

Are you living with
dementia here in North
Ayrshire?



WORKSHOP: We want to offer people with dementia and carers an opportunity to share and discuss their experiences. We will provide a safe space to talk, supported by workshop leaders from The Village Storytelling Centre. Over the course of the workshop they will invite you to:

- ◇ Get to know each other through swapping stories
- ◇ Listen to traditional tales that might have something to say about care and community
- ◇ Create a collective story through a series of carefully guided exercises that expresses some of the challenges of living with dementia and some of the solutions that could improve people's lives

We will listen to these workshop discussions and use them to influence our Community & Dementia Conference on the 28th November at Ayr Racecourse.

Date: 27 November: Workshop 1.45 - 3.45 pm
(with lunch provided from 12.45pm)

Address: Fullarton Connexions, Church Street,
Irvine, KA12 8PE

To reserve a place please contact Anne Miller
Tel: 0141 212 9615 or anne.miller@lifechangestrust.org.uk