



# Vision to provide a National Secure Adolescent Inpatient Service



NHS Ayrshire & Arran would like to let you know about the progress being made in establishing a national service for a young people's secure inpatient unit in Scotland.

We know that there is a real need for a dedicated service for providing secure inpatient care for young people with complex mental health issues who are aged between 12 and 18. Currently, this level of support can only be provided in England which means young people are transferred to an appropriate unit out with Scotland, away from their families and support networks.

Young people who have received their care in England have said they feel isolated and alone because they are so far away from their home. The distance also means it is difficult for family members and friends to visit the young person. Maintaining these relationships is vital for a young person's recovery.

In 2016, NHS Ayrshire & Arran entered a process, along with other health boards in Scotland, to make a case for commissioning this national service. NHS Ayrshire & Arran has been chosen as the preferred bidder.

The new facility will be built alongside NHS Ayrshire & Arran's current mental health inpatient facility, Woodland View, located at Ayrshire Central Hospital in Irvine, Ayrshire.

Woodland View is a brand new facility purpose-built which opened to patients in 2016. It provides inpatient care for mental health patients and continuing care and those with complex needs. It also includes a Low Secure and Intensive Psychiatric Care Unit wards for adults.

The unit will be a eight to 12-bedded, secure facility for both male and female patients. The adolescents will be detained under mental health legislation to



support their treatment. A specialist team will be employed to care for these young people and provide education and training to promote their recovery. Staff will work with the patients, their families and carers to ensure that when they are ready for discharge, they are supported back to their local community or another facility

## What's been happening?

We are at the early stages of planning for the new unit which include providing information on how we will care for the young people and also the design of the new unit. The first stage of this planning has been approved by NHSScotland which has allowed us to proceed to the next stage. We have also appointed our construction and contract partners Keir Construction and AECOM.

We have also set up a national stakeholder reference group which includes members from other Health Boards, Education, Social Work, mental health professionals and members of the public.



## What's happening now?

We held our first Patient and Public Reference Group at the beginning of August 2018. We have another one planned for Tuesday 6 November at 6pm in Woodland View, Ayrshire Central Hospital. We hope to recruit as many members of the public to this as possible. We especially welcome input from young people with lived experience of similar services, and their parents and carers.

We will work closely with this group and our other stakeholders over the coming months to design the structure of the building to ensure it will meet our patients and staff's needs.

The next formal stage of this process is to produce an Outline Business Case. We aim to have this document completed by the end of 2018 and submitted to the Scottish Government early in 2019. Once we have approval for this we can complete the planning with our Full Business Case by the end of 2019 with construction starting following approval. We are planning that the construction for this unit will begin at the end of 2019 and finish by the end of 2020.

We plan to issue regular bulletins which will keep you up-to-date with the progress being made on this new unit. If you wish to receive a copy directly to your email, please email [Carol.Craig@aapct.scot.nhs.uk](mailto:Carol.Craig@aapct.scot.nhs.uk)

If you wish to make any comment about these plans, please email [capitalplanning@aapct.scot.nhs.uk](mailto:capitalplanning@aapct.scot.nhs.uk) or call freephone 0800 169 1441

