further distribute the funds to other organisations.
- One-off events or taster sessions.
- We will not accept applications directly from any statutory body though they can be a collaborating partner.
- We will not accept applications directly from schools and nurseries, though they can be a collaborating partner.
- **We will not accept applications from groups who previously received GHP funding and have not completed the requested evaluation forms from 2018/2019.**
- We will not fund routine maintenance and repairs
- Those that do not demonstrate how they will safely deliver their project within the COVID-secure guidance available.

The following guidance aims to help you complete the application and understand what our panel, which includes NA Green Health Partnership representatives, will look for in your application.

Question 1 Funding Amount* - Please add a tick (✓) detailing which pot of funding you are applying for.

*Note: We aim to support activity across all localities and if you are applying for more than one of the funds, you need to complete a separate form for each but must be aware funding would only be granted for one activity.

Question 2 About your Organisation/Group

Please add the name of the organisation detailing base, lead contact name and contact details as requested, ensuring that you indicate if your group is constituted or not (if not you will not be able to apply) If you are a constituted group **NAC Finance Dept will need to see a copy of a Bank Statement prior to payment**

Please advise if you have all necessary permissions/insurances/PVG checks to carry out you project, we may require to see evidence of these documents.

Question 3 Please give some background information on your organisation/group

This will help set the scene about your organisation/group and help the panel to understand who you are, how long you have been established or if you are a new group why you have been established. Remember the panel may never have heard of your group. (Max 200 words)

Question 4 About Your Project/Idea

Please give your Project/idea a name and advise where the group will take place and the locality it will benefit.

Please also confirm a start and end date for completing the project

Then summarise the proposal that you are seeking funding for providing a breakdown of costs in the table below. Ensuring that the summary links to the funding criteria pillars, aims, objectives and Public Health Priorities which are detailed in the GHDF 1 Criteria Document (max 200 words for up to £5,000 and 500 words for up to £10,000)For example “we offer activities for everyone in our community to attend which increases everyday contact with nature through monthly muck in days in our community garden this supports Public Health Priorities 1,3 and 6 ensuring we live in vibrant, healthy, safe places and communities, improving mental wellbeing and keeping people physically active ”..... or “we offer a nature based health promotion activity via our weekly health walk for those suffering bereavement supporting Priority 3 and 6, improving mental health and wellbeing and keeping people physically active or “we offer a horticultural therapy programme within our community garden for those referred by our local health providers supporting Priority 3 and 6, improving mental health and wellbeing and keeping people physically active”.

Please ensure that you highlight your awareness of and mitigation plans for COVID 19, detailing what risk assessments and steps have been taken to ensure people using your facilities and groups are safe and informed of restrictions/safety procedures.

Breakdown of costs

Please provide detail about what the money will be spent on to get your project/idea started.
For example: purchase of planters £100, purchase of plants and seeds £50, training to maintain local cycle paths £250.

Provide approximate figures in the cost column. Successful applicants will be required to communicate regularly with the GHP, where appropriate, during project delivery and produce a summary report (to a template) at 12 months.

Please confirm the total money you are applying for?

Has this funding to be used as match funding? **(Please delete as appropriate)** yes or no

If yes what is the status of your other funding sources? **(Please circle)** confirmed, pending or still to apply

What is the total cost of your project if you are receiving other funds?

Please confirm if you have previously received GHP funding **(Please delete as appropriate)**

Question 5 How did you identify a need/demand for this project?

For example *“We have consulted with the local community”* or *“Due to my/our local knowledge and word of mouth”* or *“Other groups have informed us that there is a need for this....”*. *What will the impact be and how will you show this? For example: “We will use questionnaires/survey monkey to ask people about the benefit of the project/idea “*

(Max 200 words for up to £5000 and 500 words for up to £10,000)

Question 6 Please state your target group: (Please delete as appropriate)

Older People
Young people
Minority Ethnic Groups
People with disabilities
Other please state:

Please explain why? **(Please detail why you have chosen to work with this demographic)**

For example *“We are working with a group of children who suffer from learning difficulties, who attend a school in close proximity to our community garden”...or “There are a number of elderly in our community that suffer from social isolation therefore we want to deliver health walks to act as a catalyst to combating this”*

How many people do you think your proposal will help? **Please estimate the number of people**

Is your project/idea open to all? **(Yes/No)**

If yes, how do you ensure your group is inclusive, accessible and open to all please explain?

For example *“our group is open to all we advertise widely and encourage people of all ages to join”*or *“we offer a range of activities for a range of ages and abilities our group is accessible to wheelchair users and we can support individuals to attend if necessary*

Question 7 Using the Green Health Development fund 2020 criteria (GHDF1), how will your project contribute to reducing health inequalities? (Max 200 – 300 words)

For example *“we will engage with those people we know are currently not accessing our projects linking with other staff to promote what we offer and work with them to support access to our facilities”.....* or *“we will promote social connections and encourage new people to join through open days”.....or “we will bring an area currently not used into accessible growing space for the community promoting intergenerational learning”....* or *“we will offer cycling without age sessions within our community...or we will develop a new wildlife conservation group in an area of multiple deprivation and where opportunities for taking part in outdoor activities are limited ”.*

Question 8 How will your project/idea contribute to the aim of encouraging people to use the outdoor environment and more regularly? (Max 200 - 300 words)

For example *“our group will offer weekly nature walks which we will promote with a range of people via a range of sources for example”or “we will organise monthly litter picks which will encourage people to use and care for the natural environment around them”.....or “we will provide learning packs for schools to use, to engage them with nature within their local environment for example pond dipping equipment bird identification cards etc”.*

Question 9 How will your project/idea contribute to the aim of improving the mental health and wellbeing of local people?

For example *“We know that spending time outdoors in nature can improve our mental health and wellbeing, it can reduce feelings of anxiety and increase self esteem, people volunteering with us connect with nature, learn, stay active and spend time with others which all supports good mental health”, “we offer a space in our community garden where people can reflect and enjoy the sounds of nature” or “we offer mindfulness sessions within our garden to improve mental health and wellbeing, supporting participants to be in the moment and enjoy the nature around them”*

Question 10 If you will be working in partnership/collaboration with any other groups please describe: (Max 100 words)

For example *“We regularly work in partnership with another local allotment group sharing resources and training opportunities”..... or “we will work in collaboration with the local college to engage students in nature conservation”..... or “we work with a local school to engage young people in our project by offering weekly sessions”.*

Question 11 How will the project /idea be sustained what will its legacy be? (Max 200 words)

For example *“we hope to evaluate this project over the next 12 months then apply for funding from other sources”or “we hope to offer training and experience to build skills knowledge and capacity of community members to continue the work”.....or “we will establish the community garden and then support volunteers to maintain and manage the site”.*

Don't forget we are here to help if you have any questions

Telephone enquiries can be made to Clair Carson on 01292 885834 or David Meechan on M:07773200525

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