

COVID-19 Update for Communities 26 March 2020

NORTH AYRSHIRE WIDE

COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community



Please contact the North Ayrshire Community Planning Team for sharing good ideas for community support during this time. The Team can be contacted by emailing: <u>communityplanning@north-ayrshire.gov.uk</u>

New update

- If you want to apply to volunteer to support the work of the hubs please complete our **electronic application form**.
- Please note we may not ask you to volunteer with us immediately. We are building a list of volunteers to draw from over coming weeks

The hubs were launched on 24 March 2020 and are in each of our six localities. Their purpose is to be a local point of contact for need arising from COVID-19 including health & well-being, money, and food.

They are staffed by a small team of North Ayrshire Council and Health and Social Care Partnership staff and respond with advice, signposting, referral or coordinating volunteers.

The hubs will not be open to the public but will work alongside what's underway in local areas.

- Most hubs can be contacted by telephone from Monday to Friday between 10am and 1pm.
- Arran will operate from 9am to 7pm.
- Irvine Fullarton and Irvine Vineburgh will operate longer hours.

The answer machine will be on out with these times and all messages will be picked up the following day.

Irvine Fullarton	Irvine - Vineburgh
07934163884	07864718921
07398108924	07398108915
01294 278207	01294 317156
Irvine 07936033039 01294 313593 Redburn Centre 01294 313593	Three Towns 07907878861 01294 475900
North Coast	Garnock Valley
07907876444	07395941571
01475 673309	07907876260
Kilwinning	Arran
07395941792	07496658760
01294 554699	01770 600532

Contact details for Hubs

VOLUNTEERING

Our communities and individuals are already working hard to support their neighbours and communities. The Council wants to help to join things up, provide support and help with gaps.

We ask that you:

- 1. Consider our <u>guide</u> for groups and volunteers which has suggestions on how you can minimise risks
- 2. Let us know what you are doing to help others; and
- 3. Tell us what support your group needs from the Council or any local issues you identify but can't tackle.

You can email <u>communityplanning@north-ayrshire.gov.uk</u> now or call your local community support hub.

North Ayrshire Wide Updates



> COVID-19 NHS Inform

The NHS continue to keep citizens updated – for the latest updates check out the NHS Inform website: <u>https://www.nhsinform.scot/coronavirus</u>

> Hearing Aid Service

The Community Hearing Support Service is able to assist NHS hearing aid users with batteries and advice during this time.

Please contact <u>heartohelp.ayrshire@hearingloss.org.uk</u> or 07391 017781

> Digital Resource for available for carers

Did you know if you are an unpaid carer you could tap into support, information and e-learning through the Digital Resource for Carers?

With more individuals self-isolating and social distancing, the carer's role can become stressful and it can be difficult to communicate with others who may also be caring for the same person.

The Jointly app allows you to create a circle of care for the person you are looking after. Once you have set up your Jointly circle, you can start using Jointly to organise care.

Normally there is a charge for this app, but if you sign up to https://carersdigital.org/ using the free code DGTL4110 you can access Jointly for free.

For more information on other support available contact North Ayrshire Carers Centre **01294 311333.**

> Employability: CEIS Ayrshire

CEIS Employability advisors are still available to support anyone (registered or not) through these uncertain times.

They can support with information, advice or guidance relating to employability and job losses and can assist where possible with new claims for benefit etc. They may also be able to share some new vacancies becoming available.

They can be reached on the following email addresses & phone numbers:

Irvine Office – 01294 322707	Stevenston Office - 01294 607002
keith.mason@ceisayrshire.co.uk	elizabeth.mckay@ceisayrshire.co.uk
lynne.templeton@ceisayrshire.co.uk	jacqueline.stevens-gray@ceisayrshire.co.uk

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allison.millar@ceisayrshire.co.uk craig.jarvie@ceisayrshire.co.uk ian.shaw@ceisayrshire.co.uk

Volunteering: Be Inspired



In these unprecedented and troubled times now more than ever there is the opportunity to make a difference in someone's life, a chance to do something that could make a difference in your local neighbourhood.

... Are you fit and well?

... Has your day-to-day routine been turned on its head and you're not sure what to do with yourself?

...Have you thought of ways that you could help vulnerable family members, neighbours and friends?

Over the coming weeks we'll be giving you ideas and hopefully inspiration on how you can do that.

Support is available through the Be Inspired project via the two Community Coaches. How, might you ask, can we access that support?

Even though we can't have face-to-face meetings with you we can support you through phone calls, emails, social media and video calls.

Watch this space for ideas over the coming weeks!

> Shopping

Helpful Tip	Priority Shopping
If you or someone in your family don't have	Several food retailers are
the essential digital skills and are unable to	offering elderly and
place an online food order then it may be	vulnerable priority
useful to handwrite a shopping list, take a	shopping hours including
photograph using a mobile phone and	Sainsburys - Monday, Wednesday,
send to friend or relative who can then	Friday 8-9am
place the order online for you.	 Tesco (except Express stores) -
	Monday, Wednesday, Friday 9-10am

Energy

Ofgem have published advice and answers to questions you may have on managing your energy supply during the outbreak. For further details click <u>here.</u>

New emergency measures with the energy industry have been agreed by the government to protect the domestic energy supply of those most in need during the disruption caused by COVID-19.

From today customers with pre-payment meters who may not be able to add credit can speak to their supplier about options to keep them supplied. This will benefit over 4 million customers.

This could include nominating a third party for credit top ups, having a discretionary fund added to their credit, or being sent a pre-loaded top up card so that their supply is not interrupted.

More broadly, any energy customer in financial distress will also be supported by their supplier, which could include debt repayments and bill payments being reassessed, reduced or paused where necessary, while disconnection of credit meters will be completely suspended.

Suppliers numbers are listed below for contact:

- British Gas 0333 202 9802
- EDF 0333 200 5100
- EON **0345 052 000**
- N Power 0800 073 3000
- Scottish Power 0800 027 0072
- SSE 0345 0262 658

> Third Sector Resilience Fund

Third Sector Resilience Fund is now open and support organisations across the third sector who are at risk of closure due to a sharp decrease in income or that are unable to deliver their services directly as a result of the Coronavirus pandemic. The fund's primary intention is to help these organisations to stabilise and manage cashflows over this difficult period. For more information of apply please click <u>here.</u>

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