



North Ayrshire
Community Planning Partnership

COVID-19 Update for Communities

15 May 2020

Kilwinning

COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community

 <p>Think of others, consider your actions & be kind</p> <p>People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.</p>	 <p>Connect and reach out to your neighbours</p> <p>As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.</p>	 <p>Make the most of local online groups</p> <p>Keep up to date, share information and be a positive part of your local community conversations.</p>	 <p>Support vulnerable or isolated people</p> <p>Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.</p>	 <p>Share accurate information and advice</p> <p>Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.</p>
---	---	---	--	---

eden project COMMUNITIES | COMMUNITY FUND | NEIGHBOURHOOD WATCH | Campaign to End Loneliness CONNECTIONS IN OLDER AGE | Nextdoor

Please contact the North Ayrshire Community Planning Team for sharing good ideas for community support during this time. The Team can be contacted by emailing: communityplanning@north-ayrshire.gov.uk

Kilwinning Community Support Hub

Our contact centre number is **01294 310000** (Monday to Friday during office hours). They can offer you advice and make referrals to other services.

If you want to get in touch with your local Community Support Hub please use the numbers below.

This might be for help with accessing food, prescription delivery or for local community groups. The minimum opening hours for the hub phonelines are 10.00 am to 1.00 pm Monday to Friday.

Community Support Hub Contact Details:

07395941792

01294 554699

Doctor's Surgeries & Out of Hours

Kilwinning Medical Practice Tel: 01294 554591	Oxenward Surgery Tel: 01294 551555
Out of Hours GP Tel: 111	Out of Hours Social Services Tel: 0800 328 7758

Social Media Groups

Blacklands & Kilwinning Toon Corona Help

The local community have set up a Facebook page to help those who have been told to stay at home and unable to pick up shopping or prescriptions etc:

www.facebook.com/groups/2531501490458154

Foghorn Kilwinning

This Facebook group is being utilised by the community to share updates:

<https://www.facebook.com/groups/foghorkilwinning/>

New updates

- **Updated Pharmacy Opening Hours available at pg 3**
- The Community Hub has a stock of sanitary products. Please contact the Hub should you require any supplies.
- The Community Support Hub has received a donation of a stock of second hand books. These are available for delivery by contacting the hub.
- Information on our Virtual Community Centres pg 4

- An update on **shop and pharmacy opening hours** and services is available on Facebook at the following link:
<https://www.facebook.com/601159166/posts/10159588685664167/?d=n>
- Kilwinning Academy School Counselling Service** is still available. The service will now operate remotely either over the telephone or face to face via Zoom (which is free to use). If you are already seeing Beth for Counselling and want to continue, please contact her via email. If you are not sure whether counselling is for you, contact your Pastoral Support Teacher about making a referral or if you prefer, you can self-refer by emailing Beth Moon, School Counsellor directly.

Please note that emails are monitored during normal school times and wont be answered on evenings or weekends. If you need to speak to someone urgently, please speak with your parent/guardian, call Childline on **0800 1111** or call Samaritans on **116 123**. You can also contact YoungMinds Crisis by texting YM to **85258**.

- Kilwinning Home Delivery Information:**

TYPE OF DELIVERY	COMPANY NAME	LOCATION	WAY TO ORGANISE DELIVERY
Milk	Mills Milk (Also deliver Mossgiel Milk)	Ayrshire deliveries Thursdays and Mondays	Call: 01475 672 474 Email: Millsdairies@aol.co.uk
	Wiseman Dairies	Ayrshire Mondays and Wednesdays	Call 01355 270629.
Local & Independent Shops	Premier KK Stores	Kilwinning	Visit their page here. Delivery Hotline Call 07594 129489
	Dino and Sons Fruit and Veg	Kilwinning	Call 01294 553430 Doorstep Deliveries in only Monday - Friday Visit their page here.
	Grants Fruit & Veg Boxes	Ayrshire	Order here.
	J & A Quinn Butchers	Dreghorn. Deliveries to Elderly &	Call 01294 211307

		Pensioners Only	
	Seymour Store & Takeaway	Free Delivery for Pensioners	Call: 07917 304 595
	Wiltshire Farm Foods - Frozen Ready Meals	Kilwinning	Call 01294 551734 Mon to Fri 9am to 5pm
Pharmacy	Lloyds Pharmacy	Kilwinning	Click here to sign up.
	Boots Chemist	Kilwinning	Click here to sign up.

- **Bickets Butchers, Kilwinning** – if you are self-isolating or unable to leave the house, butcher meat orders can be made and paid for over the telephone. A family member or one of our hub volunteers can then collect and drop it off to you. To place an order please call: **01294 556198**.
- **Kilwinning Community Sports Club** are reaching out to people who need them the most. If you are self-isolating and need support please contact **07368300601** or **07856744802** or message them on Facebook - www.facebook.com/pages/category/Sports-Club/Kilwinning-Community-Sports-Club-188856074466064/

They can help with picking up essentials, dog walking, collecting prescriptions, daily phone call check in's and lending a listening ear.

- **The Bridge Church, Kilwinning**
The church and their volunteers are working with local charities and churches to make sure no-one is left out. If you require support or would like to help the church please visit; - <https://www.bridge-church.com/coronavirus-help/>

Pharmacy Opening Hours

Name	Address	TOWN	MONDAY - FRIDAY	SATURDAY	SUNDAY
Boots Chemist	27 Almswall Road	Kilwinning	0900-1300 1345-1700 hrs	0930-1230 hrs	CLOSED
Lloyds Pharmacy	151 Main Street	Kilwinning	0900-1300 1400-1800 hrs	0900-1300 1400-1700 hrs	CLOSED
Townhead Pharmacy	Station Plaza, Pennyburn Road	Kilwinning	1000-1300 1400-1700 hrs	1000-1300 1400-1600 hrs	CLOSED

Virtual Community Centres

Since the beginning of the Covid-19 crisis, North Ayrshire Council and local communities have been working flat out to create ways to keep people safe, supported and connected. There are now various Virtual Community Centres online to represent all of the North Ayrshire localities.

Join in, get the latest updates on your locality, and stay safe:

Kilwinning Virtual Community Centre - <https://www.facebook.com/groups/KilwinningCommunity/>

Funding - <https://www.facebook.com/groups/NorthAyrshireCommunityFunding/>

Adult Learning - <https://www.facebook.com/groups/NorthAyrshireAdultLearning/>

Community Groups and organisations -
<https://www.facebook.com/groups/NorthAyrshireCommunityGroups/>

DofE - <https://www.facebook.com/groups/NorthAyrshireDofE/>

Active Schools - <https://www.facebook.com/groups/912433859203299/>

Useful information will also be shared on the Locality Facebook Page and North Ayrshire Council's Twitter accounts:

- Kilwinning Locality Facebook Page - www.facebook.com/KilwinningLocalityPartnership
- North Ayrshire Council Twitter - https://twitter.com/North_Ayrshire