



North Ayrshire  
Community Planning Partnership

# COVID-19 Update for Communities

## 1 April 2020

### Kilwinning

#### COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community

 <p><b>Think of others, consider your actions &amp; be kind</b></p> <p>People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.</p>	 <p><b>Connect and reach out to your neighbours</b></p> <p>As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.</p>	 <p><b>Make the most of local online groups</b></p> <p>Keep up to date, share information and be a positive part of your local community conversations.</p>	 <p><b>Support vulnerable or isolated people</b></p> <p>Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.</p>	 <p><b>Share accurate information and advice</b></p> <p>Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.</p>
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eden project COMMUNITIES

COMMUNITY FUND

NEIGHBOURHOOD WATCH

Campaign to End Loneliness CONNECTIONS IN OLDER AGE

Nextdoor

Please contact the North Ayrshire Community Planning Team for sharing good ideas for community support during this time. The Team can be contacted by emailing: [communityplanning@north-ayrshire.gov.uk](mailto:communityplanning@north-ayrshire.gov.uk)

## Kilwinning

### Kilwinning Community Support Hub

The hubs were launched on 24 March 2020 and are in each of our six localities. Their purpose is to be a local point of contact for need arising from COVID-19 including health & well-being, money, and food.

They are staffed by a small team of North Ayrshire Council and Health and Social Care Partnership staff and respond with advice, signposting, referral or coordinating volunteers.

The hubs will not be open to the public but will work alongside what's underway in local areas.

The Hub can be contacted by telephone (numbers below) from Monday to Friday between 10am and 1pm.

The answer machine will be on out with these times and all messages will be picked up the following day.

#### Hub Contact Details:

07395 941 792 or 01294 554699

### Doctor's Surgeries & Out of Hours

<b>Kilwinning Medical Practice</b> Tel: 01294 554591	<b>Oxenward Surgery</b> Tel: 01294 551555
<b>Out of Hours GP</b> Tel: 111	<b>Out of Hours Social Services</b> Tel: 0800 328 7758

### Social Media Groups

#### Blacklands & Kilwinning Toon Corona Help

The local community have set up a Facebook page to help those who have been told to stay at home and unable to pick up shopping or prescriptions etc:

[www.facebook.com/groups/2531501490458154](https://www.facebook.com/groups/2531501490458154)

#### Foghorn Kilwinning

This Facebook group is being utilised by the community to share updates:

<https://www.facebook.com/groups/foghornkilwinning/>

## New updates

- Offer of support from the Bridge Church - pg3
- You can find updated information on home delivery services on pg 2
- Updated contact numbers for Kilwinning Community Sports Hub are on pg3

- Kilwinning Academy School Counselling Service is still available. The service will now operate remotely either over the telephone or face to face via Zoom (which is free to use). If you are already seeing Beth for Counselling and want to continue, please contact her via email. If you are not sure whether counselling is for you, contact your Pastoral Support Teacher about making a referral or if you prefer, you can self-refer by emailing Beth Moon, School Counsellor directly. Please note that emails are monitored during normal school times and wont be answered on evenings or weekends. If you need to speak to someone urgently, please speak with your parent/guardian, call Childline on **0800 1111** or call Samaritans on **116 123**. You can also contact YoungMinds Crisis by texting YM to **85258**.
- **ACES Woodwynd** are offering support to those self-isolating. They can help with picking up shopping, posting mail or even just someone to you can call and check in with you. The service is free and available to all anyone who needs it. Should you require assistance call **Ashley on 07719 480 807** or leave a text message with your address and they will do their very best to get what you need. They will text you when they are a few minutes away from your home. Your payment or order should be left on the doorstep and they will swap it over. All deliveries will be carried out using strict hygiene.
- **Kilwinning Home Delivery Information:**

TYPE OF DELIVERY	COMPANY NAME	LOCATION	WAY TO ORGANISE DELIVERY
<b>Milk</b>	Mills Milk (Also deliver Mossgiel Milk)	Ayrshire deliveries Thursdays and Mondays	Call: 01475 672 474 Email: <a href="mailto:Millsdairies@aol.co.uk">Millsdairies@aol.co.uk</a>
	Wiseman Dairies	Ayrshire Mondays and Wednesdays	Call 01355 270629.

<b>Local &amp; Independent Shops</b>	Premier KK Stores	Kilwinning	<a href="#">Visit their page here.</a> Delivery Hotline Call 07594 129489
	Dino and Sons Fruit and Veg	Kilwinning	Call 01294 553430 Doorstep Deliveries in only Monday - Friday <a href="#">Visit their page here.</a>
	Grants Fruit & Veg Boxes	Ayrshire	<a href="#">Order here.</a>
	J & A Quinn Butchers	Dreghorn. Deliveries to Elderly & Pensioners Only	Call 01294 211307
	Wiltshire Farm Foods - Frozen Ready Meals	Kilwinning	Call 01294 551734 Mon to Fri 9am to 5pm
<b>Pharmacy</b>	Lloyds Pharmacy	Kilwinning	<a href="#">Click here</a> to sign up.
	Boots Chemist	Kilwinning	<a href="#">Click here</a> to sign up.

- **Kilwinning Community Sports Club** are reaching out to people who need them the most. If you are self-isolating and need support please contact **07368300601** or **07856744802** or message them on Facebook - [www.facebook.com/pages/category/Sports-Club/Kilwinning-Community-Sports- Club-188856074466064/](https://www.facebook.com/pages/category/Sports-Club/Kilwinning-Community-Sports-Club-188856074466064/)

They can help with picking up essentials, dog walking, collecting prescriptions, daily phone call check in's and lending a listening ear.

- **The Bridge Church, Kilwinning**  
The church and their volunteers are working with local charities and churches to make sure no-one is left out. If you require support or would like to help the church please visit; - <https://www.bridge-church.com/coronavirus-help/>

Useful information will also be shared on the Locality Facebook Page and North Ayrshire Council's Twitter accounts:

- Kilwinning Locality Facebook Page - [www.facebook.com/KilwinningLocalityPartnership](http://www.facebook.com/KilwinningLocalityPartnership)
- North Ayrshire Council Twitter - [https://twitter.com/North\\_Ayrshire](https://twitter.com/North_Ayrshire)